



MARKETING



Nutrition Facts

Servings per container		
<b>Serving Size</b>		<b>100 grams</b>
<b>Amount Per Serving</b>		
<b>Calories</b>		<b>180</b>
		<b>% Daily Value*</b>
<b>Total Fat</b> 12 g		<b>15%</b>
Saturated Fat 5.2 g		<b>0%</b>
Trans Fat 0 g		
<b>Cholesterol</b> 50 mg		<b>0%</b>
<b>Sodium</b> 65 mg		<b>5%</b>
<b>Total Carbohydrates</b> 0 g		<b>0%</b>
Dietary Fiber 0 g		<b>0%</b>
Total Sugars 0 g		
Includes 0 g Added Sugars		<b>0%</b>
<b>Protein</b> 20 g		
Vitamin D 11.5 mcg		60%
Calcium 0 mg		0%
Iron 1.93 mg		10%
Potassium 0 mg		0%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack
15024	638576	10070765150248	1 x 10#

Brand	Brand Owner	GPC Description
Riverence Provisions LLC		Fish - Unprepared/Unprocessed (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
10 LBR	10 LBR	No		Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.5 INH	11 INH	4.5 INH	.44	99x99	730 Days	-15 FAH / 15 FAH

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - NI
- Eggs - NI
- Soy - NI
- Wheat - NI
- Sesame - NI
- Peanuts - NI
- Tree Nuts - NI
- Fish - NI
- Shellfish - NI

SERVING SUGGESTIONS



INGREDIENTS



Pompano Contains: Fish

HANDLING SUGGESTIONS



PREPARATION & COOKING SUGGESTIONS



MORE INFORMATION





**NUTRITIONAL ANALYSIS**



Calories	180
Protein	20 g
Total Carbohydrates	0 g
Sugars	0 g
Dietary Fiber	0 g
Lactose	
Sucrose	
Vitamin A (IU)	0
Vitamin A (RE)	0
Vitamin C	0 mg
Magnesium	
Monosodium	

Total Fat	12 g
Trans Fat	0 g
Saturated Fat	5.2 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	50 mg
Vitamin D	11.5 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	65 mg
Calcium	0 mg
Iron	1.93 mg
Potassium	0 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

**NUTRITIONAL CLAIMS**

