

461070 - Fire Roasted Vegetable Empanada

Fire roasted tomatoes, onions, black beans and jalapeno peppers combined with cheddar and Pepper Jack cheeses, packed into our homemade empanada dough.



MARKETING

Fire roasted tomatoes, onions, black beans and jalapeno peppers combined with cheddar and Pepper Jack cheeses, packed into our homemade empanada dough. Deep fry at 350° for 3-4 minutes.

Nutrition Facts

25 Servings per container

Serving Size 100 grams

Amount Per Serving
Calories 270

% Daily Value*

Total Fat 7 g 9%

Saturated Fat 3.5 g 18%

Trans Fat 0 g

Cholesterol 15 mg 5%

Sodium 1000 mg 43%

Total Carbohydrates 43 g 16%

Dietary Fiber 2 g 7%

Total Sugars 1 g

Includes 0 g Added Sugars 0%

Protein 8 g

Vitamin D 0 mcg 0%

Calcium 310 mg 25%

Iron 2.6 mg 15%

Potassium 110 mg 2%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	GTIN	Pack Description				
I1070	00691503000903	100/1 OZ				
Brand	Brand Owner	GPC Description				
Gourmet Kitchen	Gourmet Kitchen Inc	Vegetable Based Products / Meals - Not Ready to Eat (Frozen)				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
7.25 LBR	6.25 LBR	No	United States	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
13.25 INH	14 INH	5 INH	0.54 FTQ	09x12	475 Days	-5 FAH / -2.5 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

HANDLING SUGGESTIONS

See label for suggestions-----

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INI = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - MC
- Soybean - C
- Wheat - C
- Sesame - MC
- Molluscs - MC
- Peanuts - MC
- Tree - MC
- Fish - MC
- Shellfish - MC
- Crustaceans - MC

INGREDIENTS

EMPANADA DOUGH INGREDIENTS: FLOUR (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), WATER, DOUGH CONDITIONER (whey [milk], corn flour, monocalcium phosphate, L-cysteine hydrochloride, potassium bromate), BUTTER (cream, salt), SHORTENING (palm oil) and/or SHORTENING (soybean oil, hydrogenated soybean oil, hydrogenated cottonseed oil), SUGAR, SALT (salt, sodium silicoaluminate, dextrose, potassium iodide), BAKING POWDER (sodium acid pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate). INGREDIENTS: WATER, BLACK BEANS (black beans, water, salt, calcium chloride, and ferrous gluconate), CORN (corn, water, sugar, salt), SALSA (crushed tomato [water, crushed tomato concentrate], water, fresh jalapeno peppers, fresh onions, distilled vinegar, dehydrated onions, salt, dehydrated garlic, natural flavoring), CHEDDAR CHEESE (pasteurized milk, cheese culture, salt, enzymes and annatto [vegetable color] – if colored, potato starch and powdered cellulose added to prevent caking) PEPPER JACK CHEESE (pasteurized cultured milk, salt, enzymes, peppers, potato and corn starch [anticaking agents], natamycin [a natural mold inhibitor]), GREEN BELL PEPPERS, RED BELL PEPPERS, COOKED WHITE RICE (long grain parboiled rice, enriched with iron [ferric phosphate, thiamine mononitrate and folic acid]), JALAPENO PEPPERS (jalapeno peppers, water, vinegar and salt), CORN STARCH, SALT (salt, sodium silicoaluminate, dextrose, potassium iodide), GARLIC POWDER, CILANTRO, CUMIN SEED, BLACK PEPPER.

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PREPARATION & COOKING SUGGESTIONS

See label for suggestions

SERVING SUGGESTIONS

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MORE INFORMATION