

Simplot Simple Goodness™

762750 - Simplot Simple Goodness Premium Vegetables Shelled Ed...

Great source of protein in a plant-based dish ;High quality, farm-fresh flavor and color ;Reduces costly labor—just heat and serve ;Consistent year-round quality and pricing



MARKETING



Nutrition Facts

13 Servings per container	
Serving Size	2/3 cup (84g)
Amount Per Serving	
Calories	100
% Daily Value*	
Total Fat 4 g	5%
Saturated Fat 0.5 g	3%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 5 mg	0%
Total Carbohydrates 6 g	2%
Dietary Fiber 4 g	14%
Total Sugars 2 g	
Includes 0 g Added Sugars	0%

Protein 9 g	
Vitamin D 0 mcg	0%
Calcium 50 mg	4%
Iron 1.8 mg	10%
Potassium 405 mg	8%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS



Code		Dist Prod Code		GTIN		Calculated Pack	
10071179522768		762750		10071179522768		6/2.5 lbs	
Brand			Brand Owner		GPC Description		
Simplot Simple Goodness™			J. R. Simplot Company		Vegetables - Prepared/Processed (Frozen)		
Gross Weight	Net Weight	Case/Catch Weight		Country Of Origin		Kosher	Child Nutrition
16.25 LBR	15 LBR	No		China		Undeclared	No
Shipping							
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To	
13.375 INH	12 INH	5.125 INH	0.476 FTQ	12x11	730 Days	-10 FAH / 10 FAH	
Traceability Regulation							
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant			Regulation Restrictions and Descriptors	
N/A		N/A	N/A			N/A	

HANDLING SUGGESTIONS



Keep frozen 0°F or below

ALLERGENS



C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ; 30 = 'Free From Not Tested' ; 50 = 'Derived from Ingredients' ; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'

- Milk - N
- Eggs - N
- Soybean - C
- Wheat - N
- Sesame - N
- Molluscs - N
- Peanuts - N
- Tree - N
- Fish - N
- Shellfish - NI
- Crustaceans - N

INGREDIENTS

SOYBEANS. CONTAINS: SOY.

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PREPARATION & COOKING SUGGESTIONS

Stove Top / Sauté Food Safety Statement: FOR FOOD SAFETY AND QUALITY, COOK TO A TEMPERATURE OF 165°F. TO SERVE COLD, PREPARE VEGETABLES AS STATED BELOW. THEN COOL AS RAPIDLY AS POSSIBLE TO REFRIGERATED TEMPERATURE. STOVE TOP 1. Bring 5 quarts of water to a boil on HIGH. 2. Add one bag of frozen vegetables and cook for 8 minutes, stirring as needed.

SERVING SUGGESTIONS

This shelled edamame offers bright green color, delicious flavor and texture. Perfect for grain bowls, salads, and vegan and vegetarian recipes. Edamame is the only vegetable that contains all nine essential amino acids, serving as a complete protein for a healthful diet.

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	100	Total Fat	4 g	Sodium	5 mg
Protein	9 g	Trans Fat	0 g	Calcium	50 mg
Total Carbohydrates	6 g	Saturated Fat	0.5 g	Iron	1.8 mg
Sugars	2 g	Added Sugars	0 g	Potassium	405 mg
Dietary Fiber	4 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A (IU)		Vitamin D	0 mcg	Thiamin	
Vitamin A (RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS

SODIUM_SALT	LOW	HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	MSG	NO_ADDED
CORN	FREE_FROM				
VEGETARIAN	YES	TRANS_FAT	FREE_FROM	VEGAN	YES

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