

763523 - Cut Okra 12/2#

Our line of frozen foods combine the finest ingredients, picked at the peak of freshness and packaged to seal in optimum flavor. And with an impressive variety that includes individual vegetable choices as well as expertly crafted blends and medleys, you're sure to find everything you need in one, convenient location. We even offer a line of gluten-free and trans-fat-free optio...



MARKETING



PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack
2880029457	763523	40028800294571	12/2 lbs

Brand	Brand Owner	GPC Description
Hanover	Hanover Foods Corp	Vegetables - Prepared/Processed (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
25.5 LBR	24 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
19.0625 INH	12.0625 INH	8.75 INH	2011.987 INQ	8x6	730 Days	0 FAH / 33 FAH

Nutrition Facts

132 Servings per container	
Serving Size	85 g
Amount Per Serving	
Calories	25
% Daily Value*	
Total Fat 0	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 0 mg	0%
Total Carbohydrates 6 g	2%
Dietary Fiber 2 g	7%
Total Sugars 3 g	
Includes Added Sugars	%
Protein 1 g	
Vitamin D	%
Calcium 70 mg	6%
Iron 0 mg	0%
Potassium 180 mg	4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

HANDLING SUGGESTIONS



Keep frozen

SERVING SUGGESTIONS



85 g

PREPARATION & COOKING SUGGESTIONS



Steam

INGREDIENTS



Okra

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - N
- Soybean - N
- Wheat - N
- Sesame - N
- Peanuts - N
- Tree - N
- Fish - N
- Shellfish - NI
- Crustaceans - N

MORE INFORMATION



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NUTRITIONAL ANALYSIS



Calories	25
Protein	1 g
Total Carbohydrates	6 g
Sugars	3 g
Dietary Fiber	2 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	0
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	0 mg
Calcium	70 mg
Iron	0 mg
Potassium	180 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



KOSHER	YES
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