# Fred's

# 110293 - FRED'S - Spicy Green Bean Fancy Fries - 6/2 lb Bags

Fred's Spicy Green Beans are part of our Fancy Fries<sup>™</sup> line; elevated appetizers and sides that are tasty gourmet alternatives to traditional vegetables. We use crisp, premium green beans that are coated with a spicy breading for a kick of flavor. Available in a convenient two pound bag for less waste and easier storage. Lacto-Ovo Vegetarian for those with special dietary needs...

MARKETING



#### **PRODUCT SPECIFICATIONS**

| Code             |                         | Dist Prod Code |         |                |  | GTIN                    |                    |               |             | Calculated Pack             |                 |  |
|------------------|-------------------------|----------------|---------|----------------|--|-------------------------|--------------------|---------------|-------------|-----------------------------|-----------------|--|
| 0275020          | 5020 110293             |                |         |                | 10050665027505                           |                         |                    |               | 6 x 2#      |                             |                 |  |
| Brand            | Brand Brand Owner       |                |         |                | GPC Description                          |                         |                    |               |             |                             |                 |  |
| Fred's           | Ajinomoto Foods NA      |                |         |                | Vegetables - Prepared/Processed (Frozen) |                         |                    |               |             |                             |                 |  |
| Gross Weight Net |                         |                | Veight  | Cas            | se/Catch                                 | Weight Country Of Origi |                    |               | Drigin      | Kosher                      | Child Nutrition |  |
| 13.7 LBR         | 13.7 LBR 12             |                | LBR     |                | No                                       |                         |                    | United States |             | Undeclared                  | No              |  |
| Shipping         |                         |                |         |                |  |                         |                    |               |             |                             |                 |  |
| Length           | Width                   |                | Height  |                | Volum                                    | e Tix                   | ні                 | Shelf Life    |             | Storage Temp From/To        |                 |  |
| 15.375 INH       | 12                      | INH            | 7.125 I | NH             | 0.76 FTQ                                 | 2 10:                   | <b>(</b> 6         | 545 Days      |             | -10 FAH / 0 FAH             |                 |  |
|                  | Traceability Regulation |                |         |                |  |                         |                    |               |             |                             |                 |  |
| Regulation       | Regulation Type         |                |         | Regulatory Tra |  |                         | de Item Regulation |               |             | Regulation Restrictions and |                 |  |
| Code             |                         |                | Act     |                |  | Compliant               |                    |               | Descriptors |                             |                 |  |
| N/A              |                         |                | N/A     |                |  | N/A                     |                    |               | N/A         |                             |                 |  |

# **Nutrition Facts**

| 66 Servings per container   |                |
|---|----------------|
| Serving Size 15 G   | reen Beans     |
| Amount Per Serving<br>Calories  | 190            |
|   | % Daily Value* |
| Total Fat 10 g  | 12%            |
| Saturated Fat 1.5 g   | 7%             |
| <i>Trans</i> Fat 0 g  |                |
| Cholesterol 0 mg  | 0%             |
| Sodium 66 mg  | <b>29</b> %    |
| Total Carbohydrates 22 g  | 8%             |
| Dietary Fiber 2 g   | 7%             |
| Total Sugars 2 g  |                |
| Includes 0 g Added Sugars   | 1%             |
| Protein 3 g   |                |
| Vitamin D 0 mcg   | 0%             |
| Calcium 0 mg  | 0%             |
| Iron 0.9 mg   | 6%             |
| Potassium 120 mg  | 2%             |
| * The % Daily Values (DV) tells you how much a nutrient<br>contributes to a daily diet. 2,000 calories a day is used<br>advice. |                |

#### HANDLING SUGGESTIONS

Store product for no longer than 545 days after production at a temperature between -10 and 0 degrees.

# ALLERGENS

 $\begin{array}{l} C = {\rm 'Contains'} \, ; \, MC = {\rm 'May \ Contain'} \, ; \, M = {\rm 'Free \ From'} \, ; \, UN = {\rm 'Undeclared'} \, ; \\ 30 = {\rm 'Free \ From \ Not \ Tested'; \ 50 = {\rm 'Derived \ from \ Ingredients'} \, ; \ 60 = {\rm 'Not \ Derived \ From \ Ingredients'} \, ; \ M = {\rm 'No \ Info'} \end{array}$ 

| 🕅 Milk - C    | 🕥 Peanuts - N      |
|---------------|--------------------|
| 🔘 Eggs - C    | (i) Tree - N       |
| 🗞 Soybean - C | 🔊 Fish - N         |
| 🛞 Wheat - C   | Dellfish - NI      |
| 🗞 Sesame - N  | () Crustaceans - N |
|               |                    |

(!) Coconuts - N (!) Molluscs - N

# INGREDIENTS

Green Beans, Bleached Wheat Flour, Water, Contains Less Than 2% of: Dried Onion, Dried Garlic, Dried Whole Egg, Yellow Corn Flour, Natural and Artificial Flavors, Soy Flour, Dried Yeast, Spice Extracts, Paprika Extract (color), Whey, Yeast Extract, Spice, Modified Food Starch, Dextrose, Maltodextrin, Disodium Inosinate And Disodium Guanylate, Gum Arabic, Butter Oil, Sugar, Salt, Soybean Oil, Caramel Color, Yellow 6, Red 40, Blue 1 and Yellow 5. Prefried in Vegetable Oil (Soybean and/or Canola). CONTAINS: WHEAT, EGG, SOY, MILK

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#### PREPARATION & COOKING SUGGESTIONS

FOR BEST QUALITY AND FOOD SAFETY FOLLOW THESE COOKING INSTRUCTIONS. ALL FOOD SHOULD BE COOKED TO AN INTERNAL TEMPERATURE OF 160°F. KEEP FROZEN UNTIL READY TO USE. Due to differences in appliances, cooking times may vary and require adjustment. DEEP FRYER: 350°F for 1½ - 2 minutes.

#### SERVING SUGGESTIONS

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MORE INFORMATION

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Excellent when paired with favorite dipping sauce. Great substitute for french fries, topper to salad, or burger/chicken topper.

Website : www.ajinomotofoodservice.com

#### NUTRITIONAL ANALYSIS

| Calories            | 190  | Total Fat           | 10 g  | Sodium       | 66 mg  |
|---------------------|------|---------------------|-------|--------------|--------|
| Protein             | 3 g  | Trans Fat           | 0 g   | Calcium      | 0 mg   |
| Total Carbohydrates | 22 g | Saturated Fat       | 1.5 g | Iron         | 0.9 mg |
| Sugars              | 2 g  | Added Sugars        | 0 g   | Potassium    | 120 mg |
| Dietary Fiber       | 2 g  | Polyunsaturated Fat |       | Zinc         |        |
| Lactose             |      | Monounsaturated Fat |       | Phosphorus   |        |
| Sucrose             |      | Cholesterol         | 0 mg  |              |        |
| Vitamin A (IU)      |      | Vitamin D           | 0 mcg | Thiamin      |        |
| Vitamin A (RE)      |      | Vitamin E           |       | Niacin       |        |
| Vitamin C           |      | Folate              |       | Riboflavin   |        |
| Magnesium           |      | Vitamin B-6         |       | Vitamin B-12 |        |
| Monosodium          |      | Sulphites           |       | Nitrates     |        |

#### NUTRITIONAL CLAIMS

VEGETARIAN

YES

### MORE IMAGES





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