



High Liner Foodservice, 4.54 kg / 10 lb, Battered Haddock Fillets, approx. 113 g / 4 oz

High Liner Battered Haddock Fillets are a customer favourite and excellent menu staple. They feature a light, flaky batter with deliciously authentic homestyle appearance, flavour and crispy crunch patrons crave. Whether deep-fried or baked, each premium wild caught fillet easily cooks to golden crispy perfection, sealing the slightly sweet mouthwatering white fish inside. These simple-to-prepare fillets deliver the appetite pleasing plate coverage and presentation you demand, plate after crispy-delicious plate.

Product Last Saved Date: 06 May 2026



HIGH LINER
FOODSERVICE™

Nutrition Facts

Servings per container

Serving Size Per 1 fillet (113 g)

Amount Per Serving

Calories **240**

% Daily Value*

Total Fat 14 g **19%**

Saturated Fat 1.5 g **8%**

Trans Fat 0 g

Cholesterol 30 mg **%**

Sodium 490 mg **21%**

Total Carbohydrates 18 g **%**

Dietary Fiber 0 g **0%**

Total Sugars 0 g

Includes Added Sugars **%**

Protein 10 g

Vitamin D **%**

Calcium 20 mg **2%**

Iron 1.25 mg **7%**

Potassium 175 mg **5%**

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications :

Code	GTIN	Type Of Catch
1086119	00059111861192	

Brand	GPC Description
High Liner Foodservice	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
4.907 KGM			Undeclared	

Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
38.1 CMT	24.13 CMT	17.78 CMT	0.016 MTQ	13x10	540 Days	

Ingredients :

Haddock, Water, Canola oil, Flour (wheat, corn), Toasted wheat crumbs, Modified corn starch, Wheat starch, Sugars (maltodextrin, dextrin, dextrose), Salt, Soy protein, Modified palm oil, Baking powder, Flavour, Sodium phosphate (to retain moisture), Modified cellulose, Seasonings (yeast extract, spices), Guar flour, Annatto, Turmeric. Contains: Haddock (fish), Wheat, Soy, Milk.

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided' INII='Intentionally nor Inherently Included'):

Eggs - NI	Milk - NI	Soy - NI
Fish - NI	Wheat - NI	TreeNuts - NI
Peanuts - NI	Crustacean - NI	Sesame - NI

Prep & Cooking Suggestions:

KEEP FROZEN UNTIL USED. DO NOT REFREEZE IF THAWED. DEEP FRY: Immerse frozen fillets in preheated 350°F (180°C) oil for about 6-7 min or until golden brown. Do not overload fryer. OVEN: Place a single layer of frozen fish fillets on a greased baking pan in a preheated 425°F (220°C) oven for about 18-20 min. Flip halfway. FORCED AIR CONVECTION OVEN: Place a single layer of frozen fish fillets on a greased baking pan in preheated 400°F (200°C) oven for about 11-12 min. NOTE: Since appliances vary, these instructions are guidelines only. Cook to a minimum internal temperature of 158°F (70°C).

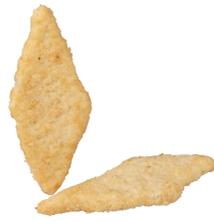
Serving Suggestions:

These scrumptious Battered Haddock Fillets are excellent for cost-effective Fish and Chip plates, as well as on buffets. They're also ideal for a variety of institutional applications.

Species / Scientific Name:

Claims & Child Nutrition:

BAP Certified:
MSC Certified: Yes
Has CN Statement: No
CN Statement:



Information subject to change without notice at the discretion of High Liner Foods (USA)
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