

636082 - 1/10 LB Pecan Crunch Tilapia Fillets 5-6 oz

FPI IQF Pecan Crunch Tilapia Fillets feature a savory seasoned, pecan crusted breading. This perfectly crispy, slightly nutty outer crust complements the Tilapias mildly sweet, taste, preserving its medium-firm, flaky texture inside. Each fillet bakes from frozen to perfection in minutes, with minimal prep and no unnecessary waste.



MARKETING



PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack
14364	636082	00074638143644	1 x 10#

Brand	Brand Owner	GPC Description
FPI	High Liner Foods Inc.	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
11.0 LBR	10.0 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	Tlx/HL	Shelf Life	Storage Temp From/To
15.8125 INH	7.8125 INH	8.625 INH	0.6166 FTQ	15x5	540 Days	-10 FAH / 0 FAH

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - N
- Soy - C
- Wheat - C
- Sesame - C
- Peanuts - N
- Tree Nuts - C
- Fish - C
- Shellfish - NI

SERVING SUGGESTIONS



Ideal for platters, luncheon specials or as a specialty sandwich. Pairs well with a variety of complimentary sides and sauces.

INGREDIENTS



TILAPIA, BLEACHED WHEAT FLOUR, VEGETABLE OIL (CANOLA OIL AND SOYBEAN OIL), BUTTER (PASTEURIZED CREAM, SALT), PECANS, WATER, CONTAINS 2% OR LESS OF: SALT, TOASTED SESAME OIL, YEAST, CHEDDAR CHEESE (MILK, CULTURES, SALT, ENZYMES), DEXTROSE, SUGAR, SOY LECITHIN, MALTODEXTRIN, ONION POWDER, DEHYDRATED GARLIC, DEHYDRATED ONION, YELLOW CORN FLOUR, UNSALTED BUTTER (PASTEURIZED CREAM, NATURAL FLAVOR), NATURAL FLAVORS, SPICES, CITRIC ACID, EXTRACTIVES OF ANNATTO AND PAPRIKA (COLOR), LACTIC ACID, BETA CAROTENE (COLOR). CONTAINS: FISH (TILAPIA), WHEAT, SOY, MILK, TREE NUTS (PECANS), SESAME

HANDLING SUGGESTIONS



Keep Frozen

PREPARATION & COOKING SUGGESTIONS



COOKING INSTRUCTIONS FROM FROZEN: TO BAKE: Place frozen fillets on a lightly oiled baking pan. CONVECTION OVEN: Preheat oven to 400°F and bake for 18-20 minutes. CONVENTIONAL OVEN: Preheat oven to 425°F and bake for 25-28 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUM.

MORE INFORMATION



Nutrition Facts

29 Servings per container

Serving Size

About 1 Fillet

Amount Per Serving

Calories

450

% Daily Value*

Total Fat 35 g **44%**

Saturated Fat 8 g **42%**

Trans Fat 0 g

Cholesterol 60 mg **20%**

Sodium 550 mg **24%**

Total Carbohydrates 15 g **5%**

Dietary Fiber 1 g **3%**

Total Sugars 1 g

Includes 0 g Added Sugars **0%**

Protein 20 g

Vitamin D 2.7 mcg 15%

Calcium 0 mg 0%

Iron 1.5 mg 8%

Potassium 310 mg 6%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

636082 - 1/10 LB Pecan Crunch Tilapia Fillets 5-6 oz

FPI IQF Pecan Crunch Tilapia Fillets feature a savory seasoned, pecan crusted breading. This perfectly crispy, slightly nutty outer crust complements the Tilapia's mildly sweet taste, preserving its medium-firm, flaky texture inside. Each fillet bakes from frozen to perfection in minutes, with minimal prep and no unnecessary waste.



HIGH LINER
FOODSERVICE™

NUTRITIONAL ANALYSIS



Calories	450
Protein	20 g
Total Carbohydrates	15 g
Sugars	1 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	35 g
Trans Fat	0 g
Saturated Fat	8 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	60 mg
Vitamin D	2.7 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	550 mg
Calcium	0 mg
Iron	1.5 mg
Potassium	310 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



MORE IMAGES

