

672257 - FALAFEL FRITTERS - 1 OZ UNCOOKED PUCK- Halal

Authentic, Plant Based Falafel recipe featuring chickpeas, parsley, onions, cilantro serrano peppers, garlic and spices. Falafel fritters feature a back-of-house appearance but without the labor. Just cook & serve. Vegan recipe and free of artificial colors, flavors and preservatives.



MARKETING

Halal



Nutrition Facts

85 Servings per container

Serving Size

3 pucks

Amount Per Serving

Calories

130

% Daily Value*

Total Fat 2 g

3%

Saturated Fat 2.39 g

1%

Trans Fat 0 g

Cholesterol 0 mg

0%

Sodium 420 mg

18%

Total Carbohydrates 26.51 g

%

Dietary Fiber 6 g

21%

Total Sugars 4 g

Includes 0 g Added Sugars

0%

Protein 7 g

Vitamin D 0 mcg

0%

Calcium 51 mg

4%

Iron 3 mg

15%

Potassium 59 mg

2%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
SA000011	672257	10075365000924	4 - 4 LB BAGS

Brand	Brand Owner	GPC Description
GRECIAN DELIGHT	GRECIAN DELIGHT FOODS	Meat Substitutes - Non Animal Based (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
17 LBR	16 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.94 INH	11.06 INH	7.5 INH	0.81 FTQ	9x8	180 Days	0 FAH / 10 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - N
- Soy - N
- Wheat - N
- Sesame - NI
- Peanuts - N
- Tree Nuts - N
- Fish - N
- Shellfish - NI

SERVING SUGGESTIONS

Serve as a snack, on a salad, as a sandwich or part of a platter.

INGREDIENTS

Water, Chickpeas, Parsley, Onions, Cilantro, Serrano Peppers, Garlic Puree (Garlic, Citric Acid and Ascorbic Acid), Contains 2% or less of: Salt, Spices, Rice Flour, Xanthan Gum.

HANDLING SUGGESTIONS

Keep Frozen (10°F or below).

PREPARATION & COOKING SUGGESTIONS

Fry Falafel Fritters for 4 ½ - 5 minutes or until golden brown and internal temperature is 165°F.

MORE INFORMATION

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NUTRITIONAL ANALYSIS



Calories	130
Protein	7 g
Total Carbohydrates	26.51 g
Sugars	4 g
Dietary Fiber	6 g
Lactose	
Sucrose	
Vitamin A (IU)	737.35 737.35 iu
Vitamin A (RE)	737.35
Vitamin C	11.64 mg
Magnesium	
Monosodium	

Total Fat	2 g
Trans Fat	0 g
Saturated Fat	2.39 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	420 mg
Calcium	51 mg
Iron	3 mg
Potassium	59 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



ARTIFICIAL_COLOUR	FREE_FROM	ARTIFICIAL_FLAVOUR	FREE_FROM	ARTIFICIAL_PRESERVATIVES	FREE_FROM
FREE_FROM_GLUTEN	YES	KOSHER	YES	VEGAN	YES
HALAL	YES				

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