#### Hanover

## 763523 - Cut Okra 12/2#

Our line of frozen foods combine the finest ingredients, picked at the peak of freshness and packaged to seal in optimum flavor. And with an impressive variety that includes individual vegetable choices as well as expertly crafted blends and medleys, you're sure to find everything you need in one, convenient location. We even offer a line of gluten-free and trans-fat-free optio...

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MARKETING



#### PRODUCT SPECIFICATIONS

Code		Dist Prod Code			GTIN		Calculated Pack				
288002945		763523			40028800294571 12/2 lbs			12/2 lbs			
Brand Brand Owner					GPC Description						
Hanover	Hanover Hanover Foods Corp					Vegetables - Prepared/Processed (Shelf Stable)					
Gross Weig	Gross Weight Net Weigh			Case	e/Catch We	Country Of Origin		Kosher	Child Nutrition		
25.5 LBR	25.5 LBR 2				No	No U		Jnited Sta	ites	Yes	No
	Shipping										
Length	Length Width He		He	eight	Volume		TIxHI	Shelf	elf Life Storage Te		Temp From/To
19.0625 INH	12.0	12.0625 INH 8.7		5 INH	2011.987 IN	IQ	8x6	730 Days		0 FAH / 33 FAH	
Traceability Regulation											
Regulation Type Code		e Re	gula Act			le Item Regulation Compliant		Re	Regulation Restrictions and Descriptors		
N/A			N/A		N/A		A			N/A	

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# **Nutrition Facts**

132 Servings per container	
Serving Size	85 g
Amount Per Serving	
Calories	25
	% Daily Value*
Total Fat 0	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 0 mg	0%
Total Carbohydrates 6 g	2%
Dietary Fiber 2 g	7%
Total Sugars 3 g	
Includes Added Sugars	%
Protein 1 g	
Vitamin D	%
Calcium 70 mg	6%
Iron 0 mg	0%
Potassium 180 mg	4%
* The % Daily Values (DV) tells you how much a nutri contributes to a daily diet. 2,000 calories a day is us advice.	

#### HANDLING SUGGESTIONS

Keep frozen

#### ALLERGENS

🛞 Wheat - N

C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients' ; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'

🝈 Milk - N	🕥 Peanuts - N
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$\bigcirc$	Eggs - N		Tree -	Ν
$(\bigcirc)$	Eggs - N	(33)	Tre	е-

🛞 Soybean - N 🛛 🔊 Fish - N

🛞 Shellfish - NI

(%) Sesame - N (!) Crustaceans - N

#### INGREDIENTS

Okra

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<b>PREPARATION &amp;</b>	COOKING	SUGGESTIONS

SERVING SUGGESTIONS

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MORE INFORMATION

Steam

85 g

C

#### NUTRITIONAL ANALYSIS

Calories	25	Total Fat	0	Sodiu	m 0 mg
Protein	1 g	Trans Fat	0 g	Calciu	<b>m</b> 70 mg
Total Carbohydrates	6 g	Saturated Fat	0 g	Ir	on 0 mg
Sugars	3 g	Added Sugars		Potassiu	<b>m</b> 180 mg
Dietary Fiber	2 g	Polyunsaturated Fat		Zi	nc
Lactose		Monounsaturated Fat		Phosphor	us
Sucrose		Cholesterol	0 mg		
Vitamin A (IU)		Vitamin D		Thian	in
Vitamin A (RE)		Vitamin E		Niad	in
Vitamin C		Folate		Riboflav	in
Magnesium		Vitamin B-6		Vitamin B-	12
Monosodium		Sulphites		Nitrat	es

### NUTRITIONAL CLAIMS

KOSHER

YES

(!)

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TEP