### 672619 - Savor Imports Peruvian White Quinoa 25 Pounds - 1 Pe...

Quinoa is a popular and versatile grain and can be served hot or cold, and in a variety of main or side dishes. Quinoa is a good source of protein, iron, and fiber. Quinoa is naturally gluten free.





#### MARKETING



# **Nutrition Facts**

252 Servings per container

Serving Size 1 /4 cup (45g)

Amount Per Serving

180

Calories	180
	% Daily Value*
Total Fat 3	4%
Saturated Fat 0.5 g	2%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 0 mg	0%
Total Carbohydrates 30 g	11%
Dietary Fiber 3 g	11%
Total Sugars 3 g	
Includes 0 g Added Sugars	0%
<b>Protein</b> 6 g	
Vitamin D 0 mcg	0%
Calcium 19 mg	2%
Iron 1.5 mg	8%
Potassium 243 mg	6%

Potassium 243 mg 69

\*The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition

# PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack	
600221	672619	10684476042350	1 x 25#	

Brand	Brand Owner	GPC Description
SAVOR IMPORTS	Dot Foods Inc.	Grains/Cereal - Not Ready to Eat - (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
25.5 LBR	25 LBR	No	Peru	Yes	No

				Shipping	I	
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
23 INH	14 INH	4.2 INH	0.7826 FTQ	8x10	730 Days	40 FAH / 99 FAH

#### ALLERGENS



SERVING SUGGESTIONS

1 /4 cup (45g)





C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

Store in a cool, dry place. Reseal bag for freshness

Milk - N

Peanuts - N

(n) Eggs - N

((i)) Tree Nuts - N

Soy - N

Fish - N

(👸) Wheat - N

Shellfish - NI

Sesame - NI

## INGREDIENTS

advice.

100% organic cold pressed Coconut oil, following Codex Standard for Named Vegetable Oils, AOCS. The oil is obtained from kernel of Cocos Nucifera.

#### HANDLING SUGGESTIONS



PREPARATION & COOKING SUGGESTIONS

EPARATION & COOKING SUGGESTIONS

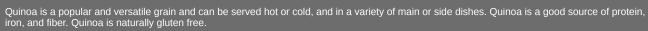
One part quinoa, two parts of water and a pinch of salt and desired spices. Bring to a boil and cook for 15 mins over low heat. Remove and fluff with a fork.

#### MORE INFORMATION



### SAVOR IMPORTS

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NUTRITIONAL ANALYSIS

Calories	180
Protein	6 g
Total Carbohydrates	30 g
Sugars	3 g
Dietary Fiber	3 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	3
Trans Fat	0 g
Saturated Fat	0.5 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	0 mg
Calcium	19 mg
Iron	1.5 mg
Potassium	243 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

**NUTRITIONAL CLAIMS** 

KOSHER	YES
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