

125809 - GENERAL MILLS GOLD MEDAL MUFFIN MIX VARIETY

Gold Medal(TM) variety muffin mix in an easy, "just add water" format. Formulated to produce a bold crown, traditional texture, and white crumb with a flightly sweet, vanilla flavor. Great for all your muffin recipes. Available in cost-effective, 5 lb bulk format for smaller operations.



MARKETING

Fresh-baked muffins just got easier! Gold Medal's Variety Muffin Mix helps save time and labor with a just add water muffin mix that provides scratch-like flavor and appearance.. Available in cost-effective, 5 lb bulk format.. Variety Muffin Mix can be used as a base for a variety of muffin and quick bread recipes. Add your own ingredients to make signature creations that delight customers.. Highly tolerant formula forgives minor errors and helps eliminate waste - producing a muffin with a sweet vanilla flavor and a crisp crust with a tender, white interior.



Nutrition Facts

156 Servings per container
Serving Size 2/3 Cup mix makes 2 muffins

Amount Per Serving
Calories 380

% Daily Value*	
Total Fat 11	14%
Saturated Fat 5 g	27%
Trans Fat 0 g	
Cholesterol 5 mg	1%
Sodium 590 mg	26%
Total Carbohydrates 67 g	24%
Dietary Fiber 1 g	4%
Total Sugars 36 g	
Includes 34 g Added Sugars	67%

Protein 3 g	
Vitamin D	%
Calcium 30 mg	2%
Iron 1.9 mg	10%
Potassium 110 mg	2%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code		Dist Prod Code		GTIN		Calculated Pack	
11544000		125809		10016000115443		6/5 LB	
Brand		Brand Owner			GPC Description		
Gold Medal		GENERAL MILLS SALES INC.			Baking/Cooking Mixes (Shelf Stable)		
Gross Weight	Net Weight	Case/Catch Weight		Country Of Origin		Kosher	Child Nutrition
33.500 LBR	30.00 LBR	No		United States		Yes	No
Shipping							
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To	
15.680 INH	11.750 INH	10.000 INH	1.06600 FTQ	10x5	372 Days	32 FAH / 95 FAH	
Traceability Regulation							
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant			Regulation Restrictions and Descriptors	
N/A		N/A	N/A			N/A	

HANDLING SUGGESTIONS



Keep in a dry cool place. Muffin Mix is not ready-to-eat and must be thoroughly cooked before eating. To prevent illness from naturally occurring bacteria in wheat flour, do not eat raw batter; wash hands and surfaces after handling.

ALLERGENS



C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ; 30 = 'Free From Not Tested' ; 50 = 'Derived from Ingredients' ; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'

- Milk - C
- Eggs - C
- Soybean - C
- Wheat - C
- Sesame - 30
- Pine Nuts - 30
- Cashews - 30
- Macadamia Nuts - 30
- Coconuts - 30
- Brazil Nuts - 30
- Walnuts - 30
- Peanuts - 30
- Tree - 30
- Fish - 30
- Shellfish - NI
- Crustaceans - 30
- Almonds - 30
- Hazelnuts - 30
- Chestnuts - 30
- Pecan Nuts - 30
- Pistachios - 30
- Molluscs - 30

INGREDIENTS



ENRICHED FLOUR BLEACHED (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, PALM OIL, MODIFIED CORN STARCH, MODIFIED WHEY. CONTAINS 2% OR LESS OF: LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), DEXTROSE, MONO AND DIGLYCERIDES, SALT, EGGS WITH SODIUM SILICOALUMINATE, XANTHAN GUM, NONFAT MILK, NATURAL FLAVOR, SOY FLOUR. CONTAINS WHEAT, MILK, EGG AND SOY INGREDIENTS.

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PREPARATION & COOKING SUGGESTIONS

Follow instruction on the package

SERVING SUGGESTIONS

2/3 cup mix (88g)

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	380	Total Fat	11	Sodium	590 mg
Protein	3 g	Trans Fat	0 g	Calcium	30 mg
Total Carbohydrates	67 g	Saturated Fat	5 g	Iron	1.9 mg
Sugars	36 g	Added Sugars	34 g	Potassium	110 mg
Dietary Fiber	1 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	5 mg		
Vitamin A (IU)		Vitamin D		Thiamin	
Vitamin A (RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS

MSG	FREE_FROM	TRANS_FAT	FREE_FROM	IRON	GOOD_SOURCE_OF
HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	ARTIFICIAL_SWEETENERS	FREE_FROM		
VEGETARIAN	YES	KOSHER	YES	ARTIFICIAL_FLAVOUR	FREE_FROM

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