



1/10 LB Par-Fried Whole Grain Potato Crunch Alaska Pollock Nuggets 1.0 oz, Kosher, CN, MSC

High Liner Whole Grain Potato Crunch Alaska Pollock Nuggets add real potato sticks to the whole grain breading for a distinct flavor and super crunchy-fun bite kids and adults can't resist. Made from premium wild caught Pollock, these oven-ready, portion-controlled nuggets bake from frozen to golden potato-crispy perfection in minutes with no mess. A truly unique option for Child Nutrition-approved applications and more.

Product Last Saved Date: 10 February 2025



HIGH LINER
FOODSERVICE™

Nutrition Facts

40 Servings per container

Serving Size 4 Nuggets (112g)

Amount Per Serving

Calories 240

% Daily Value*

Total Fat 13 g 16%

Saturated Fat 2 g 9%

Trans Fat 0 g

Cholesterol 35 mg 11%

Sodium 450 mg 20%

Total Carbohydrates 20 g 7%

Dietary Fiber 1 g 4%

Total Sugars 0 g

Includes 0 g Added Sugars 0%

Protein 11 g

Vitamin D 0 mcg 0%

Calcium 0 mg 0%

Iron 1 mg 6%

Potassium 320 mg 6%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications :

Code	GTIN	Type Of Catch
06551C	20074638065513	WILD

Brand	GPC Description
High Liner Foodservice	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
11 LBR	10 LBR	N/A	Yes	No

Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.8125 INH	7.8125 INH	8.625 INH	0.6166 FTQ	15x5	547 Days	-10 FAH / 0 FAH

Ingredients :

64.5% ALASKA POLLOCK; 35.5% BATTER AND BREADING: POTATOES, WHOLE WHEAT FLOUR, CANOLA OIL, WHOLE YELLOW CORN MEAL, ENRICHED YELLOW CORN FLOUR (CORN FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CONTAINS 2% OR LESS OF: WATER, ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), YELLOW CORN FLOUR, SALT, CORN STARCH, SUGAR, WHEY, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE), YEAST, NATURAL FLAVOR. PAR-FRIED IN CANOLA OIL COTTONSEED OIL, AND/OR SOYBEAN OIL. CONTAINS: POLLOCK (FISH), WHEAT, MILK

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):

Eggs - N	Milk - C	Soy - N
Fish - C	Wheat - C	TreeNuts - N
Peanuts - N	Crustacean - N	Sesame - N

Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: TO BAKE: Place frozen nuggets on a lightly oiled sheet pan. CONVECTION OVEN: Bake at 375°F for 8-12 minutes. CONVENTIONAL OVEN: Bake at 400°F for 15-20 minutes. TO DEEP FRY: Preheat fryer to 350°F and fry for 3-5 minutes or until golden brown. Drain and serve. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 158°F MINIMUM.

Serving Suggestions:

Ideal as a finger food entrée for school lunch and healthcare dining paired with your favorite dipping sauce and nutritional side.

Species / Scientific Name:

Alaska Pollock - Gadus chalcogrammus

Claims & Child Nutrition:

BAP Certified:
MSC Certified: Yes
Has CN Statement: Yes
CN Statement: FOUR 1.00 OZ PAR-FRIED WHOLE GRAIN POTATO CRUNCH FISH NUGGETS PROVIDE 2.00 OZ EQUIVALENT MEAT AND 0.75 OZ EQUIVALENT GRAINS FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS.





06551C - 1/10 LB Par-Fried Whole Grain Potato Crunch Alaska Pollock Nuggets 1.0 oz, Kosher, CN, MSC

CN Information:

CN Statement : FOUR 1.00 OZ PAR-FRIED WHOLE GRAIN POTATO CRUNCH FISH NUGGETS PROVIDE 2.00 OZ EQUIVALENT MEAT AND 0.75 OZ EQUIVALENT GRAINS FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS.

Suggested Bid :

Meat/Meat Alternative :

WholeGrain Credit Calculation :

Label Copy:

*Please note - label for bid proposes only per USDA Document# SP11v2 CACFP10SFSSP13-2015 - Label copied with watermark is acceptable documentation for administrative review - the original labels on cartons received will not have a watermark.

Par-Fried Whole Grain Potato Crunch Alaska Pollock Nuggets 1.0 oz

06551C



LOT#: 1234567890



From an MSC certified sustainable fishery. www.msc.org MSC-C-50552

Used under license.

INDIVIDUALLY QUICK FROZEN

KEEP FROZEN

DO NOT REFREEZE

MANUFACTURED BY: HIGH LINER FOODS, PORTSMOUTH, NH 03801 FOR INQUIRIES CALL: 1-888-860-3864 www.highlinerfoodservice.com

Trademark of High Liner Foods Incorporated

COOKING INSTRUCTIONS FROM FROZEN:

TO BAKE: Place frozen nuggets on a lightly oiled sheet pan.

CONVECTION OVEN: Bake at 375°F for 8-12 minutes.

CONVENTIONAL OVEN: Bake at 400°F for 15-20 minutes.

TO DEEP FRY: Preheat fryer to 350°F and fry for 3-5 minutes or until golden brown. Drain and serve.

NOTE: COOK TO AN INTERNAL TEMPERATURE OF 158°F MINIMUM.

INGREDIENTS: 64.5% ALASKA POLLOCK; 35.5% BATTER AND BREADING: POTATOES, WHOLE WHEAT FLOUR, CANOLA OIL, WHOLE YELLOW CORN MEAL, ENRICHED YELLOW CORN FLOUR (CORN FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CONTAINS 2% OR LESS OF: WATER, ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), YELLOW CORN FLOUR, SALT, CORN STARCH, SUGAR, WHEY, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE), YEAST, NATURAL FLAVOR. PAR-FRIED IN CANOLA OIL COTTONSEED OIL, AND/OR SOYBEAN OIL.

CONTAINS: POLLOCK (FISH), WHEAT, MILK

CN 100602 FOUR 1.00 OZ PAR-FRIED WHOLE GRAIN POTATO CRUNCH FISH NUGGETS PROVIDE 2.00 OZ EQUIVALENT MEAT AND 0.75 OZ EQUIVALENT GRAINS FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS. (USE OF THIS LOGO AND STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, USDA (10/2023) CN

06551C



EST. # 002



20074638065513



20074638065513

NET WT 10 Lb (4.54 kg)

2566488

High Liner Bid Desk Contact and Specification Verification:

Dawn Enos

Dawn Enos / Sales Operations Manager k12 PH: 603-818-5334 Email: dawn.enos@highlinerfoods.com