

125809 - GENERAL MILLS GOLD MEDAL MUFFIN MIX VARIETY



Gold Medal(TM) variety muffin mix in an easy, "just add water" format. Formulated to produce a bold crown, traditional texture, and white crumb with a lightly sweet, vanilla flavor. Great for all your muffin recipes. Available in cost-effective, 5 lb bulk format for smaller operations.



MARKETING

Fresh-baked muffins just got easier! Gold Medal's Variety Muffin Mix helps save time and labor with a just add water muffin mix that provides scratch-like flavor and appearance.. Available in cost-effective, 5 lb bulk format.. Variety Muffin Mix can be used as a base for a variety of muffin and quick bread recipes. Add your own ingredients to make signature creations that delight customers.. Highly tolerant formula forgives minor errors and helps eliminate waste - producing a muffin with a sweet vanilla flavor and a crisp crust with a tender, white interior. ...

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
11544000	125809	10016000115443	6/5 LB

Brand	Brand Owner	GPC Description
Gold Medal	GENERAL MILLS SALES INC.	Baking/Cooking Mixes (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
33.500 LBR	30.00 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
15.680 INH	11.750 INH	10.000 INH	1.06600 FTQ	10x5	372 Days	32 FAH / 95 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - C
- Soy - C
- Wheat - C
- Sesame - 30
- Peanuts - 30
- Tree Nuts - 30
- Fish - 30
- Shellfish - NI

HANDLING SUGGESTIONS

Keep in a dry cool place. Muffin Mix is not ready-to-eat and must be thoroughly cooked before eating. To prevent illness from naturally occurring bacteria in wheat flour, do not eat raw batter; wash hands and surfaces after handling.

MORE INFORMATION

SERVING SUGGESTIONS

2/3 cup mix (88g)

PREPARATION & COOKING SUGGESTIONS

Follow instruction on the package

Nutrition Facts

156 Servings per container

Serving Size 2/3 Cup mix makes 2 muffins

Amount Per Serving

Calories

380

% Daily Value*

Total Fat 11 g **14%**

Saturated Fat 5 g **27%**

Trans Fat 0 g

Cholesterol 5 mg **1%**

Sodium 590 mg **26%**

Total Carbohydrates 67 g **24%**

Dietary Fiber 1 g **4%**

Total Sugars 36 g

Includes 34 g Added Sugars **67%**

Protein 3 g

Vitamin D %

Calcium 30 mg 2%

Iron 1.9 mg 10%

Potassium 110 mg 2%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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NUTRITIONAL ANALYSIS



Calories	380
Protein	3 g
Total Carbohydrates	67 g
Sugars	36 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	11 g
Trans Fat	0 g
Saturated Fat	5 g
Added Sugars	34 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	5 mg
Vitamin D	
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	590 mg
Calcium	30 mg
Iron	1.9 mg
Potassium	110 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



IRON	GOOD_SOURCE_OF	TRANS_FAT	FREE_FROM	ARTIFICIAL_FLAVOUR	FREE_FROM
MSG	FREE_FROM	ARTIFICIAL_SWEETENERS	FREE_FROM	HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM
KOSHER	YES	VEGETARIAN	YES		

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