450364 - Boneless Beef Tenderloin PSMO H

Tenderloin is widely regarded as the most tender cut of beef, and, as always, you can be confident that ours is hand-selected and hand-trimmed to ensure our highest quality. Season this lean, succulent cut and cook whole as a roast, or slice into medallions and grill.

MARKETING

USDA inspected. Tender beef cut. Lean

Nutrition Facts

Servings per container

Serving Size 3.95 OZ SERVING, Servings Per Container

Amount Per Servi	ng
Calories	

Cholesterol 70 mg

23%

	% Daily Value*
Total Fat 8	13%
Saturated Fat 3 g	15%
Trans Fat	

Sodium 50 mg 2% **Total Carbohydrates** 0 g 0%

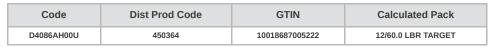
Dietary Fiber 0 g 0% Total Sugars 0 g

% **Includes Added Sugars** Protein 24 a

Fiotem 24 g	
Vitamin D	9/
Calcium	9/
Iron	9/

The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS



Brand		Brand Owner	GPC Description		
Copper Creek Cattle Company		UNIPRO	Beef - Unprepared/Unprocessed		

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
63 LBR	60 LBR	Yes	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
24.25 INH	15.75 INH	9.188 INH	2.0308 FTQ	5x5	42 Days	28 FAH / 34 FAH

HANDLING SUGGESTIONS



SERVING SUGGESTIONS



PREPARATION & COOKING SUGGESTIONS

MORE INFORMATION

COLOR IS NOT AN ACCURATE INDICATOR OF FINAL COOKED TEMPERATURE. ENSURE INTERNAL TEMPERATURE REACHES 145 F FOR 3 MINUTES.

Refrigerated



Grill Tenderloin Medallions. Serve with roasted Brussels sprouts and mashed potatoes. Cook to an internal temperature of 140°F. Let beef rest for 5 minutes before serving.

INGREDIENTS



ALLERGENS



C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients' ; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'

([]) Milk - 30

(S) Peanuts - 30

(()) Eggs - 30













BEEF

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NUTRITIONAL ANALYSIS



Calories	170
Protein	24 g
Total Carbohydrates	0 g
Sugars	0 g
Dietary Fiber	0 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	8
Trans Fat	
Saturated Fat	3 g
Added Sugars	
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	70 mg
Vitamin D	
Vitamin D Vitamin E	
Vitamin E	

Sodium	50 mg
Calcium	
Iron	
Potassium	
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

