762750 - Simplot Simple Goodness Premium Vegetables Shelled Ed...

Great source of protein in a plant-based dish ;High quality, farm-fresh flavor and color ;Reduces costly labor—just heat and serve ;Consistent year-round quality and



MARKETING

Calories % Daily Value* Total Fat 4 g Saturated Fat 0.5 g Trans Fat 0 g Cholesterol 0 mg Sodium 5 mg

Nutrition Facts

2/3 cup (84a)

5% 3%

0%

0%

10%

13 Servings per container

Serving Size

Amount Per Serving

Total Carbohydrates 6 g 2% Dietary Fiber 4 g 14% Total Sugars 2 g

0% Includes 0 g Added Sugars Protein 9 g Vitamin D 0 mcg 0% Calcium 50 mg 4%

Potassium 405 mg 8% The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition

PRODUCT SPECIFICATIONS

Code D		ist Prod Code			GTIN			Calculated Pack		
10071179522768			762750			10071179522768		6/2.5 lbs		
Brand				Brand Owner			GPC Description			
Simplot Simple Goodness™				J. R. Simplot Company			Vegetables - Prepared/Processed (Frozen)			
Gross Weight Net Weight		Case/Catch Weight		Co	ountry Of Origin		Kosher	Child Nutrition		
16.25 LBR 15		.5 LBR	No				China		Undeclared	No
Shipping										
Length	gth Width Heig		nt	Volume	TIxHI		Shelf Life		Storage Temp From/To	
13.375 INH	13.375 INH 12 INH 5.125 II		ИН	0.476 FTQ	12x1	11	730 Days		-10 FAH / 10 FAH	
Traceability Regulation										
Regulation Type Regula		tory	ory Trade Item Reg			ulation Regu		gulation Re	ulation Restrictions and	
Code		Act	ct C		Comp	mpliant		Descriptors		
N/A		N/A			N/A	N/A		N/A		

HANDLING SUGGESTIONS Keep frozen 0°F or below



ALLERGENS



C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients' ; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'

Milk - N

(Peanuts - N

(Eggs - N

Tree - N

🗞 Soybean - C

(SO) Fish - N

(Wheat - N

Shellfish - NI

(%) Sesame - N

(!) Crustaceans - N

() Molluscs - N

INGREDIENTS

Iron 1.8 ma

SOYBEANS. CONTAINS: SOY.

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PREPARATION & COOKING SUGGESTIONS



SERVING SUGGESTIONS



MORE INFORMATION



Stove Top / Sauté Food Safety Statement: FOR FOOD SAFETY AND QUALITY, COOK TO A TEMPERATURE OF 165°F. TO SERVE COLD, PREPARE VEGETABLES AS STATED BELOW. THEN COOL AS RAPIDLY AS POSSIBLE TO REFRIGERATED TEMPERATURE. STOVE TOP 1. Bring 5 quarts of water to a boil on HIGH. 2. Add one bag of frozen vegetables and cook for 8 minutes, stirring as needed.

delicious flavor and texture. Perfect for grain bowls, salads, and vegan and vegetarian recipes. Edamame is the only vegetable that contains all nine essential amino acids, serving as a complete protein for a healthful diet.

This shelled edamame offers bright green color,

NUTRITIONAL ANALYSIS



Calories	100
Protein	9 g
Total Carbohydrates	6 g
Sugars	2 g
Dietary Fiber	4 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	4 g
Trans Fat	0 g
Saturated Fat	0.5 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	5 mg
Calcium	50 mg
Iron	1.8 mg
Potassium	405 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



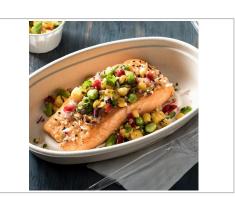
SODIUM_SALT	LOW	HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	MSG	NO_ADDED
CORN	FREE_FROM				
VEGETARIAN	YES	TRANS_FAT	FREE_FROM	VEGAN	YES

MORE IMAGES









Simplot Simple Goodness $^{\text{TM}}$

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