

252376 - Brakebush® Southern Select™ Breaded Chicken Breast Fi...

5044 Southern Select™ Fully Cooked Skinless Boneless Chicken Breast Fillets with Rib meat. Marinated in a flavorful blend of dill, garlic, celery and onion, then coated with a tender, flaky breading brings the most popular chicken taste in the South to your menu.



MARKETING

Fully cooked. 4 oz. avg. whole-muscle chicken breast fillets. Tender, flaky breading surrounds the southern flavor of a dill marinade

Nutrition Facts

40 Servings per container

Serving Size 1 Piece

Amount Per Serving
Calories 220

% Daily Value*

Total Fat 10 g 13%

Saturated Fat 2 g 9%

Trans Fat 0 g

Cholesterol 50 mg 17%

Sodium 620 mg 27%

Total Carbohydrates 16 g 6%

Dietary Fiber 2 g 6%

Total Sugars 2 g

Includes 2 g Added Sugars 5%

Protein 17 g

Vitamin D 0 mcg 0%

Calcium 23 mg 2%

Iron 1 mg 4%

Potassium 264 mg 6%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
5044	252376	10038034504406	10 lbs

Brand	Brand Owner	GPC Description
Brakebush®	Brakebush Brothers	Chicken - Prepared/Processed

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
10.675 LBR	10 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
13.5 INH	8.625 INH	9.25 INH	0.623 FTQ	16x8	545 Days	-10 FAH / 10 FAH

HANDLING SUGGESTIONS

Keep frozen

SERVING SUGGESTIONS

Use in a sandwich or sliced in a wrap or salad.

PREPARATION & COOKING SUGGESTIONS

PREPARATION: FOR BEST RESULTS - DEEP FRY AT 350° F FOR 4-6 MIN. ALTERNATE METHOD - BAKE IN SINGLE LAYER IN PREHEATED CONVECTION OVEN AT 350°F FOR 10-15 MIN. BAKE IN SINGLE LAYER IN PREHEATED CONVENTIONAL OVEN AT 400°F FOR 17-25 MIN. ADJUST TIMES TO QUANTITY. DO NOT OVERHEAT.

INGREDIENTS

INGREDIENTS: SKINLESS BONELESS CHICKEN BREAST FILLETS, WATER, SEASONING (MODIFIED FOOD STARCH, CARRAGEENAN), SUGAR, SEASONING (SALT, ONION POWDER, YEAST EXTRACT, TORULA YEAST, GARLIC POWDER, SPICES, DISODIUM INOSINATE AND DISODIUM GUANYLATE, FLAVOR (HYDROLYZED SOY PROTEIN, AUTOLYZED YEAST EXTRACT, HYDROLYZED CORN PROTEIN, NATURAL CHICKEN TYPE FLAVOR, MALTODEXTRIN, CHICKEN FAT, CORN SYRUP SOLIDS), PAPRIKA, SPICE EXTRACTIVES), SALT, SODIUM PHOSPHATES. BREADED WITH BLEACHED ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, WHEAT FLOUR, SUGAR, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), WHEY PROTEIN CONCENTRATE, SPICES, DRIED WHOLE EGG, YEAST EXTRACT, DISODIUM INOSINATE AND

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - C
- Soybean - C
- Wheat - C
- Sesame - N
- Celery - N
- Molluscs - N
- Peanuts - N
- Tree - N
- Fish - N
- Shellfish - N
- AU - C
- Mustard - N

MORE INFORMATION

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NUTRITIONAL ANALYSIS



Calories	220
Protein	17 g
Total Carbohydrates	16 g
Sugars	2 g
Dietary Fiber	2 g
Lactose	
Sucrose	
Vitamin A (IU)	0
Vitamin A (RE)	0
Vitamin C	0 mg
Magnesium	
Monosodium	

Total Fat	10 g
Trans Fat	0 g
Saturated Fat	2 g
Added Sugars	2 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	50 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	620 mg
Calcium	23 mg
Iron	1 mg
Potassium	264 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



MORE IMAGES

