

# High Liner Foodservice, 4.54 kg / 10 lb, Battercrisp Haddock - Fillet Cut, approx. 113 g / 4 oz



High Liner Battercrisp® Haddock Fillets are dipped in a specially-blended, seasoned batter that earns the name "Battercrisp." These premium wild caught fillets deep fry or bake to a light homestyle golden crispness in no time that perfectly complements the tender flaky fish inside. Individually quick frozen for freshness, preparation ease, and cost control, this Battercrisp® Haddock fulfills a variety of menu needs with the exceptional plate coverage you demand.

Product Last Saved Date: 17 February 2025



**HIGH LINER**  
FOODSERVICE™

## Nutrition Facts

Servings per container

**Serving Size** Per 1 fillet (113 g)

Amount Per Serving

**Calories** **270**

% Daily Value\*

**Total Fat** 17 g **23%**

Saturated Fat 1.5 g **8%**

Trans Fat 0 g

**Cholesterol** 25 mg **%**

**Sodium** 520 mg **23%**

**Total Carbohydrates** 19 g **%**

Dietary Fiber 1 g **4%**

Total Sugars 1 g

Includes Added Sugars **%**

**Protein** 10 g

Vitamin D **%**

Calcium 10 mg **1%**

Iron 1 mg **6%**

Potassium 175 mg **4%**

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Product Specifications :

Code	GTIN	Type Of Catch
3578	10061763035781	

Brand	GPC Description
High Liner Foodservice	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
5.14 KGM			Undeclared	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
39.5 CMT	26.2 CMT	15.5 CMT	0.016 MTQ	10x11	540 Days	-25 CEL / -18 CEL

### Ingredients :

Haddock, Water, Canola oil, Flour (wheat, corn, soy), Toasted wheat crumbs, Modified corn starch, Sugar, Salt, Modified palm oil, Baking powder, Sodium phosphate (to retain moisture), Sodium aluminum phosphate (leavening acid), Modified milk ingredients, Polysorbate 60 (emulsifier), Spices, Guar flour. Contains: Haddock (fish), Wheat, Soy, Milk.

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):		
Eggs - NI	Milk - NI	Soy - NI
Fish - NI	Wheat - NI	TreeNuts - NI
Peanuts - NI	Crustacean - NI	Sesame - NI

### Prep & Cooking Suggestions:

KEEP FROZEN UNTIL USED. DO NOT REFREEZE IF THAWED. DEEP FRY: IMMERS 1-4 FROZEN FILLETS IN PREHEATED 350°F (180°C) OIL FOR ABOUT 3 ½ MIN. FORCED AIR CONVECTION OVEN: PLACE A SINGLE LAYER OF FROZEN FILLETS ON A SHALLOW BAKING PAN IN PREHEATED 425°F (220°C) OVEN FOR ABOUT 11-12 MIN. LET STAND FOR 2 MIN. NOTE: SINCE APPLIANCES VARY, THESE INSTRUCTIONS ARE GUIDELINES ONLY. FULLY COOKED FISH IS OPAQUE. COOK TO AN INTERNAL TEMPERATURE OF 158°F (70°C).

### Serving Suggestions:

These delicious Battercrisp® Haddock Fillets make the perfect entrée or economical Fish and Chips selection. Serve with with hand-cut fries and a side salad.

### Species / Scientific Name:

### Claims & Child Nutrition:

BAP Certified:  
MSC Certified: Yes  
Has CN Statement: No  
CN Statement:



Information subject to change without notice at the discretion of High Liner Foods (USA)  
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