

4215 - Paneer Cheese



Appel Farms is a legacy Farmstead producer of cheese, located in the Northwest corner of Washington. For over 30 years, Appel Farms has been dedicated to producing the highest quality of milk to make the finest of cheese. Appel Farms Paneer is a clean label, farmstead cheese. Our Paneer is great for lightly sautéing and placing in any stir-fry or curry dish.



MARKETING

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Nutrition Facts

7 Servings per container

Serving Size 30 Grams

Amount Per Serving

Calories 90

% Daily Value*

Total Fat 7 g	10%
Saturated Fat 4.5 g	22%
Trans Fat 0 g	
Cholesterol 255 mg	8%
Sodium 5.5 mg	1%
Total Carbohydrates 1 g	%
Dietary Fiber 0 g	0%
Total Sugars 1 g	
Includes 0 g Added Sugars	0%

Protein 6 g

Vitamin D 0 mcg	0%
Calcium 160 mg	16%
Iron 0.8 mg	4%
Potassium 0 mg	0%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code		GTIN		Pack Description		
Paneer:PEW		00040817000039		12/7 OZ		
Brand		Brand Owner		GPC Description		
Appel Farms		Appel Farms		Cheese (Perishable)		
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
5.5 LBR	5.25 LBR	No	United States	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
10 INH	7 INH	3.75 INH	0.15 FTQ	25x12	83 Days	35 FAH / 37.5 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

HANDLING SUGGESTIONS

Refrigerate---UNIT UPC: 040817010120---

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INII = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - N
- Soybean - N
- Wheat - N
- Sesame - N
- Molluscs - N
- Peanuts - N
- Tree - N
- Fish - N
- Shellfish - N
- Crustaceans - N

INGREDIENTS

Pasteurized Cow's Milk, Vinegar

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PREPARATION & COOKING SUGGESTIONS

This cheese is best when it is lightly sautéed with a small amount of oil. It is not a melting cheese, so it holds together well in sauces or stir-fry's.

SERVING SUGGESTIONS

Sauté or Grill

MORE INFORMATION