



MARKETING

Excellent Source of 7 Vitamins and Minerals

Nutrition Facts

26 Servings per container

Serving Size1 CUP

Amount Per Serving

Calories160

% Daily Value\*

Total Fat 0.5 g1%

Saturated Fat 0 g0%

Trans Fat 0 g

Cholesterol 0 mg0%

Sodium 280 mg12%

Total Carbohydrates 36 g13%

Dietary Fiber 0.5 g3%

Total Sugars 17 g

Includes 17 g Added Sugars34%

Protein 2 g

Vitamin D 1.4 mcg8%

Calcium 0 mg0%

Iron 6.4 mg35%

Potassium 30 mg0%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
71923-76249	905702	10071923762495	4 / / 35.0 Ounce

Brand	Brand Owner	GPC Description
HOSPITALITY	Gilster-Mary Lee Food Service	Cereals Products - Ready to Eat (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
9.75 LBR	8.75 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
19.813 INH	10.563 INH	12.188 INH	1.476 FTQ	8x7	365 Days	50 FAH / 85 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

Milk - N

Eggs - N

Soy - N

Wheat - N

Sesame - N

Peanuts - N

Tree Nuts - N

Fish - N

Shellfish - N

SERVING SUGGESTIONS

1 CUP

INGREDIENTS

YELLOW CORN FLOUR, SUGAR, WHOLE OAT FLOUR, HIGH FRUCTOSE CORN SYRUP, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SALT, MOLASSES, VITAMIN C (SODIUM ASCORBATE, ASCORBIC ACID), IRON (FERROUS FUMARATE), VITAMIN A (PALMITATE), YELLOW 5, MIXED TOCOPHEROLS (TO PRESERVE FRESHNESS), YELLOW 6, NIACINAMIDE, VITAMIN B1 (THIAMINE MONONITRATE), VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN D (CHOLECALCIFEROL), VITAMIN B2 (RIBOFLAVIN), FOLIC ACID.BHT ADDED TO PACKAGING TO HELP PRESERVE FRESHNESS. CONTAINS A BIOENGINEERED FOOD INGREDIENT

HANDLING SUGGESTIONS

DRY

PREPARATION & COOKING SUGGESTIONS

Add milk or enjoy right out of the Box

MORE INFORMATION



NUTRITIONAL ANALYSIS



Calories	160	Total Fat	0.5 g	Sodium	280 mg
Protein	2 g	Trans Fat	0 g	Calcium	0 mg
Total Carbohydrates	36 g	Saturated Fat	0 g	Iron	6.4 mg
Sugars	17 g	Added Sugars	17 g	Potassium	30 mg
Dietary Fiber	0.5 g	Polyunsaturated Fat	0 g	Zinc	
Lactose		Monounsaturated Fat	0 g	Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A (IU)	210	Vitamin D	1.4 mcg	Thiamin	0.5 mg
Vitamin A (RE)	210	Vitamin E		Niacin	7.1 mg
Vitamin C	9 mg	Folate		Riboflavin	0.6 mg
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS



TRANS_FAT	FREE_FROM	KOSHER	YES
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