203488 - CEREAL, CORN FLAKES BOWL PACK

Whole Gain goodness



MARKETING



Nutrition Facts

96 Servings per container **Serving Size**

Calories	80
	% Daily Value*

fotal Fat 0 g	0%	
Saturated Fat 0 g	0%	
Trans Fat 0 g		

Cholesterol 0 mg	0%
Sodium 150 mg	7%
Total Carbohydrates 18 g	7%

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Dietary Fiber 1 g	2%
Total Sugars 1 g	

Includes 1 g Added	Sugars
Protein 1 g	

Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 3.6 mg	20%
Potassium 0 mg	006

The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack	
00615 203488		10042400006159	96 x .75 OZ	

Brand	Brand Owner	GPC Description
Malt-O-Meal	Post Consumer Brands	Cereals Products - Ready to Eat (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
7.17 LBR	4.5 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
16.56 INH	13 INH	14.375 INH	1.7909 FTQ	9x3	365 Days	32 FAH / 95 FAH

HANDLING SUGGESTIONS



SERVING SUGGESTIONS



PREPARATION & COOKING SUGGESTIONS



1%

1 bowl

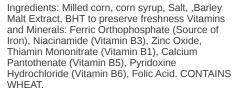
Add milk

Dry



serve with fruit and/or milk

INGREDIENTS



ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

(ii) Milk - N

(5) Peanuts - N

(Eggs - N



(🗞) Soybean - C (🕸) Wheat - C



(%) Sesame - N



MORE INFORMATION



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NUTRITIONAL ANALYSIS



Calories	80
Protein	1 g
Total Carbohydrates	18 g
Sugars	1 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	0 g
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	1 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	150 mg
Calcium	0 mg
Iron	3.6 mg
Potassium	0 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

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TRANS_FAT	FREE_FROM
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KOSHER	YES	
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