

# 125809 - GENERAL MILLS GOLD MEDAL MUFFIN MIX VARIETY

Gold Medal(TM) variety muffin mix in an easy, "just add water" format. Formulated to produce a bold crown, traditional texture, and white crumb with a flightly sweet, vanilla flavor. Great for all your muffin recipes. Available in cost-effective, 5 lb bulk format for smaller operations.



## MARKETING

Fresh-baked muffins just got easier! Gold Medal's Variety Muffin Mix helps save time and labor with a just add water muffin mix that provides scratch-like flavor and appearance.. Available in cost-effective, 5 lb bulk format.. Variety Muffin Mix can be used as a base for a variety of muffin and quick bread recipes. Add your own ingredients to make signature creations that delight customers.. Highly tolerant formula forgives minor errors and helps eliminate waste - producing a muffin with a sweet vanilla flavor and a crisp crust with a tender, white interior.

## Nutrition Facts

156 Servings per container

**Serving Size 2/3 Cup mix makes 2 muffins**

Amount Per Serving

**Calories 380**

% Daily Value\*

**Total Fat 11 14%**

Saturated Fat 5 g **27%**

Trans Fat 0 g

**Cholesterol 5 mg 1%**

**Sodium 590 mg 26%**

**Total Carbohydrates 67 g 24%**

Dietary Fiber 1 g **4%**

Total Sugars 36 g

Includes 34 g Added Sugars **67%**

**Protein 3 g**

Vitamin D %

Calcium 30 mg 2%

Iron 1.9 mg 10%

Potassium 110 mg 2%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
11544000	125809	10016000115443	6/5 LB

Brand	Brand Owner	GPC Description
Gold Medal	GENERAL MILLS SALES INC.	Baking/Cooking Mixes (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
33.500 LBR	30.00 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.680 INH	11.750 INH	10.000 INH	1.06600 FTQ	10x5	372 Days	32 FAH / 95 FAH

## HANDLING SUGGESTIONS

Keep in a dry cool place. Muffin Mix is not ready-to-eat and must be thoroughly cooked before eating. To prevent illness from naturally occurring bacteria in wheat flour, do not eat raw batter; wash hands and surfaces after handling.

## SERVING SUGGESTIONS

2/3 cup mix (88g)

## PREPARATION & COOKING SUGGESTIONS

Follow instruction on the package

## INGREDIENTS

ENRICHED FLOUR BLEACHED (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, PALM OIL, MODIFIED CORN STARCH, MODIFIED WHEY. CONTAINS 2% OR LESS OF: LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), DEXTROSE, MONO AND DIGLYCERIDES, SALT, EGGS WITH SODIUM SILICOALUMINATE, XANTHAN GUM, NONFAT MILK, NATURAL FLAVOR, SOY FLOUR. CONTAINS WHEAT, MILK, EGG AND SOY INGREDIENTS.

## ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - C
- Soybean - C
- Wheat - C
- Sesame - 30
- Pine Nuts - 30
- Cashews - 30
- Macadamia Nuts - 30
- Coconuts - 30
- Peanuts - 30
- Tree - 30
- Fish - 30
- Shellfish - NI
- Crustaceans - 30
- Almonds - 30
- Hazelnuts - 30
- Chestnuts - 30
- Pecan Nuts - 30

## MORE INFORMATION

! Brazil Nuts - 30

! Pistachios - 30

! Walnuts - 30

! Molluscs - 30

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## NUTRITIONAL ANALYSIS



Calories	380
Protein	3 g
Total Carbohydrates	67 g
Sugars	36 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	11
Trans Fat	0 g
Saturated Fat	5 g
Added Sugars	34 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	5 mg
Vitamin D	
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	590 mg
Calcium	30 mg
Iron	1.9 mg
Potassium	110 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

## NUTRITIONAL CLAIMS



MSG	FREE_FROM	TRANS_FAT	FREE_FROM	IRON	GOOD_SOURCE_OF
HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	ARTIFICIAL_SWEETENERS	FREE_FROM	ARTIFICIAL_FLAVOUR	FREE_FROM
VEGETARIAN	YES	KOSHER	YES		

## MORE IMAGES

