

313750 - Nature Valley Granola Bars Single Bar Pouch Oats N' H...

Individually wrapped, whole grain crunchy granola bars made from a blend of rolled oats and corn-soy crisps, flavored with a touch of honey, and providing 8g of whole grain per serving. Made without gelatin. Made with no artificial flavors, no artificial colors, and no artificial sweeteners. For USDA Child Nutrition Programs: meets .5 ounce equivalent grain, whole grain-rich cr...



MARKETING

Whole grain crunchy granola bars made from a blend of rolled oats and corn-soy crisps, flavored with a touch of honey, and providing 8g of whole grain per serving. . Individually wrapped, available in bulk, 144 - .74 bars per case.. A crunchy, oats and honey-flavored granola bar made with real honey and 100% natural whole grain oats.. For USDA Child Nutrition Programs: meets .5 ounce equivalent grain, whole grain-rich criteria, and USDA Smart Snacks criteria.

Nutrition Facts

144 Servings per container	
Serving Size	1 bar (21g)
Amount Per Serving	
Calories	100
% Daily Value*	
Total Fat 3.5	5%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 70 mg	3%
Total Carbohydrates 15 g	5%
Dietary Fiber 1 g	4%
Total Sugars 6 g	
Includes 6 g Added Sugars	11%
Protein 2 g	
Vitamin D	%
Calcium	%
Iron 0.5 mg	2%
Potassium	%
* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

PRODUCT SPECIFICATIONS

Code	Dist Prod Code		GTIN		Calculated Pack	
11582000	313750		10016000115825		144/0.74 OZ	
Brand		Brand Owner			GPC Description	
Nature Valley		GENERAL MILLS SALES INC.			Cereal/Muesli Bars	
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin		Kosher	Child Nutrition
9.200 LBR	6.66 LBR	No	United States		Yes	No
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
11.180 INH	6.680 INH	12.120 INH	0.52400 FTQ	25x4	372 Days	32 FAH / 95 FAH
Traceability Regulation						
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant		Regulation Restrictions and Descriptors	
N/A		N/A	N/A		N/A	

HANDLING SUGGESTIONS

Keep in a cool, dry place

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - 30
- Eggs - 30
- Soybean - C
- Wheat - 30
- Sesame - 30
- Pine Nuts - 30
- Cashews - 30
- Macadamia Nuts - 30
- Coconuts - 30
- Brazil Nuts - 30
- Walnuts - 30
- Peanuts - MC
- Tree - MC
- Fish - 30
- Shellfish - NI
- Crustaceans - 30
- Almonds - MC
- Hazelnuts - 30
- Chestnuts - 30
- Pecan Nuts - MC
- Pistachios - 30
- Molluscs - 30

INGREDIENTS

Ingredients: Whole Grain Oats, Sugar, Canola Oil, Rice Flour, Honey, Salt, Brown Sugar Syrup, Baking Soda, Soy Lecithin, Natural Flavor.

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PREPARATION & COOKING SUGGESTIONS

Ready to eat

SERVING SUGGESTIONS

Serve as is

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	100
Protein	2 g
Total Carbohydrates	15 g
Sugars	6 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	3.5
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	6 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	70 mg
Calcium	
Iron	0.5 mg
Potassium	
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

ARTIFICIAL_PRESERVATIVES	FREE_FROM	PARTIALLY_HYDROGENATED_VEGETABLE_OIL	FREE_FROM	HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM
ARTIFICIAL_SWEETENERS	FREE_FROM	WHOLE_GRAIN	EXCELLENT_SOURCE_OF	GELATINE	FREE_FROM
TRANS_FAT	FREE_FROM	WHOLE_GRAIN	CONTAINS	ARTIFICIAL_FLAVOUR	FREE_FROM
SODIUM_SALT	LOW	KOSHER	YES	LOW_SALT	YES
VEGETARIAN	YES				

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