

BERNARD

# 122049 - MIX, CAKE YELLOW, SUGAR FREE, CHOL FREE, LOW FAT

Low-fat and cholesterol-free. Newly formulated for a sweeter taste without the sugar. We offer 9 flavors of sugar-free dietary cake mixes. Easy to prepare - nothing to add but water. Suitable for people on modified diets, including lowered calories and low-fat diets.



## MARKETING



## PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack
539181	122049	10073347506938	6/16 ounce

Brand	Brand Owner	GPC Description
BERNARD	Bernard Food Industries Inc	Baking/Cooking Mixes (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
6.5 LBR	6 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
12.5 INH	8.5 INH	5.25 INH	0.32281 FTQ	14x7	365 Days	40 FAH / 80 FAH

## HANDLING SUGGESTIONS



Store Dry at Room Temperature

## SERVING SUGGESTIONS



Great with Calorie Control Icing or Whipped Topping. For a special treat, try Calorie Control Mousse as a topping and/or filling

## PREPARATION & COOKING SUGGESTIONS



add 1 1/4 cups cool water to contents of pouch in mixing bowl/beat approx. 3 minutes, med. speed/pour batter into prepared pans/bake 25 min at 375

# Nutrition Facts

72 Servings per container

Serving Size

2 oz

Amount Per Serving

Calories

140

% Daily Value\*

Total Fat 3 g

5%

Saturated Fat 1.5 g

7%

Trans Fat 0 g

Cholesterol 0 mg

0%

Sodium 200 mg

8%

Total Carbohydrates 28 g

9%

Dietary Fiber 1 g

4%

Total Sugars 0 g

Includes Added Sugars

%

Protein 2 g

Vitamin D

%

Calcium 20 mg

3%

Iron 1.1 mg

6%

Potassium

%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## INGREDIENTS



ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SORBITOL, MALTODEXTRIN, SHORTENING POWDER (PALM OIL, CORN SYRUP SOLIDS, SODIUM CASEINATE, DIPOTASSIUM PHOSPHATE, MONOGLYCERIDES, SODIUM SILICOALUMINATE), DRIED EGG WHITE WITH SODIUM LAURYL SULFATE, POWDERED CELLULOSE, EMULSIFIER (PROPYLENE GLYCOL MONO AND DIESTERS OF FATS AND FATTY ACIDS, MONO AND DIGLYCERIDES, NONFAT MILK, PALM OIL AND DISODIUM PHOSPHATE), SODIUM BICARBONATE, MODIFIED CORN STARCH, SODIUM ALUMINUM PHOSPHATE, LECITHIN POWDER (SOY LECITHIN, NONFAT MILK, MALTODEXTRIN), MONOCALCIUM PHOSPHATE, GUAR GUM, XANTHAN GUM, ARTIFICIAL FLAVOR, ACESULFAME POTASSIUM, YELLOW #5 AND #6. Contains MILK, EGG, WHEAT, SOY

## ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

Milk - C

Peanuts - N

Eggs - C

Tree - N

Soybean - C

Fish - N

Wheat - C

Shellfish - N

Sesame - N

Crustaceans - N

AU - N

Cereals - N

Mustard - N

Corn - N

Coconuts - N

Pecan Nuts - N

Walnuts - N

Molluscs - N

## MORE INFORMATION



E-mail : Email: [bernardfoods@bernardfoods.com](mailto:bernardfoods@bernardfoods.com) Call 800-323-3663



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**NUTRITIONAL ANALYSIS**

Calories	140
Protein	2 g
Total Carbohydrates	28 g
Sugars	0 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	0 mg
Magnesium	
Monosodium	

Total Fat	3 g
Trans Fat	0 g
Saturated Fat	1.5 g
Added Sugars	
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	200 mg
Calcium	20 mg
Iron	1.1 mg
Potassium	
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

**NUTRITIONAL CLAIMS**