450130 - ibp Trusted Excellence® Boneless Beef Flank Steak

Our ibp Trusted Excellence® Boneless Beef Flank Steak is lean with lots of intense beef flavor. Flank steak is best when marinated and grilled or sliced thin and stir-fried. Flank steak is great for Moo Shu Beef, fajitas, skewers, or steak wraps. One tip for cooking flank steak is to slice beef across the grain.





MARKETING

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ibp Trusted Excellence® brand. Expert service. On-time delivery. Consistent quality. Reliable

Nutrition Facts

1 Servings per container

Amount Per Serving

Serving Size 4.00 OZ SERVING, Servings Per Container

Calories	180	
	% Daily Value*	
Total Fat 8	14%	
Saturated Fat 4 g	19%	
Trans Fat		

Cholesterol 75 mg	25%	
Sodium 60 mg	3%	
Total Carbohydrates 0 g	0%	
Dietary Fiber	%	

Dietary Fiber %

Total Sugars

Includes Added Sugars %

Protein 24 g	
Vitamin D	%
Calcium	%
Iron	%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
D5157AH	450130	90027182004902	6/12.94 LB TARGET

Brand		Brand Owner	GPC Description	
	Ibp Trusted Excellence	Tyson Foods Inc.	Beef - Prepared/Processed	

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
80.175 LBR	77.625 LBR	Yes	United States	Undeclared	No

			S	hipping		
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
24.25 INH	15.75 INH	9.188 INH	2.0308 FTQ	5x5	28 Days	28 FAH / 34 FAH

ALLERGENS



SERVING SUGGESTIONS



INGREDIENTS

INGREDIENTS: BEEF

Potassium



%

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

(r) Milk - 30

Peanuts - 30

(Eggs - 30

(13) Tree Nuts - 30

(%) Soy - 30

Fish - 30

(\$) Wheat - 30

Shellfish - NI

(%) Sesame - 30

HANDLING SUGGESTIONS



PREPARATION & COOKING SUGGESTIONS



Refrigerated

COLOR IS NOT AN ACCURATE INDICATOR OF FINAL COOKED TEMPERATURE. ENSURE INTERNAL TEMPERATURE REACHES 145 F FOR 3 MINUTES.

MORE INFORMATION



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NUTRITIONAL ANALYSIS

Calories	180
Protein	24 g
Total Carbohydrates	0 g
Sugars	
Dietary Fiber	
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	8
Trans Fat	
Saturated Fat	4 g
Added Sugars	
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	75 mg
Vitamin D	
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	60 mg
Calcium	
Iron	
Potassium	
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS !

MORE IMAGES







