

201002 - Falafel Vegan

A classic combination of chickpeas, onion, garlic, herbs & spices hand rolled into a .9 oz fritter.



MARKETING

A classic combination of chickpeas, onion, garlic, herbs & spices hand rolled into a .9 oz fritter. Deep fry from frozen in 350°F oil for 3-4 minutes. Internal temperature must reach 165°F as measured by a food thermometer.

Nutrition Facts

50 Servings per container

Serving Size **4.0 PC**

Amount Per Serving
Calories **110**

% Daily Value*

Total Fat 1 g **2%**

Saturated Fat 0 g **0%**

Trans Fat 0 g

Cholesterol 0 mg **0%**

Sodium 640 mg **26%**

Total Carbohydrates 21 g **7%**

Dietary Fiber 4 g **16%**

Total Sugars 0 g

Includes 0 g Added Sugars **0%**

Protein 4 g

Vitamin D 0 mcg 0%

Calcium 37 mg 4%

Iron 2 mg 10%

Potassium 169 mg 6%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	GTIN	Pack Description				
901002	00813945024112	200/0.90 OZ				
Brand	Brand Owner	GPC Description				
Van Lang	Van Lang Foods	Vegetable Based Products / Meals - Not Ready to Eat (Frozen)				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
12.2 LBR	11.2 LBR	No	United States	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
14 INH	9.5 INH	8.625 INH	0.66 FTQ	13x10	237 Days	-5 FAH / -2.5 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

HANDLING SUGGESTIONS

Keep frozen in -20°F until ready to cook.....

ALLERGENS

C = 'Contains'; **MC** = 'May Contain'; **N** = 'Free From'; **UN** = 'Undeclared'; **NI** = 'Intentionally nor Inherently Included'; **50** = 'Derived from Ingredients'; **60** = 'Not Derived From Ingredients'; **NI** = 'No Info'

- Milk - MC
- Eggs - MC
- Soybean - C
- Wheat - C
- Sesame - MC
- Molluscs - MC
- Peanuts - MC
- Tree - MC
- Fish - MC
- Shellfish - MC
- Crustaceans - MC

INGREDIENTS

Garbanzo Beans, Onions, Flour (bleached wheat flour, malted barley flour, potassium bromate. Contains: wheat), Parsley, Garlic, Salt, Lime Juice, Cumin, Coriander, Soybean Oil. CONTAINS: WHEAT, SOY.

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PREPARATION & COOKING SUGGESTIONS

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SERVING SUGGESTIONS

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MORE INFORMATION