

# 762830 - 5-Way Mixed Vegetables 12/2.5#

Our line of frozen foods combine the finest ingredients, picked at the peak of freshness and packaged to seal in optimum flavor. And with an impressive variety that includes individual vegetable choices as well as expertly crafted blends and medleys, you're sure to find everything you need in one, convenient location. We even offer a line of gluten-free and trans-fat-free optio...



## MARKETING



## PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack
2880029666	762830	40028800296667	12 x 2.5#

Brand	Brand Owner	GPC Description
Hanover	Hanover Foods Corp	Vegetables - Unprepared/Unprocessed (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
31.5 LBR	30 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.9375 INH	9.9375 INH	11.125 INH	1761.9652 INQ	12x4	730 Days	0 FAH / 33 FAH

## HANDLING SUGGESTIONS



Keep Frozen

## SERVING SUGGESTIONS



85 g 2/3 Cup

## PREPARATION & COOKING SUGGESTIONS



Steam

# Nutrition Facts

156 Servings per container

**Serving Size** **2/3 Cup**

**Amount Per Serving** **50**  
**Calories**

% Daily Value\*

**Total Fat** 0 **0%**

Saturated Fat 0 g **0%**

Trans Fat 0 g

**Cholesterol** 0 mg **0%**

**Sodium** 35 mg **2%**

**Total Carbohydrates** 10 g **4%**

Dietary Fiber 3 g **11%**

Total Sugars 3 g

Includes 0 g Added Sugars **0%**

**Protein** 2 g

Vitamin D 0 mcg 0%

Calcium 30 mg 2%

Iron 0.8 mg 4%

Potassium 190 mg 4%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## INGREDIENTS



Carrots, Green Beans, Peas, Corn, Baby Lima Beans.

## ALLERGENS



*C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'*

- |              |                  |
|--------------|------------------|
| Milk - 30    | Peanuts - 30     |
| Eggs - 30    | Tree - 30        |
| Soybean - 30 | Fish - 30        |
| Wheat - 30   | Shellfish - NI   |
| Sesame - 30  | Crustaceans - 30 |
| Mustard - 30 | Molluscs - 30    |

## MORE INFORMATION



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### NUTRITIONAL ANALYSIS



Calories	50
Protein	2 g
Total Carbohydrates	10 g
Sugars	3 g
Dietary Fiber	3 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	0
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	35 mg
Calcium	30 mg
Iron	0.8 mg
Potassium	190 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

### NUTRITIONAL CLAIMS



FAT	FREE_FROM
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VEGAN	YES
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KOSHER	YES
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