

High Liner Foodservice Parmesan Crusted Lightly Breaded Pink Salmon Portions, 105 g / 3.7 oz

Wild Caught Pink Salmon, On-Trend Flavors, Popular Glazed and Crusted Coating Systems, Versatile for Entrée, Sandwich, Salad and Taco Applications, Formed Portions for Perfectly Consistent Case Count, Cooking and Serving

Product Last Saved Date: 19 February 2026



Nutrition Facts

Servings per container

Serving Size Per 1 portion (105 g)

Amount Per Serving

Calories **190**

% Daily Value*

Total Fat 7 g **9%**

Saturated Fat 1.5 g **8%**

Trans Fat 0 g

Cholesterol 35 mg **%**

Sodium 380 mg **17%**

Total Carbohydrates 15 g **%**

Dietary Fiber 1 g **4%**

Total Sugars 1 g

Includes Added Sugars **%**

Protein 17 g

Vitamin D **%**

Calcium 30 mg **2%**

Iron 1.25 mg **7%**

Potassium 300 mg **9%**

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications :

Code	GTIN	Type Of Catch
12300022	10061763000222	

Brand	GPC Description
High Liner Foodservice	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
4.98952 KGM			Undeclared	

Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
39.87 CMT	19.55 CMT	21.32 CMT	0.01662 MTQ	15x4	540 Days	

Ingredients :

Pink salmon, Toasted wheat crumbs, Water, Flour (wheat, corn), Soya oil, Modified corn starch, Cheese (parmesan, romano), Seasonings (garlic, red bell pepper, onion, parsley, spices, soy sauce powder, disodium inosinate, disodium guanylate, yeast extract, citric acid, tomato powder, torula yeast), Sugars (sugar, maltodextrin, dextrose), Salt, Sodium phosphate (to retain moisture), Flavour, Modified milk ingredients, Guar flour, Annatto, Turmeric. Contains: Pink salmon (fish), Wheat, Barley, Soy, Milk.

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided' INI='Intentionally nor Inherently Included'):

Eggs - NI	Milk - NI	Soy - NI
Fish - NI	Wheat - NI	TreeNuts - NI
Peanuts - NI	Crustacean - NI	Sesame - NI

Prep & Cooking Suggestions:

KEEP FROZEN UNTIL USED – DO NOT REFREEZE IF THAWED. COOK FROM FROZEN. Bake in a preheated 425°F (220°C) oven in a single layer on a foil-lined baking sheet. OVEN: 20-22 min CONVECTION OVEN: 12-15 min NOTE: Since appliances vary, these instructions are guidelines only. Cook to a minimum internal temperature of 158°F (70°C).

Serving Suggestions:

Excellent substitution to an Italian style hoagie sandwich. Pairs perfectly with tomato and basil in a classic Caprese salad.

Species / Scientific Name:

Claims & Child Nutrition:

BAP Certified:
 MSC Certified: Yes
 Has CN Statement: No
 CN Statement:



Information subject to change without notice at the discretion of High Liner Foods (USA)
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Page 1 of 1

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