

763523 - Cut Okra 12/2#



Our line of frozen foods combine the finest ingredients, picked at the peak of freshness and packaged to seal in optimum flavor. And with an impressive variety that includes individual vegetable choices as well as expertly crafted blends and medleys, you're sure to find everything you need in one, convenient location. We even offer a line of gluten-free and trans-fat-free optio...



MARKETING



PRODUCT SPECIFICATIONS



| Code | Dist Prod Code | GTIN | Calculated Pack |
|------------|----------------|----------------|-----------------|
| 2880029457 | 763523 | 40028800294571 | 12/2 lbs |

| Brand | Brand Owner | GPC Description |
|---------|--------------------|------------------------------------------------|
| Hanover | Hanover Foods Corp | Vegetables - Prepared/Processed (Shelf Stable) |

| Gross Weight | Net Weight | Case/Catch Weight | Country Of Origin | Kosher | Child Nutrition |
|--------------|------------|-------------------|-------------------|--------|-----------------|
| 25.5 LBR | 24 LBR | No | United States | Yes | No |

| Shipping | | | | | | |
|-------------|-------------|----------|--------------|-------|------------|----------------------|
| Length | Width | Height | Volume | TlxHI | Shelf Life | Storage Temp From/To |
| 19.0625 INH | 12.0625 INH | 8.75 INH | 2011.987 INQ | 8x6 | 730 Days | 0 FAH / 33 FAH |

Nutrition Facts

| | |
|--------------------------------|-------------|
| 132 Servings per container | |
| Serving Size | 85 g |
| Amount Per Serving | |
| Calories | 25 |
| % Daily Value* | |
| Total Fat 0 | 0% |
| Saturated Fat 0 g | 0% |
| Trans Fat 0 g | |
| Cholesterol 0 mg | 0% |
| Sodium 0 mg | 0% |
| Total Carbohydrates 6 g | 2% |
| Dietary Fiber 2 g | 7% |
| Total Sugars 3 g | |
| Includes Added Sugars | % |
| Protein 1 g | |
| Vitamin D | % |
| Calcium 70 mg | 6% |
| Iron 0 mg | 0% |
| Potassium 180 mg | 4% |

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - N
- Soy - N
- Wheat - N
- Sesame - N
- Peanuts - N
- Tree Nuts - N
- Fish - N
- Shellfish - NI

SERVING SUGGESTIONS



85 g

INGREDIENTS



Okra

HANDLING SUGGESTIONS



Keep frozen

PREPARATION & COOKING SUGGESTIONS



Steam

MORE INFORMATION





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NUTRITIONAL ANALYSIS



| | |
|---------------------|-----|
| Calories | 25 |
| Protein | 1 g |
| Total Carbohydrates | 6 g |
| Sugars | 3 g |
| Dietary Fiber | 2 g |
| Lactose | |
| Sucrose | |
| Vitamin A (IU) | |
| Vitamin A (RE) | |
| Vitamin C | |
| Magnesium | |
| Monosodium | |

| | |
|---------------------|------|
| Total Fat | 0 |
| Trans Fat | 0 g |
| Saturated Fat | 0 g |
| Added Sugars | |
| Polyunsaturated Fat | |
| Monounsaturated Fat | |
| Cholesterol | 0 mg |
| Vitamin D | |
| Vitamin E | |
| Folate | |
| Vitamin B-6 | |
| Sulphites | |

| | |
|--------------|--------|
| Sodium | 0 mg |
| Calcium | 70 mg |
| Iron | 0 mg |
| Potassium | 180 mg |
| Zinc | |
| Phosphorus | |
| Thiamin | |
| Niacin | |
| Riboflavin | |
| Vitamin B-12 | |
| Nitrates | |

NUTRITIONAL CLAIMS



| | |
|--------|-----|
| KOSHER | YES |
|--------|-----|