



1/10 LB Pier 17 Butter Crumb Lemon Pepper Alaska Pollock Portions 4 oz, MSC

High Liner Foodservice Pier 17 Butter Crumb Lemon Pepper Alaska Pollock Portions feature premium wild caught Alaska Pollock lightly breaded with a lemon pepper-inspired traditional butter crumb. The breading adds a rich crispness, sealing in the Pollock's natural flavor and texture perfectly, and an extra lemon pepper kick patrons will adore. With minimal prep, each ready-to-bake fillet easily cooks from frozen to golden perfection in no time with truly unique plate coverage and appeal. This Pollock will definitely raise the menu bar.

Product Last Saved Date: 09 December 2024



Nutrition Facts

40 Servings per container

Serving Size 1 Portion (112g)

Amount Per Serving

Calories 240

% Daily Value*

Total Fat 16 g **21%**

Saturated Fat 3.5 g **17%**

Trans Fat 0 g

Cholesterol 45 mg **14%**

Sodium 430 mg **19%**

Total Carbohydrates 12 g **4%**

Dietary Fiber 0 g **0%**

Total Sugars 0 g

Includes 0 g Added Sugars **0%**

Protein 11 g

Vitamin D 0 mcg **0%**

Calcium 0 mg **0%**

Iron 0.4 mg **2%**

Potassium 160 mg **4%**

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications :

Code	GTIN	Type Of Catch
06834	00074638068343	WILD

Brand	GPC Description
High Liner Foodservice	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
11 LBR	10 LBR	N/A	Undeclared	No

Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.8125 INH	7.8125 INH	8.625 INH	0.6166 FTQ	15x5	540 Days	-10 FAH / 0 FAH

Ingredients :

ALASKA POLLOCK, BLEACHED WHEAT FLOUR, SOYBEAN OIL, BUTTER (PASTEURIZED CREAM, SALT), CONTAINS 2% OR LESS OF: SALT, DEHYDRATED ONION, WHEY, DEHYDRATED GARLIC, DEXTROSE, LEMON PEEL, SPICES, CITRIC ACID, YEAST, NATURAL FLAVOR, MALTODEXTRIN, SUGAR, BETA CAROTENE (COLOR), TURMERIC EXTRACT (COLOR). CONTAINS: FISH (POLLOCK), WHEAT, MILK

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):

Eggs - N	Milk - C	Soy - N
Fish - C	Wheat - C	TreeNuts - N
Peanuts - N	Crustacean - N	Sesame - NI

Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: TO BAKE: Place frozen portions on a lightly oiled baking pan. CONVECTION OVEN: Preheat oven to 400°F and bake for 12-14 minutes.

CONVENTIONAL OVEN: Preheat oven to 450°F and bake for 14-16 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUM.

Species / Scientific Name:

Alaska Pollock - Gadus chalcogrammus

Serving Suggestions:

This Butter Crumb Lemon Pepper Pollock is a natural center of the plate star. It also elevates fish sandwiches, adds depth to fresh salads, and pairs well with a variety of sides and sauces.

Claims & Child Nutrition:

BAP Certified:

MSC Certified: Yes

Has CN Statement: No

CN Statement:

