

Yoplait

227590 - Yoplait(R) Light Yogurt Single Serve Cup Harvest Peac...

The irresistible creaminess of Yoplait(R), fat free, and 90 calories per single serve cup. This peach gluten-free yogurt is a delicious way to help patrons who are looking to manage their weight. Made with live and active cultures and without high fructose corn syrup.



MARKETING

This light, creamy peach yogurt is suitable for breakfast and grab-and-go service. It provides a good source of nutrients like protein, calcium, vitamins A and D.. This Light Style Yogurt comes in a 12 count, 6oz cup formatted case. Made With Goodness: Yoplait Light yogurt is a good source of Calcium & Vitamin D and fat free.. Gluten Free. Contains no artificial flavors. No colors from artificial sources. No high fructose corn syrup.. Yoplait 6 oz yogurt cups meet Kosher requirements and contain 0g trans fat.. Suitable as part of the International Dysphagia Diet Standardization Initiative (IDDSI).

Nutrition Facts

12 Servings per container	
Serving Size	1 container
Amount Per Serving	
Calories	80
% Daily Value*	
Total Fat 0	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 5 mg	1%
Sodium 75 mg	3%
Total Carbohydrates 15 g	5%
Dietary Fiber 0 g	0%
Total Sugars 7 g	
Includes 1 g Added Sugars	2%
Protein 5 g	
Vitamin D 2.9 mcg15%	
Calcium 210 mg15%	
Iron 0 mg0%	
Potassium 260 mg6%	
* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

PRODUCT SPECIFICATIONS

Code	Dist Prod Code		GTIN		Calculated Pack	
655000	227590		10070470006557		12/6 OZ	
Brand	Brand Owner				GPC Description	
Yoplait	GENERAL MILLS SALES INC.				Yogurt (Perishable)	
Gross Weight	Net Weight	Case/Catch Weight		Country Of Origin	Kosher	Child Nutrition
5.010 LBR	4.50 LBR	No		United States	Yes	No
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
10.620 INH	8.000 INH	3.750 INH	0.18400 FTQ	22x10	70 Days	33 FAH / 45 FAH

HANDLING SUGGESTIONS

KEEP REFRIGERATED

SERVING SUGGESTIONS

Serve as is

PREPARATION & COOKING SUGGESTIONS

Ready to eat

INGREDIENTS

Cultured Grade A Nonfat Milk, Peaches, Water, Modified Food Starch. Contains 1% or less of: Allulose, Kosher Gelatin, Corn Starch, Citric Acid, Acesulfame Potassium, Tricalcium Phosphate, Sucralose, Potassium Sorbate Added to Maintain Freshness, Natural Flavor, Colored with Annatto, Vitamin A Acetate, Vitamin D3.

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - 30
- Soybean - 30
- Wheat - 30
- Sesame - 30
- Pine Nuts - 30
- Cashews - 30
- Macadamia Nuts - 30
- Coconuts - 30
- Brazil Nuts - 30
- Walnuts - 30
- Peanuts - 30
- Tree - 30
- Fish - 30
- Shellfish - NI
- Crustaceans - 30
- Almonds - 30
- Hazelnuts - 30
- Chestnuts - 30
- Pecan Nuts - 30
- Pistachios - 30
- Molluscs - 30

MORE INFORMATION

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NUTRITIONAL ANALYSIS



Calories	80
Protein	5 g
Total Carbohydrates	15 g
Sugars	7 g
Dietary Fiber	0 g
Lactose	
Sucrose	
Vitamin A (IU)	190
Vitamin A (RE)	190
Vitamin C	
Magnesium	
Monosodium	

Total Fat	0
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	1 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	5 mg
Vitamin D	2.9 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	75 mg
Calcium	210 mg
Iron	0 mg
Potassium	260 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



VITAMIN_A	EXCELLENT_SOURCE_OF	SODIUM_SALT	LOW	TRANS_FAT	FREE_FROM
CALCIUM	GOOD_SOURCE_OF	MSG	FREE_FROM	FAT	LOW
CHOLESTEROL	LOW	GLUTEN	FREE_FROM	VITAMIN_D	GOOD_SOURCE_OF
HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	VITAMIN_A	GOOD_SOURCE_OF	PARTIALLY_HYDROGENATED_VEGETABLE_OIL	FREE_FROM
SATURATED_FAT	LOW	FAT	FREE_FROM	LOW_CALORIE	YES
LOW_SALT	YES	KOSHER	YES	FREE_FROM_GLUTEN	YES

MORE IMAGES

