# 260445 - SFS MINH EGG ROLL PORK & VEGETABLE WITH TVP NET WT 13...

Freshly ground pork and crisp chopped carrots, celery, shredded cabbage, onions and Asian seasonings wrapped in a crispy egg roll wrapper



#### MARKETING

E =

Fresh vegetables shredded, and egg roll skins made in-house daily. Easy prep, fry or bake from frozen, or thawed, for an egg roll that is ready in minutes. Less on the Label: No High Fructose Corn Syrup, no certified artificial colors. Pre-cooked for food safety. Bulked packed with 72 egg rolls per case. Can be served as an appetizer, side dish, or as part of an entrée for an Asian-inspired meal or snack. Serve with one of our MINH® Less Sodium Sauces for dipping

# **Nutrition Facts**

72 Servings per container

Serving Size

1 Egg Roll (85g)

Amount Per Serving Calories

180

	% Daily Value*
Total Fat 9	11%
Saturated Fat 2.5 g	12%
Trans Fat 0 g	
Cholesterol 10 mg	
Sodium 480 mg	21%

<b>Sodium</b> 480 mg	21%
<b>Total Carbohydrates</b> 19 g	7%
Dietary Fiber 2 g	7%
Total Sugars 2 g	
	4.07

Includes 1 g Added Sugars	1%
Protein 7 g	
Vitamin D 0 mcg	0%
Calcium 30 mg	2%

Potassium 230 mg 4%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition

#### PRODUCT SPECIFICATIONS



Brand	Brand Owner	GPC Description
MINH®	SCHWAN'S FOOD SERVICE INC	Dough Based Products / Meals - Not Ready to Eat - Savoury (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
14.06 LBR	13.5 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
11.5 INH	9 INH	8.375 INH	0.502 FTQ	17x7	365 Days	-20 FAH / 0 FAH

# HANDLING SUGGESTIONS

Master Case; store at a maximum temperature of

INGREDIENTS: CABBAGE, ENRICHED FLOUR

([BLEACHED WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN,

FOLIC ACID], MALTED BARLEY FLOUR), PORK, WATER, CARROTS, CELERY, TEXTURED SOY PROTEIN (TEXTURED SOY FLOUR, ZINC OXIDE,

NIACINAMIDE, FERROUS SULFATE, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM

PANTOTHENATE, THIAMINE MONONITRATE [VITAMIN B1], PYRIDOXINE HYDROCHLORIDE

FLOUR, NIACIN, FERROUS SULFATÈ, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID),

[VITAMIN B6], RIBOFLAVIN [VITAMIN B2], CYANOCOBALAMIN [VITAMIN B12]), YELLOW ONION, ENRICHED DURUM FLOUR (WHEAT

CONTAINS 2% OR LESS OF: SALT, SUGAR, MONOSODIUM GLUTAMATE, VEGETABLE OIL, ANCHOVY FISH EXTRACT, WHEAT GLUTEN, SPICE, DRIED WHOLE EGGS, CORNSTARCH.



# SERVING SUGGESTIONS



Iron 1.5 ma

Can be served as a meal with fruits or vegetables OR as a side to an entree. Serve with an Asian dipping sauce. Mainline or a la carte menus.

# PREPARATION & COOKING SUGGESTIONS



8%

HEATING INSTRUCTIONS: Heating times may vary due to equipment variances. For food safety and quality, heat before eating to an internal temperature of 160°F. DEEP FRYER (350°F): 6-7 minutes if thawed; 8-9 minutes if frozen CONVENTIONAL OVEN (400°F): 15-17 minutes if thawed; 25-27 minutes if frozen CONVECTION OVEN (350°F): 12-13 minutes if thawed; 15-16 minutes if frozen. Refrigerate or discard any unused portion.

#### **INGREDIENTS**

0.00 F/ -17.78 C



# ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

([]) Milk - N

Peanuts - N

Eggs - C



Soybean - C



Wheat - C







! Anchovy - C



# MORE INFORMATION



 $\hbox{E-mail: CPS.FoodService@schwans.com}\\$ 

FRIED IN VEGETABLE OIL.

# 260445 - SFS MINH EGG ROLL PORK & VEGETABLE WITH TVP NET WT 13...

Freshly ground pork and crisp chopped carrots, celery, shredded cabbage, onions and Asian seasonings wrapped in a crispy egg roll wrapper

## NUTRITIONAL ANALYSIS



Calories	212
Protein	8.2 g
Total Carbohydrates	22.4 g
Sugars	2.4 g
Dietary Fiber	2.4 g
Lactose	
Sucrose	
Vitamin A (IU)	35.3
Vitamin A (RE)	35.3
Vitamin C	8.2 mg
Magnesium	
Monosodium	

Total Fat	10.6
Trans Fat	0 g
Saturated Fat	2.9 g
Added Sugars	1 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	11.8 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	564.7 mg
Calcium	35.3 mg
Iron	1.8 mg
Potassium	270.6 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

## **NUTRITIONAL CLAIMS**

## MORE IMAGES





