

### 10 Lb (4.54 kg) IQF Haddock Loins, 4 oz, MSC

Fishery Product IQF Haddock Loins are a long-time New England favorite and represent the premium portion of this species. These high-quality loins are individually quick frozen for lasting quality and freshness. Each is perfectly portioned for easy preparation and recipe versatility across a variety of applications.

Product Last Saved Date: 20 October 2025



## **Nutrition Facts**

40 Servings per container

Serving Size 4 oz (112 g/About 1 Loin)

# Amount Per Serving

80

Calories	
	% Daily Value
Total Fat 0 g	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 55 mg	18%
Sodium 180 mg	8%
Total Carbohydrates 0 g	0%
Dietary Fiber 0 g	0%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%
<b>Protein</b> 17 g	
Vitamin D 0.5 mcg	2%
Calcium 0 mg	0%
Iron 0 mg	0%
Potassium 290 mg	6%

Product Specifications :				
	Code GTIN		Type Of Catch	
	1080283 10035493802838		WILD	

Brand	GPC Description		
FPI	Fish - Unprepared/Unprocessed (Frozen)		

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
10.975 LBR	10 LBR	CN, VN, ID, TH	Undeclared	No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
14.784 INH	12.58 INH	4.687 INH	0.5046 FTQ	9x12	540 Days	-10 FAH / 0 FAH

#### Ingredients:

 ${\tt HADDOCK, WATER, SODIUM\ TRIPOLYPHOSPHATE\ (TO\ RETAIN\ MOISTURE)}.\ CONTAINS:\ {\tt FISH\ (HADDOCK\ MATER, SODIUM\ TRIPOLYPHOSPHATE\ (TO\ RETAIN\ MOISTURE)}.$ 

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):					
Eggs - 30	Milk - 30	Soy - 30			
Fish - C	Wheat - 30	TreeNuts - 30			
Peanuts - 30	Crustacean - 30	Sesame - 30			

#### Prep & Cooking Suggestions:

NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUM.

#### Species / Scientific Name:

Haddock - Melanogrammus aeglefinus

#### Serving Suggestions:

Perfect for fish fry menu items, as center of the plate, or for craft fish chowder. Pairs well with your own complementary sauces and sides.

#### Claims & Child Nutrition:

BAP Certified:

MSC Certified: Yes
Has CN Statement: No
CN Statement:









Information subject to change without notice at the discretion of High Liner Foods (USA) http://www.highlinerfoods.com Page 1 of 1

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