MAPLE LEAF FARMS <u>253246 - All Natural Whole Duck, Medium 4.25 – 5.75 lb, Frozen</u>

Maple Leaf Farms duck is cared for in a free to roam environment on small family duck farms throughout northern Indiana. We prioritize duck well-being with our Trident Stewardship program. Our premium quality guaranteed - USDA Grade A All Natural Whole Duck is the perfect option to embrace your culinary creativity. Cook whole, cut up for breast & legs, or even roast the carcass...



MARKETING

USDA Grade A. All Natural. Farm Raised

Nutrition Facts

15 Sonvings par containar	
45 Servings per container	4.07
Serving Size	4 OZ
Amount Per Serving Calories	310
	% Daily Value*
Total Fat 29 g	37%
Saturated Fat 8 g	40%
<i>Trans</i> Fat 0 g	
Cholesterol 80 mg	27%
Sodium 85 mg	4%
Total Carbohydrates 0 g	0%
Dietary Fiber 0 g	0%
Total Sugars 0 g	
Includes 0 g Added Sugars	%
Protein 13 g	
Vitamin D 0.8 mcg	4%
Calcium 0 mg	0%
Iron 1.5 mg	8%
Potassium 230 mg	4%
* The % Daily Values (DV) tells you how much a nutrient in contributes to a daily diet. 2,000 calories a day is used fo advice.	

PRODUCT SPECIFICATIONS

Code		Dist Prod Code				GTIN				Calculated Pack		
003010047	003010047 253246				90073981349027				6 / 4.25 - 5.75 lbs			
Brand				Brand Owner				GPC Description				
MAPLE LEAF FARMS				Maple Leaf Farms Inc.			Duck - Unprepared/Unprocessed					
Gross Weig	Gross Weight Net Weight			Case/Catch Weight Country			ntry Of C	Of Origin Kosher		Child Nutrition		
31 LBR	R 30 LBR Yes			Yes		United States			Undeclared	No		
	Shipping											
Length	V	Width H		ight	Volume	Volume TIxH		Shelf Life		Storage Temp From/To		
24.625 INH	16.	6.625 INH 5.2		5 INH	1.244 FTQ	5x	13	730 Days		0 FAH / 0 FAH		
	Traceability Regulation											
Regulation Type Regul		egula Ac	-	, , , , , , , , , , , , , , , , , , , ,			ation	ion Regulation Restrictions and Descriptors				
			AC N/A	-	N/A				N/A			

HANDLING SUGGESTIONS

Keep frozen for up to 2 years from pack date. Thaw in refrigerator.

ALLERGENS

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C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients' ; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'

Eggs - N	() Tree - N
Soybean - N	🔊 Fish - N

(❀) Wheat - N (Ŵ) Shellfish - N

(So) Sesame - N (!) Crustaceans - N

(!) AU - N (!) Mustard - N

(!) Molluscs - N

INGREDIENTS

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Duck - Single Ingredient item, exempt from ingredient declaration (9CFR 381.118)

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PREPARATION & COOKING SUGGESTIONS

If frozen, thaw duck in refrigerator 36-48 hours. Preheat oven to 375 degrees fahrenheit. Remove duck from bag. Remove neck and giblets from body cavity. Season to taste. Roast uncovered, breast up, on rack in roasting pan. (Cook 26 min per pound) Remove from oven when internal temperature reaches 180 degrees fahrenheit measured at the thigh joint.

SERVING SUGGESTIONS

Bake, grill, or roast to produce tender meat with a crispy outer skin for a special treat or shred the duck to add as an ingredient to your favorite recipe.

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MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	310	Total Fat	29 g		Sodium	85 mg
Protein	13 g	Trans Fat	0 g		Calcium	0 mg
Total Carbohydrates	0 g	Saturated Fat	8 g		Iron	1.5 mg
Sugars	0 g	Added Sugars	0 g		Potassium	230 mg
Dietary Fiber	0 g	Polyunsaturated Fat			Zinc	
Lactose		Monounsaturated Fat			Phosphorus	160 mg
Sucrose		Cholesterol	80 mg			
Vitamin A (IU)		Vitamin D	0.8 mcg		Thiamin	
Vitamin A (RE)		Vitamin E			Niacin	
Vitamin C		Folate] [Riboflavin	
Magnesium		Vitamin B-6] [Vitamin B-12	
Monosodium		Sulphites			Nitrates	

NUTRITIONAL CLAIMS

MORE IMAGES



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