

Udi's

567722 - UDIS Blueberry Muffin Individually Wrapped, 3 OZ

Great for breakfast on-the-go. Sugar sprinkles and bursts of blueberry in each bite. Dairy-free, soy-free and nut-free. Full of Taste, free of Gluten.



MARKETING

# Nutrition Facts

1 Servings per container

**Serving Size** 1 muffin (85g)

**Amount Per Serving**

**Calories** 280

**% Daily Value\***

<b>Total Fat</b> 10	<b>13%</b>
Saturated Fat 2.5 g	<b>13%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 65 mg	<b>22%</b>
<b>Sodium</b> 270 mg	<b>12%</b>
<b>Total Carbohydrates</b> 44 g	<b>16%</b>
Dietary Fiber 1 g	<b>2%</b>
Total Sugars 25 g	
Includes 24 g Added Sugars	<b>48%</b>
<b>Protein</b> 2 g	

Vitamin D 0.4 mcg	2%
Calcium 0 mg	0%
Iron 0.5 mg	2%
Potassium 0 mg	0%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
9899780645	567722	10698997806452	36 x 3 OZ			
Brand	Brand Owner	GPC Description				
Udi's	Conagra Brands, Inc	Bread (Frozen)				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
8.03 LBR	6.75 LBR	No	United States	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
25.375 INH	8.875 INH	6.563 INH	0.855 FTQ	6x9	270 Days	0 FAH / 20 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

HANDLING SUGGESTIONS

Follow storage and usage instructions as printed on consumer packaging.

ALLERGENS

C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ; 30 = 'Free From Not Tested' ; 50 = 'Derived from Ingredients' ; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'

Milk - 30

Eggs - C

Soybean - 30

Wheat - 30

Sesame - 30

Cereals - 30

Mustard - 30

Molluscs - 30

Peanuts - 30

Tree - 30

Fish - 30

Shellfish - 30

Crustaceans - 30

Celery - 30

Lupine - 30

INGREDIENTS

Sugar, Liquid Whole Eggs, Water, Tapioca Starch, Brown Rice Flour (Rice Flour, Rice Bran With Germ), Blueberries, Canola Oil, Potato Starch, Palm Oil, Less Than 2% Of: Dried Blueberries, Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate), Salt, Sunflower Lecithin, Xanthan Gum, Lemon Peel, Natural Flavor, Lemon Oil. CONTAINS: EGG.

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PREPARATION & COOKING SUGGESTIONS

Please follow preparation instructions as printed on the consumer packaging.

SERVING SUGGESTIONS

Follow serving suggestions as printed on the packaging.

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	280	Total Fat	10	Sodium	270 mg
Protein	2 g	Trans Fat	0 g	Calcium	0 mg
Total Carbohydrates	44 g	Saturated Fat	2.5 g	Iron	0.5 mg
Sugars	25 g	Added Sugars	24 g	Potassium	0 mg
Dietary Fiber	1 g	Polyunsaturated Fat	2 g	Zinc	
Lactose		Monounsaturated Fat	5 g	Phosphorus	
Sucrose		Cholesterol	65 mg		
Vitamin A (IU)		Vitamin D	0.4 mcg	Thiamin	
Vitamin A (RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS

MORE IMAGES



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