

# High Liner Foodservice Signature, 4.54 kg / 10 lb, Individually Quick Frozen, Haddock Portions, Restaurant Cut, approx 113 g / 4 oz

High Liner Foodservice Signature Individually Quick Frozen, Restaurant Cut, Haddock Portions, is low in fat, and low in saturated fat. Haddock has no trans fat and is an excellent source of protein. These bias cut portions allow for better plate coverage and perfect for center of plate selections.

Product Last Saved Date: 04 June 2025



FOODSERVICE™

# **Nutrition Facts**

Servings per container

Serving Size Per about 1 portion (113 g)

Amount	Per	Serv	/ing
Cal	۸r	io	6

Calories	80
	% Daily Value*
Total Fat 0.5 g	1%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 60 mg	%
Sodium 240 mg	10%
Total Carbohydrates 0 g	%
Dietary Fiber 0 g	0%
Total Sugars 0 g	
Includes Added Sugars	%
Protein 18 g	
Vitamin D	%
Calcium 10 mg	1%
Iron 0.2 mg	1%
Potassium 300 mg	6%

Product Specifications :					
Code		GTIN	Type Of Catch		
1	1124	10061763011242			

Brand	GPC Description	
High Liner Foodservice Signature	Fish - Unprepared/Unprocessed (Frozen)	

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
4.989 KGM			Undeclared	No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
37.8 CMT	32 CMT	11.5 CMT	0.0139 MTQ	9x16	540 Days	

# Ingredients:

Haddock. Contains: Haddock (fish).

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):				
Eggs - NI	Milk - NI	Soy - NI		
Fish - NI	Wheat - NI	TreeNuts - NI		
Peanuts - NI	Crustacean - NI	Sesame - NI		

#### Prep & Cooking Suggestions:

KEEP FROZEN UNTIL USED. DO NOT REFREEZE IF THAWED. FOR BEST RESULTS cook from frozen. Cook until a minimum internal temperature of 158°F (70°C) is reached. TO THAW place in refrigerator overnight. DO NOT THAW in warm water or at room temperature.

#### Serving Suggestions:

Can be used in many different dishes including tacos, chowder and battered fish and chips.

## Species / Scientific Name:

## Claims & Child Nutrition:

BAP Certified:

MSC Certified: Has CN Statement: No

CN Statement:









Information subject to change without notice at the discretion of High Liner Foods (USA) http://www.highlinerfoods.com Page 1 of 1

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