

## 10 Lb (4.54 kg) Pier 17 Butter Crumb Lemon Pepper Alaska Pollock Portions 4 oz, MSC

High Liner Foodservice Pier 17 Butter Crumb Lemon Pepper Alaska Pollock Portions feature premium wild caught Alaska Pollock lightly breaded with a lemon pepper-inspired traditional butter crumb. The breading adds a rich crispness, sealing in the Pollock's natural flavor and texture perfectly, and an extra lemon pepper kick patrons will adore. With minimal prep, each ready-to-bake fillet easily cooks from frozen to golden perfection in no time with truly unique plate coverage and appeal. This Pollock will definitely raise the menu bar.

Product Last Saved Date: 30 June 2025



HIGH LINER

Nutrition	Facts
40 Servings per contai	ner
Serving Size	1 Portion (112g)
Amount Per Serving Calories	240
	% Daily Value*
Total Fat 16 g	21%
Saturated Fat 3.5 g	17%
Trans Fat 0 g	
Cholesterol 45 mg	14%
Sodium 430 mg	19%
Total Carbohydrates 12 g	4%
Dietary Fiber 0 g	0%
Total Sugars 0 g	
Includes 0 g Added S	Sugars 0%
<b>Protein</b> 11 g	
Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 0.4 mg	2%
Potassium 160 mg	4%
* The % Daily Values (DV) tells you how food contributes to a daily diet. 2,000 c nutrition advice.	

# Product Specifications :

Code	GTI	Type Of Catch			
06834	000746380	WILD			
Brand		GPC Description			
High Liner Foodservice		Fish - Prepared/Processed (Frozen)			
Gross Weight	Net Weight	Country of C	Drigin	Kosher	Gluten Free
11 LBR	10 LBR	N/A		Undeclared	No

	Shipping Information					
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
15.8125 INH	7.8125 INH	8.625 INH	0.6166 FTQ	15x5	540 Days	-10 FAH / 0 FAH

#### Ingredients :

ALASKA POLLOCK, BLEACHED WHEAT FLOUR, SOYBEAN OIL, BUTTER (PASTEURIZED CREAM, SALT), CONTAINS 2% OR LESS OF: SALT, DEHYDRATED ONION, WHEY, DEHYDRATED GARLIC, DEXTROSE, LEMON PEEL, SPICES, CITRIC ACID, YEAST, NATURAL FLAVOR, MALTODEXTRIN, SUGAR, BETA CAROTENE (COLOR), TURMERIC EXTRACT (COLOR). CONTAINS: FISH (POLLOCK), WHEAT, MILK

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):						
Eggs - N	Milk - C	Soy - N				
Fish - C	Wheat - C	TreeNuts - N				
Peanuts - N	Crustacean - N	Sesame - N				

#### Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: TO BAKE: Place frozen portions on a lightly oiled baking pan. CONVECTION OVEN: Preheat oven to 400°F and bake for 12-14 minutes. CONVENTIONAL OVEN: Preheat oven to 450°F and bake for 14-16 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUM.

# Serving Suggestions:

This Butter Crumb Lemon Pepper Pollock is a natural center of the plate star. It also elevates fish sandwiches, adds depth to fresh salads, and pairs well with a variety of sides and sauces.

## Species / Scientific Name:

Alaska Pollock - Gadus chalcogrammus

#### **Claims & Child Nutrition:**

BAP Certified: MSC Certified: Yes Has CN Statement: No CN Statement:







Information subject to change without notice at the discretion of High Liner Foods (USA) http://www.highlinerfoods.com Page

Page 1 of 1

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