

636082 - 10 Lb (4.54 kg) Pecan Crunch Tilapia Fillets 5-6 oz

FPI IQF Pecan Crunch Tilapia Fillets feature a savory seasoned, pecan crusted breading. This perfectly crispy, slightly nutty outer crust complements the Tilapias mildly sweet, taste, preserving its medium-firm, flaky texture inside. Each fillet bakes from frozen to perfection in minutes, with minimal prep and no unnecessary waste.



MARKETING



PRODUCT SPECIFICATIONS



Code		Dist Prod Code		GTIN		Calculated Pack	
14364		636082		00074638143644		1 x 10#	
Brand		Brand Owner		GPC Description			
FPI		High Liner Foods Inc.		Fish - Prepared/Processed (Frozen)			
Gross Weight		Net Weight	Case/Catch Weight	Country Of Origin		Kosher	Child Nutrition
11.0 LBR		10.0 LBR	No	United States		Undeclared	No
Shipping							
Length		Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.8125 INH		7.8125 INH	8.625 INH	0.6166 FTQ	15x5	540 Days	-10 FAH / 0 FAH
Traceability Regulation							
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant		Regulation Restrictions and Descriptors		
TRACEABILITY_REGULATION		FSMA204	TRUE		N/A		

HANDLING SUGGESTIONS



Keep Frozen

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Peanuts - N
- Eggs - N
- Tree - C
- Soybean - C
- Fish - C
- Wheat - C
- Shellfish - NI
- Sesame - C
- Crustaceans - N

INGREDIENTS



TILAPIA, BLEACHED WHEAT FLOUR, VEGETABLE OIL (CANOLA OIL AND SOYBEAN OIL), BUTTER (PASTEURIZED CREAM, SALT), PECANS, WATER, CONTAINS 2% OR LESS OF: SALT, TOASTED SESAME OIL, YEAST, CHEDDAR CHEESE (MILK, CULTURES, SALT, ENZYMES), DEXTROSE, SUGAR, SOY LECITHIN, MALTODEXTRIN, ONION POWDER, DEHYDRATED GARLIC, DEHYDRATED ONION, YELLOW CORN FLOUR, UNSALTED BUTTER (PASTEURIZED CREAM, NATURAL FLAVOR), NATURAL FLAVORS, SPICES, CITRIC ACID, EXTRACTIVES OF ANNATTO AND PAPRIKA (COLOR), LACTIC ACID, BETA CAROTENE (COLOR). CONTAINS: FISH (TILAPIA), WHEAT, SOY, MILK, TREE NUTS (PECANS), SESAME

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PREPARATION & COOKING SUGGESTIONS

COOKING INSTRUCTIONS FROM FROZEN: TO BAKE: Place frozen fillets on a lightly oiled baking pan. CONVECTION OVEN: Preheat oven to 400°F and bake for 18-20 minutes. CONVENTIONAL OVEN: Preheat oven to 425°F and bake for 25-28 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUM.

SERVING SUGGESTIONS

Ideal for platters, luncheon specials or as a specialty sandwich. Pairs well with a variety of complimentary sides and sauces.

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	450
Protein	20 g
Total Carbohydrates	15 g
Sugars	1 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	35 g
Trans Fat	0 g
Saturated Fat	8 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	60 mg
Vitamin D	2.7 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	550 mg
Calcium	0 mg
Iron	1.5 mg
Potassium	310 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

MORE IMAGES

