

922244 - SUBMARINE ROLL DOUGH

Soft white sub roll approx. 8in in length. Proof-and-bake format.



MARKETING

Soft white sub roll approx. 8in in length. Proof-and-bake format.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
03148	922244	00049800031487	72/4 oz

Brand	Brand Owner	GPC Description
RICH'S	RICH PRODUCTS CORPORATION	Bread (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
19.08 LBR	18.0 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.813 INH	11.563 INH	7.25 INH	0.7671 FTQ	10x10	180 Days	-10.0 FAH / 0.0 FAH

HANDLING SUGGESTIONS

Keep Frozen

SERVING SUGGESTIONS

Limited only by your imagination

Nutrition Facts

72.0 Servings per container

Serving Size 1 SUB ROLL (96 G)

Amount Per Serving

Calories 250

% Daily Value*

Total Fat 2 g	3%
Saturated Fat 0.5 g	3%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 520 mg	23%
Total Carbohydrates 48 g	17%
Dietary Fiber 2 g	7%
Total Sugars 1 g	
Includes 1 g Added Sugars	1%
Protein 10 g	
Vitamin D 0 mcg	0%
Calcium 20 mg	2%
Iron 3.2 mg	20%
Potassium 110 mg	2%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS

ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, IRON AS FERROUS SULFATE, THIAMINE MONONITRATE, ENZYME, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, CONTAINS LESS THAN 2% OF THE FOLLOWING: WHEAT GLUTEN, SALT, HIGH FRUCTOSE CORN SYRUP, SOYBEAN OIL, SODIUM STEAROYL LACTYLATE, DATEM, ASCORBIC ACID, ENZYMES.

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived from Ingredients'; NI = 'No Info'

- Milk - MC
- Eggs - MC
- Soybean - MC
- Wheat - C
- Sesame - 30
- AU - C
- Mustard - 30
- Peanuts - 30
- Tree - 30
- Fish - 30
- Shellfish - 30
- Crustaceans - 30
- Cereals - C
- Molluscs - 30

PREPARATION & COOKING SUGGESTIONS

1. PLACE DESIRED AMOUNT OF SUB ROLLS ON PAPER LINED SHEET PAN.
2. DEFROST OVERNIGHT.
3. REMOVE FROM RETARDER AND CAREFULLY STRETCH EACH ROLL IF SO DESIRED.
4. PLACE ON PAPER LINED SHEET PAN 2 X 4 OR 2 X 5.
5. PLACE IN PROOF BOX (85% HUMIDITY, 90 F) UNTIL ROLLS DOUBLE IN SIZE.
6. EGG WASH IF DESIRED.
7. BAKE AT 400 F FOR 15 - 20 MINUTES OR UNTIL GOLDEN BROWN.

MORE INFORMATION

Telephone : Call 1-800-356-7094 or email helpline@rich.com

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NUTRITIONAL ANALYSIS



Calories	219.164
Protein	8.57 g
Total Carbohydrates	42.344 g
Sugars	0.987 g
Dietary Fiber	1.667 g
Lactose	
Sucrose	
Vitamin A (IU)	0.454 0.454 iu
Vitamin A (RE)	0.454
Vitamin C	0 mg
Magnesium	
Monosodium	

Total Fat	1.85 g
Trans Fat	0.013 g
Saturated Fat	0.532 g
Added Sugars	0.528 g
Polyunsaturated Fat	0.723 g
Monounsaturated Fat	0.243 g
Cholesterol	0.001 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	459.455 mg
Calcium	14.565 mg
Iron	2.838 mg
Potassium	94.442 mg
Zinc	
Phosphorus	
Thiamin	0.435 mg
Niacin	3.381 mg
Riboflavin	0.268 mg
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



KOSHER	YES
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MORE IMAGES

