

203488 - CEREAL, CORN FLAKES BOWL PACK

Whole Gain goodness



MARKETING



Nutrition Facts

96 Servings per container	
Serving Size	1 bowl
Amount Per Serving	
Calories	80
% Daily Value*	
Total Fat	0 g0%
Saturated Fat	0 g0%
Trans Fat	0 g
Cholesterol	0 mg0%
Sodium	150 mg7%
Total Carbohydrates	18 g7%
Dietary Fiber	1 g2%
Total Sugars	1 g
Includes 1 g Added Sugars	1%
Protein	1 g

Vitamin D	0 mcg0%
Calcium	0 mg0%
Iron	3.6 mg20%
Potassium	0 mg0%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS



Code	Dist Prod Code		GTIN		Calculated Pack	
00615	203488		10042400006159		96 x .75 OZ	
Brand	Brand Owner		GPC Description			
Malt-O-Meal	Post Consumer Brands		Cereals Products - Ready to Eat (Shelf Stable)			
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
7.17 LBR	4.5 LBR	No	United States	Yes	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.56 INH	13 INH	14.375 INH	1.7909 FTQ	9x3	365 Days	32 FAH / 95 FAH
Traceability Regulation						
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant		Regulation Restrictions and Descriptors	
N/A		N/A	N/A		N/A	

HANDLING SUGGESTIONS



Dry

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Peanuts - N
- Eggs - N
- Tree - N
- Soybean - C
- Fish - N
- Wheat - C
- Shellfish - N
- Sesame - N
- Crustaceans - N

INGREDIENTS



Ingredients: Milled corn, corn syrup, Salt, ,Barley Malt Extract, BHT to preserve freshness Vitamins and Minerals: Ferric Orthophosphate (Source of Iron), Niacinamide (Vitamin B3), Zinc Oxide, Thiamin Mononitrate (Vitamin B1), Calcium Pantothenate (Vitamin B5), Pyridoxine Hydrochloride (Vitamin B6), Folic Acid. CONTAINS WHEAT.

PREPARATION & COOKING SUGGESTIONS

Add milk

SERVING SUGGESTIONS

serve with fruit and/or milk

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	80	Total Fat	0 g	Sodium	150 mg
Protein	1 g	Trans Fat	0 g	Calcium	0 mg
Total Carbohydrates	18 g	Saturated Fat	0 g	Iron	3.6 mg
Sugars	1 g	Added Sugars	1 g	Potassium	0 mg
Dietary Fiber	1 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A (IU)		Vitamin D	0 mcg	Thiamin	
Vitamin A (RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS

TRANS_FAT	FREE_FROM	KOSHER	YES
-----------	-----------	--------	-----