

# 1/10 LB Budweiser Battered Alaska Pollock Fillets 9 oz, MSC

High Liner Foods Budweiser® Battered Pollock Fillets are dipped in batter made with iconic Budweiser® beer. Cut from wild caught Alaska Pollock, these generously sized, tender fillets bake or deep fry in no time to golden crunchy, flaky fish perfection, with the consistency and irresistible plate coverage you demand. Not only is this menu favorite the epitome of what beer-battered seafood should be, it aligns you with arguably one of the world's most enjoyed beer brands.

Product Last Saved Date: 02 December 2024



## Nutrition Facts

18 Servings per container

**Serving Size** 1 Fillet (252g)

**Amount Per Serving**

**Calories** 540

% Daily Value\*

**Total Fat** 23 g 29%

Saturated Fat 3.5 g 18%

Trans Fat 0 g

**Cholesterol** 80 mg 27%

**Sodium** 1510 mg 66%

**Total Carbohydrates** 53 g 19%

Dietary Fiber 1 g 5%

Total Sugars 1 g

Includes 0 g Added Sugars 0%

**Protein** 28 g

Vitamin D 2.4 mcg 10%

Calcium 40 mg 2%

Iron 1.1 mg 6%

Potassium 500 mg 10%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Product Specifications :

Code	GTIN	Type Of Catch
06089	00074638060897	WILD

Brand	GPC Description
High Liner Foods	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
11.0 LBR	10.0 LBR	N/A	Undeclared	No

### Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.8125 INH	7.8125 INH	8.625 INH	0.6166 FTQ	15x5	540 Days	-10 FAH / 0 FAH

### Ingredients :

ALASKA POLLOCK, BLEACHED WHEAT FLOUR, BEER (BARLEY MALT, RICE, HOPS, YEAST, WATER), VEGETABLE OIL (CANOLA, COTTONSEED, SOYBEAN, AND/OR SUNFLOWER), YELLOW CORN FLOUR, MODIFIED CORN STARCH, WATER, WHITE CORN FLOUR, CONTAINS 2% OR LESS OF: SALT, SUGAR, NATURAL FLAVORS, SPICES, LEAVENING (SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE). CONTAINS: FISH (POLLOCK), WHEAT

### Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):

Eggs - N	Milk - N	Soy - N
Fish - C	Wheat - C	TreeNuts - N
Peanuts - N	Crustacean - N	Sesame - N

### Prep & Cooking Suggestions:

COOKING INSTRUCTIONS: COOK FROM FROZEN STATE. CONVENTIONAL OVEN: Preheat oven. Bake at 450°F for 14-16 minutes. CONVECTION OVEN: Preheat oven. Bake at 400°F for 12-14 minutes. FRYER: Deep fry for 4-5 minutes at 350°F or until golden brown, drain and serve. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 165°F MINIMUM

### Serving Suggestions:

These Budweiser® Battered Pollock Fillets work perfectly as a hearty-sized basket or fish sandwich, or a special addition to seafood platters with a side of fries and coleslaw. They pair extremely well with a variety of complementary sauces.

### Species / Scientific Name:

Alaska Pollock - Gadus chalcogrammus

### Claims & Child Nutrition:

BAP Certified:  
MSC Certified: Yes  
Has CN Statement: No  
CN Statement: No

