#### 203488 - CEREAL, CORN FLAKES BOWL PACK

Whole Gain goodness



1 bowl

20%

0%



#### MARKETING

#### PRODUCT SPECIFICATIONS

Code Dist Prod Code		GTIN	Calculated Pack	
00615	203488	10042400006159	96 x .75 OZ	

Brand	Brand Owner	GPC Description	
Malt-O-Meal Post Consumer Brands		Cereals Products - Ready to Eat (Shelf Stable)	

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
7.17 LBR	4.5 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
16.56 INH	13 INH	14.375 INH	1.7909 FTQ	9x3	365 Days	32 FAH / 95 FAH

# **Nutrition Facts**

96 Servings per container

**Serving Size** 

Calories	80
C	% Daily Value*
Total Fat 0 g	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 150 mg	7%
Total Carbohydrates 18 g	7%
Dietary Fiber 1 g	2%
Total Sugars 1 g	
Includes 1 g Added Sugars	1%
Protein 1 g	
Vitamin D 0 mcg	0%
Calcium 0 mg	0%

The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition

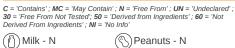
#### **ALLERGENS**



#### SERVING SUGGESTIONS



serve with fruit and/or milk



(S) Peanuts - N



(1) Tree Nuts - N

(M) Shellfish - N



Dry

Fish - N

(👸) Wheat - C Sesame - N





### **INGREDIENTS**

Iron 3.6 ma

Potassium 0 mg

Ingredients: Milled corn, corn syrup, Salt, ,Barley Malt Extract, BHT to preserve freshness Vitamins and Minerals: Ferric Orthophosphate (Source of Iron), Niacinamide (Vitamin B3), Zinc Oxide, Thiamin Mononitrate (Vitamin B1), Calcium Pantothenate (Vitamin B5), Pyridoxine Hydrochloride (Vitamin B6), Folic Acid. CONTAINS WHEAT.

#### HANDLING SUGGESTIONS



PREPARATION & COOKING SUGGESTIONS

Add milk

#### MORE INFORMATION



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NUTRITIONAL ANALYSIS

Calories	80
Protein	1 g
Total Carbohydrates	18 g
Sugars	1 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	0 g
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	1 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	150 mg
Calcium	0 mg
Iron	3.6 mg
Potassium	0 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

**NUTRITIONAL CLAIMS** 

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