



1/20 LB Oven Ready Breaded Fish Patties, Approx. 4 oz

High Liner Breaded Fish Patties are generously portioned for entrées, sandwiches and more. They're coated with a signature-seasoned breading that seals in a special fish and shellfish blend, selected for their complementary flavor and texture profiles. This creates that sought-after combination of crispy crunch and moist, succulent fish, bite after bite. These versatile Fish Patties bake or deep-fry to perfection with almost no prep, consistently delivering the plate appeal you not only wish for, but demand.

Product Last Saved Date: 04 April 2025



Nutrition Facts

80 Servings per container

Serving Size 1 Portion (112 g)

Amount Per Serving

Calories 300

% Daily Value*

Total Fat 10 g	13%
Saturated Fat 1.5 g	8%
Trans Fat 0 g	
Cholesterol 15 mg	6%
Sodium 640 mg	28%
Total Carbohydrates 33 g	12%
Dietary Fiber 6 g	22%
Total Sugars 3 g	
Includes 0 g Added Sugars	0%
Protein 19 g	
Vitamin D 0.5 mcg	2%
Calcium 90 mg	6%
Iron 3 mg	15%
Potassium 620 mg	15%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications :

Code	GTIN	Type Of Catch
10023193	00079149231934	WILD

Brand	GPC Description
High Liner Foods	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
21.09 LBR	20 LBR	N/A	Undeclared	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.697 INH	11.697 INH	9.894 INH	1.051 FTQ	10x4	540 Days	-10 FAH / 0 FAH

Ingredients :

COD, POLLOCK, ARCTIC CHAR, FLOUNDER, HALIBUT, HOKI, TILAPIA, PINK SALMON, CHUM SALMON, HADDOCK, WHITING, SQUID, BLUE WHITING, SOY FLOUR, WATER, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WHEAT FLOUR, VEGETABLE OIL (CANOLA OIL, COTTONSEED OIL, SOYBEAN OIL AND/OR SUNFLOWER OIL), ENRICHED YELLOW CORN FLOUR (CORN FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CONTAINS 2% OR LESS OF: MODIFIED CORN STARCH, SODIUM ALGINATE, SALT, MUSTARD, DEHYDRATED GARLIC AND ONION, DRIED LEMON JUICE, YELLOW CORN FLOUR, CONCENTRATED LEMON JUICE, ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SESAME OIL, DEXTROSE, CARRAGEENAN, BLEACHED WHEAT FLOUR, SODIUM CITRATE, SPICES, CHICKEN FLAVOR (CONTAINS HYDROLYZED CORN, SOY, WHEAT GLUTEN PROTEIN, AUTOLYZED YEAST EXTRACT, DEHYDRATED CHICKEN BROTH, CHICKEN FAT, THIAMINE HYDROCHLORIDE, CORN SYRUP SOLIDS), SUGAR, MODIFIED CELLULOSE, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), HYDROLYZED SOY PROTEIN, WHOLE WHEAT FLOUR, NATURAL AND ARTIFICIAL FLAVOR (MALTODEXTRIN, INACTIVE YEAST, NATURAL AND ARTIFICIAL FLAVOR), NATURAL AND ARTIFICIAL FLAVORS, TORULA YEAST, GARLIC POWDER, CORN SYRUP SOLIDS, BEER (WATER, MALTED BARLEY, HOPS, YEAST, SELECT GRAINS), WHEAT STARCH, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CELLULOSE GUM, ENRICHED YELLOW CORN MEAL (CORN MEAL, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), BEER FLAVOR (DRIED YEAST, MALT EXTRACT, CORN SYRUP, AUTOLYZED YEAST EXTRACT), YEAST, TAPIOCA DEXTRIN, ONION POWDER, MALTED BARLEY FLOUR, YEAST EXTRACT, DISODIUM GUANYLATE, DISODIUM INOSINATE, CORN STARCH, WHITE CORN MEAL, AUTOLYZED YEAST EXTRACT, NONFAT MILK, ENRICHED YELLOW CORN FLOUR (CORN FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), EGGS, RICE FLOUR, WHEY, CITRIC ACID, SESAME SEEDS, WHITE CORN FLOUR, IODIZED SALT, WHOLE YELLOW CORN MEAL, SOY SAUCE [(FERMENTED SOYBEANS AND WHEAT, SALT), MALTODEXTRIN], MALTODEXTRIN, COCONUT OIL TRIGLYCERIDES, PALM OIL, GUAR GUM, VINEGAR, EXTRACTIVES OF PAPRIKA, ANNATTO AND TURMERIC (COLOR), CARAMEL COLOR, YELLOW 5, YELLOW 6, SODIUM TRIPOLYPHOSPHATE (TO RETAIN MOISTURE). CONTAINS: FISH (COD, POLLOCK, ARCTIC CHAR, FLOUNDER, HALIBUT, HOKI, TILAPIA, SALMON, HADDOCK, WHITING, BLUE WHITING), WHEAT, SOY, MILK, EGGS, SESAME

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):

Eggs - C	Milk - C	Soy - C
Fish - C	Wheat - C	TreeNuts - N
Peanuts - N	Crustacean - N	Sesame - C

Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: CONVENTIONAL OVEN: Bake from frozen at 425°F for about 20 minutes. CONVECTION OVEN: Bake from frozen at 400°F for approximately 15 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 165°F MINIMUM.

Serving Suggestions:

Ideal paired with your favorite signature sauce or side. Perfect as center of plate, sandwich or salad features.

Species / Scientific Name:

Multiple Fish

Claims & Child Nutrition:

BAP Certified:
MSC Certified:
Has CN Statement: No
CN Statement:

