

# 450364 - Boneless Beef Tenderloin PSMO H

Tenderloin is widely regarded as the most tender cut of beef, and, as always, you can be confident that ours is hand-selected and hand-trimmed to ensure our highest quality. Season this lean, succulent cut and cook whole as a roast, or slice into medallions and grill.



### MARKETING

USDA inspected. Tender beef cut. Lean

## Nutrition Facts

Servings per container  
**Serving Size 3.95 OZ SERVING, Servings Per Container**

Amount Per Serving	% Daily Value*
<b>Calories</b>	<b>170</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 8	<b>13%</b>
Saturated Fat 3 g	<b>15%</b>
Trans Fat	
<b>Cholesterol</b> 70 mg	<b>23%</b>
<b>Sodium</b> 50 mg	<b>2%</b>
<b>Total Carbohydrates</b> 0 g	<b>0%</b>
Dietary Fiber 0 g	<b>0%</b>
Total Sugars 0 g	
Includes Added Sugars	<b>%</b>
<b>Protein</b> 24 g	
Vitamin D	%
Calcium	%
Iron	%
Potassium	%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
D4086AH00U	450364	10018687005222	12/60.0 LBR TARGET

Brand	Brand Owner	GPC Description
Copper Creek Cattle Company	UNIPRO	Beef - Unprepared/Unprocessed

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
63 LBR	60 LBR	Yes	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
24.25 INH	15.75 INH	9.188 INH	2.0308 FTQ	5x5	42 Days	28 FAH / 34 FAH

### HANDLING SUGGESTIONS

Refrigerated

### SERVING SUGGESTIONS

Grill Tenderloin Medallions. Serve with roasted Brussels sprouts and mashed potatoes. Cook to an internal temperature of 140°F. Let beef rest for 5 minutes before serving.

### PREPARATION & COOKING SUGGESTIONS

COLOR IS NOT AN ACCURATE INDICATOR OF FINAL COOKED TEMPERATURE. ENSURE INTERNAL TEMPERATURE REACHES 145 F FOR 3 MINUTES.

### INGREDIENTS

BEEF

### ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - 30
- Eggs - 30
- Soybean - 30
- Wheat - 30
- Sesame - 30
- Peanuts - 30
- Tree - 30
- Fish - 30
- Shellfish - NI
- Crustaceans - 30

### MORE INFORMATION

**450364 - Boneless Beef Tenderloin PSMO H**

Tenderloin is widely regarded as the most tender cut of beef, and, as always, you can be confident that ours is hand-selected and hand-trimmed to ensure our highest quality. Season this lean, succulent cut and cook whole as a roast, or slice into medallions and grill.

**NUTRITIONAL ANALYSIS**

Calories	170
Protein	24 g
Total Carbohydrates	0 g
Sugars	0 g
Dietary Fiber	0 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	8
Trans Fat	
Saturated Fat	3 g
Added Sugars	
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	70 mg
Vitamin D	
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	50 mg
Calcium	
Iron	
Potassium	
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

**NUTRITIONAL CLAIMS**