

147921 - HORMEL VITAL CUISINE MIGHTYSHAKES Nutritional Shake -...

Add calories to diet of those at risk for weight loss or low protein intake



MARKETING

Add calories to diet of those at risk for weight loss or low protein intake.. Thaw and serve.. 75/4oz.. Nutritional Shake. Kosher



Nutrition Facts

1 Servings per container	
Serving Size	1 Carton
Amount Per Serving	
Calories	220
% Daily Value*	
Total Fat 7	9%
Saturated Fat 1 g	5%
Trans Fat 0 g	
Cholesterol 10 mg	3%
Sodium 100 mg	4%
Total Carbohydrates 33 g	12%
Dietary Fiber 0 g	0%
Total Sugars 19 g	
Includes 15 g Added Sugars	30%
Protein 6 g	
Vitamin D 3 mcg15%	
Calcium 200 mg15%	
Iron 1.1 mg6%	
Potassium 90 mg2%	
* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack		
26337	147921	10099429263377	HORMEL VITAL CUISINE MIGHTYSHAKES Nutritional Shake - Chocolate		
Brand		Brand Owner	GPC Description		
MIGHTYSHAKES		Hormel Foods Corporation	Vitamins/Minerals/Nutritional Supplements Variety Packs		
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
24.48 LBR	21.89 LBR	No	United States	Yes	No
Shipping					
Length	Width	Height	Volume	TlxHI	Shelf Life
12.5 INH	12.25 INH	9 INH	0.79753 FTQ	12x5	450 Days
Storage Temp From/To					
-20 FAH / 10 FAH					
Traceability Regulation					
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors		
N/A	N/A	N/A	N/A		

HANDLING SUGGESTIONS

RECOMMENDED TEMPERATURE: 0F. MINIMUM TEMPERATURE: -20F. MAXIMUM TEMPERATURE: 10F. STORAGE: KEEP FROZEN.

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - N
- Soybean - C
- Wheat - N
- Sesame - N
- Crab - N
- Shrimp - N
- Bass - N
- Cod - N
- Salmon - N
- Clam - N
- Pine Nuts - N
- Cashews - N
- Chinquapins - N
- Hazelnuts - N
- Shea Nuts - N
- Peanuts - N
- Tree - N
- Fish - N
- Shellfish - N
- Tuna - N
- Lobster - N
- Crustaceans - N
- Anchovy - N
- Pollock - N
- Mustard - N
- Oysters - N
- Almonds - N
- Butternuts - N
- Ginkgo Nuts - N
- Hickory Nuts - N
- Pili Nuts - N

INGREDIENTS

NATURALLY AND ARTIFICIALLY FLAVORED  
Ingredients: Water, Corn Syrup, Skim Milk, High Fructose Corn Syrup, Milk Protein Concentrate, Corn Oil, Milk Permeate, Contains 2% or less of Isolated Soy Protein (Contains Calcium Phosphate, Soy Lecithin), Cocoa Powder Processed with Alkali, Mono- and Diglycerides, Propylene Glycol, Phosphate Blend (Tripotassium Phosphate, Dipotassium Phosphate, Sodium Hexametaphosphate), Maltodextrin, Guar Gum, Hydroxylated Soy Lecithin, Natural and Artificial Flavoring, Carrageenan, Xanthan Gum, Locust Bean Gum, Corn Syrup Solids, Caramel Color, Vitamin A&D Blend (Water, Polysorbate 80, Propylene Glycol [Preservative], Vitamin A Palmitate, Vitamin D3), Benzyl Alcohol, Ethyl Alcohol, Benzyl Benzoate (To Maintain Freshness). Contains: Milk, Soy.

- ⓘ Lichee Nuts - N
- ⓘ Macadamia Nuts - N
- ⓘ Chestnuts - N
- ⓘ Coconuts - N
- ⓘ Pecan Nuts - N
- ⓘ Brazil Nuts - N
- ⓘ Pistachios - N
- ⓘ Walnuts - N
- ⓘ Molluscs - N

MIGHTYSHAKES

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PREPARATION & COOKING SUGGESTIONS

Thaw and serve

SERVING SUGGESTIONS

Improved Nutrition

MORE INFORMATION

Telephone : 800-533-2000

NUTRITIONAL ANALYSIS

Calories	220
Protein	6 g
Total Carbohydrates	33 g
Sugars	19 g
Dietary Fiber	0 g
Lactose	
Sucrose	
Vitamin A (IU)	140
Vitamin A (RE)	140
Vitamin C	
Magnesium	
Monosodium	

Total Fat	7
Trans Fat	0 g
Saturated Fat	1 g
Added Sugars	15 g
Polyunsaturated Fat	0 g
Monounsaturated Fat	0 g
Cholesterol	10 mg
Vitamin D	3 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	100 mg
Calcium	200 mg
Iron	1.1 mg
Potassium	90 mg
Zinc	
Phosphorus	130 mg
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

KOSHER	YES
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