

450130 - ibp Trusted Excellence® Boneless Beef Flank Steak

Our ibp Trusted Excellence® Boneless Beef Flank Steak is lean with lots of intense beef flavor. Flank steak is best when marinated and grilled or sliced thin and stir-fried. Flank steak is great for Moo Shu Beef, fajitas, skewers, or steak wraps. One tip for cooking flank steak is to slice beef across the grain.



MARKETING

ibp Trusted Excellence® brand. Expert service. On-time delivery. Consistent quality. Reliable

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
D5157AH	450130	90027182004902	6/12.94 LB TARGET

Brand	Brand Owner	GPC Description
ibp Trusted Excellence	Tyson Foods Inc.	Beef - Prepared/Processed

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
80.175 LBR	77.625 LBR	Yes	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
24.25 INH	15.75 INH	9.188 INH	2.0308 FTQ	5x5	28 Days	28 FAH / 34 FAH

HANDLING SUGGESTIONS

Refrigerated

SERVING SUGGESTIONS

Nutrition Facts

1 Servings per container

Serving Size 4.00 OZ SERVING, Servings Per Container

Amount Per Serving

Calories **180**

% Daily Value*

Total Fat 8 **14%**

Saturated Fat 4 g **19%**

Trans Fat

Cholesterol 75 mg **25%**

Sodium 60 mg **3%**

Total Carbohydrates 0 g **0%**

Dietary Fiber **%**

Total Sugars

Includes Added Sugars **%**

Protein 24 g

Vitamin D **%**

Calcium **%**

Iron **%**

Potassium **%**

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS

INGREDIENTS: BEEF

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - 30
- Eggs - 30
- Soybean - 30
- Wheat - 30
- Sesame - 30
- Peanuts - 30
- Tree - 30
- Fish - 30
- Shellfish - NI
- Crustaceans - 30

MORE INFORMATION

PREPARATION & COOKING SUGGESTIONS

COLOR IS NOT AN ACCURATE INDICATOR OF FINAL COOKED TEMPERATURE. ENSURE INTERNAL TEMPERATURE REACHES 145 F FOR 3 MINUTES.

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NUTRITIONAL ANALYSIS



Calories	180
Protein	24 g
Total Carbohydrates	0 g
Sugars	
Dietary Fiber	
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	8
Trans Fat	
Saturated Fat	4 g
Added Sugars	
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	75 mg
Vitamin D	
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	60 mg
Calcium	
Iron	
Potassium	
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



MORE IMAGES

