

InHarvest

00030004305047 - 01 4-05 LB WILD RICE

Great for soups, salads, pilafs, one dish meals. Dark, glossy grains in varying lengths turn a deep brown color when cooked. Grade A/B Wild Rice offers a heady, roasted flavor.



MARKETING

PRODUCT SPECIFICATIONS

Code		GTIN		Pack Description		
906411		00030004305047				
Brand	Brand Owner		GPC Description			
InHarvest	InHarvest		Grains/Cereal - Not Ready to Eat - (Shelf Stable)			
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
20.73 LBR	20.00 LBR	No	United States	Yes	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
14.38 INH	9.81 INH	7.38 INH	1041.08 INQ	12x6	1825 Days	50 FAH / 80 FAH
Traceability Regulation						
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant		Regulation Restrictions and Descriptors	
TRACEABILITY_REGULATION		FSMA204	NOT_APPLICABLE		NOT_COVERED_BY_FTL	

HANDLING SUGGESTIONS

Store in a cool, dry place.

ALLERGENS

C = 'Contains' ; **MC** = 'May Contain' ; **N** = 'Free From' ; **UN** = 'Undeclared' ; **INII** = 'Intentionally nor Inherently Included' ; **50** = 'Derived from Ingredients' ; **60** = 'Not Derived From Ingredients' ; **NI** = 'No Info'

-  Milk - UN

 Eggs - UN

 Soybean - UN

 Wheat - UN

 Sesame - UN

 Mustard - UN

 Coconuts - UN

 Walnuts - UN
-  Peanuts - UN

 Tree - UN

 Fish - UN

 Shellfish - UN

 Crustaceans - UN

 Corn - UN

 Pecan Nuts - UN

 Molluscs - UN

Nutrition Facts

50 Servings per container

Serving Size1/4 CUP (45g)

Amount Per Serving

Calories160

% Daily Value*

Total Fat0 g0%

Saturated Fat0 g0%

Trans Fat0 g

Cholesterol0 mg0%

Sodium0 mg0%

Total Carbohydrates34 g12%

Dietary Fiber3 g11%

Total Sugars1 g

Includes 0 g Added Sugars0%

Protein7 g

Vitamin D0 mcg0%

Calcium0 mg0%

Iron1 mg6%

Potassium190 mg4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS

WILD RICE

InHarvest

00030004305047 - 01 4-05 LB WILD RICE

Great for soups, salads, pilafs, one dish meals. Dark, glossy grains in varying lengths turn a deep brown color when cooked. Grade A/B Wild Rice offers a heady, roasted flavor.

PREPARATION & COOKING SUGGESTIONS

Stovetop: Bring 4 qts. water or stock to a boil. Stir in 2 lbs. of Grade A/B Wild Rice, reduce heat and simmer covered for 40-50 minutes, or until desired texture. Drain any excess liquid if necessary and fluff with fork and serve. Yield: 24 half cup servings

SERVING SUGGESTIONS

Minnesota and California cultivated wild rice, whole grain, Kosher, naturally gluten free, great for stuffings, pilafs, soups and salads

MORE INFORMATION

