

# 1/10 LB Par-Fried Whole Grain Potato Crunch Pollock Sticks 1.0 oz, Kosher, CN, MSC

High Liner Whole Grain Potato Crunch Pollock Sticks add real potato sticks to the breading for a distinct flavor and extra crunchy bite kids and adults can't resist. A truly unique option for Child Nutrition-approved applications and more.

Product Last Saved Date: 06 November 2024



## Nutrition Facts

40 Servings per container

**Serving Size 4 Sticks (112g)**

Amount Per Serving

**Calories 260**

% Daily Value\*

**Total Fat 13 g 17%**

Saturated Fat 2 g 10%

Trans Fat 0 g

**Cholesterol 45 mg 15%**

**Sodium 400 mg 17%**

**Total Carbohydrates 21 g 8%**

Dietary Fiber 1 g 4%

Total Sugars 0 g

Includes 0 g Added Sugars 0%

**Protein 15 g**

Vitamin D 1 mcg 6%

Calcium 16 mg 2%

Iron 1 mg 6%

Potassium 448 mg 10%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Product Specifications :

Code	GTIN	Type Of Catch
06591	00074638065915	WILD

Brand	GPC Description
High Liner Foodservice	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
11 LBR	10 LBR	N/A	Yes	No

### Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.8125 INH	7.8125 INH	8.625 INH	0.6166 FTQ	15x5	540 Days	-10 FAH / 0 FAH

### Ingredients :

64.1% POLLOCK, 35.9% BATTER AND BREADING: POTATOES, WHOLE WHEAT FLOUR, CANOLA OIL, WHOLE YELLOW CORN MEAL, ENRICHED YELLOW CORN FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, SALT, YELLOW CORN FLOUR, CORN STARCH, WHEY, SUGAR, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE), NATURAL FLAVOR, YEAST. PAR-FRIED IN CANOLA OIL, COTTONSEED OIL, AND/OR SOYBEAN OIL. CONTAINS: POLLOCK (FISH), WHEAT, MILK

### Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):

Eggs - N	Milk - C	Soy - N
Fish - C	Wheat - C	TreeNuts - N
Peanuts - N	Crustacean - N	Sesame - N

### Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: TO BAKE: Place frozen sticks on a lightly oiled sheet pan. CONVECTION OVEN: Bake at 375°F for 8-12 minutes. CONVENTIONAL OVEN: Bake at 400°F for 15-20 minutes. TO DEEP FRY: Preheat fryer to 350°F and fry for 3-5 minutes or until golden brown. Drain and serve. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 158°F MINIMUM.

### Serving Suggestions:

school lunches, healthcare

### Species / Scientific Name:

Pollock - Gadus chalcogrammus

### Claims & Child Nutrition:

BAP Certified:

MSC Certified: Yes

Has CN Statement: Yes

CN Statement: FOUR 1.00 OZ PAR-FRIED WHOLE GRAIN POTATO CRUNCH FISH STICKS PROVIDE 2.00 OZ EQUIVALENT MEAT AND 0.75 OZ EQUIVALENT GRAIN FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS.



**CN Information:**

CN Statement : FOUR 1.00 OZ PAR-FRIED WHOLE GRAIN POTATO CRUNCH FISH STICKS PROVIDE 2.00 OZ EQUIVALENT MEAT AND 0.75 OZ EQUIVALENT GRAIN FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS.

Suggested Bid :

Meat/Meat Alternative :

WholeGrain Credit Calculation :

**Label Copy:**

\*Please note - label for bid proposes only per USDA Document# SP11v2 CACFP10SFSSP13-2015 - Label copied with watermark is acceptable documentation for administrative review - the original labels on cartons received will not have a watermark.

**Par-Fried Whole Grain Potato Crunch Pollock Sticks 1.0 oz**

**06591**



LOT#: 1234567890



From an MSC certified sustainable fishery.  
www.msc.org  
MSC-C-50552  
\*Used under license.

INDIVIDUALLY QUICK FROZEN

KEEP FROZEN

DO NOT REFREEZE

MANUFACTURED BY: HIGH LINER FOODS, PORTSMOUTH, NH 03801  
FOR INQUIRES CALL: 1-888-889-3864  
www.highlinerfoods.com

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**CONTAINS:** POLLOCK (FISH), WHEAT, MILK

**NET WT 10 Lb (4.54 kg)**



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CN 100591  
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CN

**06591**



EST. # 045



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**High Liner Bid Desk Contact and Specification Verification:**



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