125809 - GENERAL MILLS GOLD MEDAL MUFFIN MIX VARIETY

Gold Medal(TM) variety muffin mix in an easy, "just add water" format. Formulated to produce a bold crown, traditional texture, and white crumb with a flightly sweet, vanilla flavor. Great for all your muffin recipes. Available in cost-effective, 5 lb bulk format for smaller operations.



MARKETING

Fresh-baked muffins just got easier! Gold Medal's Variety Muffin Mix helps save time and labor with a just add water muffin mix that provides scratch-like flavor and appearance.. Available in cost-effective, 5 lb bulk format.. Variety Muffin Mix can be used as a base for a variety of muffin and quick bread recipes. Add your own ingredients to make signature creations that delight customers.. Highly tolerant formula forgives minor errors and helps eliminate waste - producing a muffin with a sweet vanilla flavor and a crisp crust with a tender. White interior.

PRODUCT SPECIFICATIONS

Code Dist Prod Code		GTIN	Calculated Pack	
11544000	125809	10016000115443	6/5 LB	

Brand Owner		Brand Owner	GPC Description
	Gold Medal	GENERAL MILLS SALES INC.	Baking/Cooking Mixes (Shelf Stable)

Gross Weight Net Weight		Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
33.500 LBR	30.00 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
15.680 INH	11.750 INH	10.000 INH	1.06600 FTQ	10x5	372 Days	32 FAH / 95 FAH

Nutrition Facts

156 Servings per container

Serving Size 2/3 Cup mix makes 2 muffins

Amount Per Serving Calories

380

	% Daily Value*
Total Fat 11	14%
Saturated Fat 5 g	27%
Trans Fat 0 g	
Cholesterol 5 mg	1%
Sodium 590 mg	26%
Total Carbohydrates 67 g	24%
Dietary Fiber 1 g	4%
Total Sugars 36 g	
Includes 34 g Added Sugars	67%
Protein 3 g	

Vitamin D	%
Calcium 30 mg	2%
Iron 1.9 mg	10%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

HANDLING SUGGESTIONS

and surfaces after handling.



SERVING SUGGESTIONS



Potassium 110 mg

PREPARATION & COOKING SUGGESTIONS

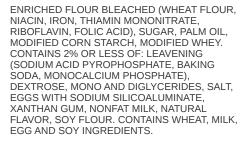
P

2%

2/3 cup mix (88g)

Follow instruction on the package

INGREDIENTS



Keep in a dry cool place. Muffin Mix is not ready-to-

eat and must be thoroughly cooked before eating. To prevent illness from naturally occurring bacteria in wheat flour, do not eat raw batter; wash hands

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

Milk - C

(S) Peanuts - 30

(()) Eggs - C

(10) Tree - 30

Soybean - C

(SO) Fish - 30

(🐞) Wheat - C

(%) Sesame - 30

(!) Crustaceans - 30

Pine Nuts - 30

() Almonds - 30

(!) Cashews - 30

(!) Hazelnuts - 30

(!) Macadamia Nuts -

! Chestnuts - 30

(!) Coconuts - 30

Pecan Nuts - 30

MORE INFORMATION



Prazil Nuts - 30

Pistachios - 30

Usalnuts - 30

! Molluscs - 30

Last Saved: 23 March 2025 | Printed: 30 March 2025

Powered by Syndigo LLC - syndigo.com

Page 1 of 2

125809 - GENERAL MILLS GOLD MEDAL MUFFIN MIX VARIETY

Gold Medal(TM) variety muffin mix in an easy, "just add water" format. Formulated to produce a bold crown, traditional texture, and white crumb with a flightly sweet, vanilla flavor. Great for all your muffin recipes. Available in cost-effective, 5 lb bulk format for smaller operations.

NUTRITIONAL ANALYSIS

Calories	380
Protein	3 g
Total Carbohydrates	67 g
Sugars	36 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	11
Trans Fat	0 g
Saturated Fat	5 g
Added Sugars	34 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	5 mg
Vitamin D	
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	590 mg
Calcium	30 mg
Iron	1.9 mg
Potassium	110 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

MSG	FREE_FROM	TRANS_FAT	FREE_FROM	IRON	GOOD_SOURCE_OF
HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	ARTIFICIAL_SWEETENERS	FREE_FROM		
VEGETARIAN	YES	KOSHER	YES	ARTIFICIAL_FLAVOUR	FREE_FROM

MORE IMAGES





