

312797 - LANCE SWC COW

Enjoy a wholesome snack on-the-go with Lance Cheddar Cheese Crackers made with whole grain. Baked with whole grain crackers and real cheddar cheese filling, they come in convenient packs that can be taken with you anywhere. Lance sandwich crackers are a flavorful and portable snack for the whole family. At Lance, SANDWICHES MEAN MORE: They aren't just two somethings with whate...



MARKETING

BAKED WITH WHOLE GRAIN: Sandwich crackers baked with whole grain spread with real cheddar cheese filling. **MADE WITH REAL CHEESE:** Classic cheese and crackers combination. **WHOLESOME SNACK:** 11g whole grain, 3g protein per pack. **ON-THE-GO SNACK:** Convenient individual cracker packs are perfectly portioned snacks. **SNACK PACK:** Single-serve pack with 6 Lance sandwich crackers

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
200790104334	312797	10076410901890	6 / 1.50 OZ. BAG(S)

Brand	Brand Owner	GPC Description
LANCE	Snyder's-Lance INC.	Biscuits/Cookies (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
13.533 LBR	11.244 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
12.188 INH	11.5 INH	9.5 INH	0.771 FTQ	12x7	182 Days	60 FAH / 70 FAH

HANDLING SUGGESTIONS

Min Product Lifespan from Production: 182 Days.
Minimum Temperature: 60 Fahrenheit. Maximum Temperature: 70 Fahrenheit.

SERVING SUGGESTIONS

PREPARATION & COOKING SUGGESTIONS

Ready to Enjoy

Nutrition Facts

1 Servings per container

Serving Size Amount/serving

Amount Per Serving
Calories **190**

% Daily Value*

Total Fat 9 **12%**

Saturated Fat 3 g **15%**

Trans Fat 0 g

Cholesterol 0 mg **0%**

Sodium 390 mg **17%**

Total Carbohydrates 25 g **9%**

Dietary Fiber 2 g **7%**

Total Sugars 5 g

Includes 2 g Added Sugars **4%**

Protein 3 g

Vitamin D 0 mcg 0%

Calcium 30 mg 2%

Iron 1 mg 6%

Potassium 150 mg 4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS

INGREDIENTS: WHOLE WHEAT FLOUR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OILS (PALM, SOYBEAN AND/OR CANOLA), WHEY, SUGAR, CORN MALTODEXTRIN, SALT, CORNSTARCH, LEAVENING (SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE, AMMONIUM BICARBONATE), CHEDDAR CHEESE (MILK, CREAM, CULTURES, SALT, ENZYMES, NONFAT MILK), WHEY PROTEIN CONCENTRATE, SOY LECITHIN, NONFAT MILK, LACTIC ACID, WHEAT BRAN, CITRIC ACID, YELLOW 5, YELLOW 6, NATURAL FLAVOR, TURMERIC AND ANNATTO EXTRACTS (COLOR), BUTTER, BUTTERMILK, POTASSIUM SALT, PEANUT OIL. CONTAINS: WHEAT, MILK, SOY, PEANUTS.

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - UN
- Soybean - C
- Wheat - C
- Sesame - UN
- Cereals - C
- Peanuts - C
- Tree - UN
- Fish - UN
- Shellfish - NI
- Crustaceans - UN
- Molluscs - UN

MORE INFORMATION

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NUTRITIONAL ANALYSIS



Calories	190
Protein	3 g
Total Carbohydrates	25 g
Sugars	5 g
Dietary Fiber	2 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	9
Trans Fat	0 g
Saturated Fat	3 g
Added Sugars	2 g
Polyunsaturated Fat	2 g
Monounsaturated Fat	3 g
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	390 mg
Calcium	30 mg
Iron	1 mg
Potassium	150 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



VEGETARIAN	YES
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KOSHER	YES
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MORE IMAGES

