Crunchy sunflower kernels roasted and then lightly salted to perfection. Great for snacking or as a salad topping.



MARKETING



Amount Per Serving **Calories**

Serving Size

34 Servings per container

1 oz

	% Daily Value*
Total Fat 15 g	19%
Saturated Fat 1 g	5%
Trans Fat 0 g	
Cholesterol 0 mg	0%

Nutrition Facts

Sodium 150 mg	7%
Total Carbohydrates 5 g	2%
Dietary Fiber 2 g	7%
Total Sugare 1 g	

Total Sugars 1 g	
Includes 0 g Added Sugars	0

Protein 5 g	
Vitamin D 0 mcg	0%
Calcium 21 mg	2%
Iron 1 mg	6%
Potassium 170 mg	4%

The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack	
7115896	480419	10076500711583	3 x 2#	

Brand	Brand Owner	GPC Description
AZAR	Azar Nut Company	Nuts/Seeds - Prepared/Processed (Out of Shell)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
6.5 LBR	6.0 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
11.0 INH	8.5 INH	6.25 INH	0.34 FTQ	18x6	365 Days	65 FAH / 75 FAH

HANDLING SUGGESTIONS



SERVING SUGGESTIONS



PREPARATION & COOKING SUGGESTIONS

ready to eat

Dry storage



topping or ingredient

INGREDIENTS



ALLERGENS



C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients' ; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'

(i) Milk - NI

Peanuts - NI

(Eggs - NI

(1) Tree - NI



(S) Fish - NI







Sunflower Seeds - C

Sunflower Kernels, Sunflower and/or Cottonseed

MORE INFORMATION



480419 - AZ SUNFLWR KERNEL R/S 3/2# BAG

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NUTRITIONAL ANALYSIS



Calories	180
Protein	5 g
Total Carbohydrates	5 g
Sugars	1 g
Dietary Fiber	2 g
Lactose	
Sucrose	
Vitamin A (IU)	0
Vitamin A (RE)	0
Vitamin C	0 mg
Magnesium	
Monosodium	

Total Fat	15 g
Trans Fat	0 g
Saturated Fat	1 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	150 mg
Calcium	21 mg
Iron	1 mg
Potassium	170 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



MORE IMAGES



