

200314 - General Mills Cereal Single Serve Cup Goodness Variet...



Variety pack of General Mills cereals in a convenient single serve portion for the on-the-go patron: 18 gluten-free Honey Nut Cheerios(TM), 15 gluten-free Cheerios(TM), 15 gluten-free Multigrain Cheerios(TM), and 12 gluten-free Rice Chex(TM) cereals.



MARKETING

Contains 14 gluten-free Cheerios, 14 gluten-free Honey Nut Cheerios, 8 This assorted case comes with 18 gluten-free Honey Nut Cheerios(TM), 15 gluten-free Cheerios(TM), 15 gluten-free Multigrain Cheerios(TM), and 12 gluten-free Rice Chex(TM) cereals.. 60 cups of branded, dry cereal per case.. This ready-to-eat cup provides convenient portion control and room for milk. Great for breakfast, or as a grab 'n go snack.. Cost effective, bulk packaging for less waste and great labor savings. Commonly used in healthcare and senior living operations.

Nutrition Facts

60 Servings per container

Serving Size 1 container (40g)

Amount Per Serving
Calories **150**

% Daily Value*

Total Fat 1 **1%**

Saturated Fat 0 g **0%**

Trans Fat 0 g

Cholesterol 0 mg **0%**

Sodium 310 mg **13%**

Total Carbohydrates 35 g **13%**

Dietary Fiber 2 g **5%**

Total Sugars 3 g

Includes 3 g Added Sugars **6%**

Protein 3 g

Vitamin D 4 mcg 20%

Calcium 130 mg 10%

Iron 14.4 mg 80%

Potassium 0 mg 0%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
31154000	200314	10016000311548	60/1.59 OZ

Brand	Brand Owner	GPC Description
General Mills Multiple Brands	GENERAL MILLS SALES INC.	Cereals Products - Ready to Eat (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
10.100 LBR	5.96 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.500 INH	12.250 INH	18.000 INH	2.10500 FTQ	9x5	312 Days	32 FAH / 95 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - 30
- Eggs - 30
- Soy - 30
- Wheat - 30
- Sesame - 30
- Peanuts - 30
- Tree Nuts - 30
- Fish - 30
- Shellfish - NI

SERVING SUGGESTIONS

Convenient single serve portion commonly used in healthcare and senior living operations.

INGREDIENTS

Refer to Individual Packaging

HANDLING SUGGESTIONS

Keep in a cool, dry place

PREPARATION & COOKING SUGGESTIONS

Ready to eat

MORE INFORMATION

200314 - General Mills Cereal Single Serve Cup Goodness Variet...



Variety pack of General Mills cereals in a convenient single serve portion for the on-the-go patron: 18 gluten-free Honey Nut Cheerios(TM), 15 gluten-free Cheerios(TM), 15 gluten-free Multigrain Cheerios(TM), and 12 gluten-free Rice Chex(TM) cereals.

NUTRITIONAL ANALYSIS



Calories	150
Protein	3 g
Total Carbohydrates	35 g
Sugars	3 g
Dietary Fiber	2 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	1
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	3 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	4 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	310 mg
Calcium	130 mg
Iron	14.4 mg
Potassium	0 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



MORE IMAGES

