



1/10 LB Par-Fried Whole Grain Potato Crunch Alaska Pollock Nuggets 1.0 oz, Kosher, CN, MSC

High Liner Whole Grain Potato Crunch Alaska Pollock Nuggets add real potato sticks to the whole grain breading for a distinct flavor and super crunchy-fun bite kids and adults can't resist. Made from premium wild caught Pollock, these oven-ready, portion-controlled nuggets bake from frozen to golden potato-crispy perfection in minutes with no mess. A truly unique option for Child Nutrition-approved applications and more.;

Product Last Saved Date: 15 March 2024



Nutrition Facts

40 Servings per container
Serving Size 4 Nuggets (112g)

Amount Per Serving
Calories 240

% Daily Value*	
Total Fat 13 g	16%
Saturated Fat 2 g	9%
Trans Fat 0 g	
Cholesterol 35 mg	11%
Sodium 450 mg	20%
Total Carbohydrates 20 g	7%
Dietary Fiber 1 g	4%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%

Protein 11 g	
Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 1 mg	6%
Potassium 320 mg	6%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications :		
Code	GTIN	Type Of Catch
06551C	20074638065513	WILD

Brand	GPC Description
High Liner Foodservice	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
11 LBR	10 LBR	N/A	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.8125 INH	7.8125 INH	8.625 INH	0.6166 FTQ	15x5	547 Days	-10 FAH / 0 FAH

Ingredients :						
64.5% ALASKA POLLOCK; 35.5% BATTER AND BREADING: POTATOES, WHOLE WHEAT FLOUR, CANOLA OIL, WHOLE YELLOW CORN MEAL, ENRICHED YELLOW CORN FLOUR (CORN FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CONTAINS 2% OR LESS OF: WATER, ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), YELLOW CORN FLOUR, SALT, CORN STARCH, SUGAR, WHEY, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE), YEAST, NATURAL FLAVOR. PAR-FRIED IN CANOLA, COTTONSEED, AND/OR SOYBEAN OIL. CONTAINS: FISH (POLLOCK), WHEAT, MILK						

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):		
Eggs - N	Milk - C	Soy - N
Fish - C	Wheat - C	TreeNuts - N
Peanuts - N	Crustacean - N	Sesame - N

Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: CONVECTION OVEN: Preheat oven to 385°F and bake for 8-12 minutes. CONVENTIONAL OVEN: Preheat oven to 400°F and bake for 15-20 minutes. TO DEEP FRY: Preheat fryer to 350°F and fry for 3-5 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUM.

Serving Suggestions:

Ideal as a finger food entrée for school lunch and healthcare dining paired with your favorite dipping sauce and nutritional side.

Species / Scientific Name:

Alaska Pollock - Gadus chalcogrammus

Claims & Child Nutrition:

BAP Certified:
MSC Certified: Yes
Has CN Statement: Yes
CN Statement:





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Nuggets 1.0 oz, Kosher, CN, MSC**

CN Information:

CN Statement :

Suggested Bid :

Meat/Meat Alternative :

WholeGrain Credit Calculation :

Label Copy:

*Please note - label for bid proposes only per USDA Document# SP11v2 CACFP10SFSP13-2015 - Label copied with watermark is acceptable documentation for administrative review - the original labels on cartons received will not have a watermark.

High Liner Bid Desk Contact and Specification Verification:

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