Soft white sub roll approx. 8in in length. Proof-and-bake format.

					Soft white		x. 8in in length.	Nutrition Fact	ts	
					Proof-and-bake format.			72.0 Servings per container Serving Size 1 SUB ROI	_L (96 G)	
								Amount Per Serving Calories	250	
								%	Daily Value*	
								Total Fat 2 g	3%	
								Saturated Fat 0.5 g	3%	
								Trans Fat 0 g		
	PECIFICATIO	ONS					Q	Cholesterol 0 mg	0%	
Code				N Calculated Pack			Sodium 520 mg	23%		
	DISI		e					Total Carbohydrates 48 g		
03148	8 922244 00049800031487			2/4 oz	Dietary Fiber 2 g					
Brand			Brand Owner			GPC De	escription	Total Sugars 1 g Includes 1 g Added Sugars		
RICH'S		RICH PR	ODUCTS CORPOR	RATION		Bread	(Frozen)			
								Protein 10 g		
Gross Weig	ght Net W	eight Ca	ase/Catch Weig	iht Cou	untry Of Origin	n Kosher	Child Nutrition	Protein 10 g		
Gross Weig	-		No		untry Of Origii United States	N Kosher Yes	Child Nutrition	Protein 10 g	0%	
	-		No		, ,				0%	
	-		No		, ,	Yes		Vitamin D 0 mcg		
19.08 LBR	18.0	LBR	No	ipping	United States	Yes Storage	No	Vitamin D 0 mcg Calcium 20 mg	2%	
19.08 LBR	Width	LBR Height	No Sh Volume	ipping TIxHI 10x10	United States Shelf Life 180 Days	Yes Storage	No Temp From/To	Vitamin D 0 mcg Calcium 20 mg Iron 3.2 mg Potassium 110 mg * The % Daily Values (DV) tells you how much a nutrient in a :	2% 20% 2% serving of food	
19.08 LBR	Width 11.563 INH	LBR Height	No Sh Volume 0.7671 FTQ Traceabili	ipping TIxHI 10x10	United States Shelf Life 180 Days ation	Yes Storage - -10.0 F	No Temp From/To	Vitamin D 0 mcg Calcium 20 mg Iron 3.2 mg Potassium 110 mg	2% 20% 2% serving of food	

HANDLING SUGGESTIONS

Keep Frozen

ALLERGENS

 $\begin{array}{l} C = 'Contains' \; ; \; MC = 'May \; Contain' \; ; \; M = 'Free \; From' \; ; \; UN = 'Undeclared' \; ; \\ 30 = 'Free \; From \; Not \; Tested'; \; 50 = 'Derived \; from \; Ingredients' ; \; 60 = 'Not \\ Derived \; From \; Ingredients' ; \; NI = 'No \; Info' \end{array}$

Milk - MC	🕥 Peanuts - 30
D Eggs - MC	()) Tree - 30
🛞 Soybean - MC	6 Fish - 30
🛞 Wheat - C	Dellfish - 30
Sesame - 30	(!) Crustaceans - 30
(!) AU - C	(!) Cereals - C
(!) Mustard - 30	(!) Molluscs - 30

INGREDIENTS

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ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, IRON AS FERROUS SULFATE, THIAMINE MONONITRATE, ENZYME, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, CONTAINS LESS THAN 2% OF THE FOLLOWING: WHEAT GLUTEN, SALT, HIGH FRUCTOSE CORN SYRUP, SOYBEAN OIL, SODIUM STEAROYL LACTYLATE, DATEM, ASCORBIC ACID, ENZYMES.

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RICH'S 922244 - SUBMARINE ROLL DOUGH

Soft white sub roll approx. 8in in length. Proof-and-bake format.

PREPARATION & COOKING SUGGESTIONS

1. PLACE DESIRED AMOUNT OF SUB ROLLS ON PAPER LINED SHEET PAN. 2. DEFROST OVERNIGHT. 3. REMOVE FROM RETARDER AND CAREFULLY STRETCH EACH ROLL IF SO DESIRED. 4. PLACE ON PAPER LINED SHEET PAN 2 X 4 OR 2 X 5. 5. PLACE IN PROOF BOX (85% HUMIDITY, 90 F) UNTIL ROLLS DOUBLE IN SIZE. 6. EGG WASH IF DESIRED. 7. BAKE AT 400 F FOR 15 - 20 MINUTES OR UNTIL GOLDEN BROWN.

SERVING SUGGESTIONS

Limited only by your imagination

MORE INFORMATION

Telephone : Call 1-800-356-7094 or email helpline@rich.com

NUTRITIONAL ANALYSIS

Calories	219.164	Total Fat	1.85 g	Sodium	459.455 mg
Protein	8.57 g	Trans Fat	0.013 g	Calcium	14.565 mg
Total Carbohydrates	42.344 g	Saturated Fat	0.532 g	Iron	2.838 mg
Sugars	0.987 g	Added Sugars	0.528 g	Potassium	94.442 mg
Dietary Fiber	1.667 g	Polyunsaturated Fat	0.723 g	Zinc	
Lactose		Monounsaturated Fat	0.243 g	Phosphorus	
Sucrose		Cholesterol	0.001 mg		
Vitamin A (IU)	0.454 0.454 iu	Vitamin D	0 mcg	Thiamin	0.435 mg
Vitamin A (RE)	0.454	Vitamin E		Niacin	3.381 mg
Vitamin C	0 mg	Folate		Riboflavin	0.268 mg
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS

KOSHER

YES

MORE IMAGES





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