

Lender's

560636 - LENDERS White Whole Grain Bagel, 2 OZ

Plain Bagels made with White Whole Grain; Good Source of Dietary Fiber; Convenient; Heat and Serve. Start your day right with a delicious Lender's Original Recipe Bagel.



MARKETING



Nutrition Facts

72 Servings per container	
Serving Size	1 bagel(57g)
Amount Per Serving	
Calories	140
% Daily Value*	
Total Fat 1	1%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 160 mg	7%
Total Carbohydrates 28 g	10%
Dietary Fiber 4 g	14%
Total Sugars 5 g	
Includes Added Sugars	%

Protein 6 g	
Vitamin D	0%
Calcium 30 mg	2%
Iron	8%
Potassium 140 mg	2%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS



Code		Dist Prod Code		GTIN		Calculated Pack	
7680000074		560636		00076800000748		12/6/2 oz	
Brand		Brand Owner			GPC Description		
Lender's		Conagra Brands Inc			Bread (Frozen)		
Gross Weight	Net Weight	Case/Catch Weight		Country Of Origin		Kosher	Child Nutrition
10.92 LBR	9 LBR	No		United States		Yes	No
Shipping							
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To	
18.25 INH	11.375 INH	8 INH	0.961 FTQ	9x11	365 Days	0 FAH / 20 FAH	
Traceability Regulation							
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant			Regulation Restrictions and Descriptors	
N/A		N/A	N/A			N/A	

HANDLING SUGGESTIONS



Follow storage and usage instructions as printed on consumer packaging.

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - NI
- Eggs - NI
- Soybean - NI
- Wheat - C
- Sesame - NI
- Peanuts - NI
- Tree - NI
- Fish - NI
- Shellfish - NI

INGREDIENTS



INGREDIENTS: WHOLE WHEAT FLOUR, WATER, SUGAR, VITAL WHEAT GLUTEN, YEAST. CONTAINS 2% OR LESS OF: SALT, SORBIC ACID (PRESERVATIVE), DISTILLED MONOGLYCERIDES, DISTILLED MONOGLYCERIDES, SOYBEAN OIL, PRESERVATIVES (CALCIUM PROPIONATE), DOUGH CONDITIONERS (CALCIUM SULFATE, L-CYSTEINE), ENZYMES (WHEAT FLOUR, ENZYMES), XANTHAN GUM, YELLOW CORN MEAL.

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PREPARATION & COOKING SUGGESTIONS

Please follow preparation instructions as printed on the consumer packaging.

SERVING SUGGESTIONS

Follow serving suggestions as printed on the packaging.

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	140
Protein	6 g
Total Carbohydrates	28 g
Sugars	5 g
Dietary Fiber	4 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	1
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	
Polyunsaturated Fat	0 g
Monounsaturated Fat	0 g
Cholesterol	0 mg
Vitamin D	
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	160 mg
Calcium	30 mg
Iron	
Potassium	140 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

KOSHER	YES
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