

SEA BEST

00075391024522 - COD LOIN SKNLS BNLS 4 OZ

Wild Caught



MARKETING

Our Cod Loins are skinless, boneless and processed from wild caught Cod. Cod has a mild, clean flavor and large, tender flakes. The texture of cod is firm and tender, yet flaky, and it's slightly firmer than haddock. The mild flavor of cod makes it extremely versatile, and it works well with a wide variety of seasonings and sauces. Each loin is individually quick frozen and bulk packed for optimal freshness and convenience.



PRODUCT SPECIFICATIONS



Code		GTIN			Pack Description		
6137231		00075391024522			1/10lb		
Brand	Brand Owner			GPC Description			
SEA BEST	Beaver Street Fisheries Inc.			Fish - Unprepared/Unprocessed (Frozen)			
Gross Weight	Net Weight	Case/Catch Weight		Country Of Origin	Kosher	Child Nutrition	
12.7 LBR	10 LBR	No		China	Undeclared	No	
Shipping							
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To	
16 INH	12 INH	4 INH	0.44 FTQ	8x10	1095 Days	-10 FAH / 0 FAH	
Traceability Regulation							
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant		Regulation Restrictions and Descriptors		
TRACEABILITY_REGULATION		FSMA	N/A		N/A		

HANDLING SUGGESTIONS



Keep frozen. Do not refreeze.

ALLERGENS



C = 'Contains'; **MC** = 'May Contain'; **N** = 'Free From'; **UN** = 'Undeclared'; **NI** = 'Intentionally nor Inherently Included'; **50** = 'Derived from Ingredients'; **60** = 'Not Derived From Ingredients'; **NI** = 'No Info'

- Milk - N
- Eggs - N
- Soybean - N
- Wheat - N
- Sesame - N
- Peanuts - N
- Tree - N
- Fish - C
- Shellfish - NI
- Crustaceans - MC

Nutrition Facts

40 Servings per container	
Serving Size	(112 Gram(s))
Amount Per Serving	
Calories	90
% Daily Value*	
Total Fat 1 g	2%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 50 mg	17%
Sodium 250 mg	11%
Total Carbohydrates 0 g	0%
Dietary Fiber 0 g	0%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%
Protein 20 g	
Vitamin D 1 mcg	
6%	
Calcium 18 mg	
2%	
Iron 0.43 mg	
2%	
Potassium 470 mg	
10%	
* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS



Cod, Water, Sodium Tripolyphosphate (to retain moisture).

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PREPARATION & COOKING SUGGESTIONS

Cook to an internal temperature of 145°F

SERVING SUGGESTIONS

Cod is a great fish for making a classic fish and chips entrée. Other applications include baked Cajun garlic butter cod, blackened cod with grilled pineapple, miso and honey glazed cod and steamed cod with ginger and scallions.

MORE INFORMATION

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