



MARKETING

Excellent Source of 7 Vitamins and Minerals

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
71923-76249	905702	10071923762495	4 / 35.0 Ounce

Brand	Brand Owner	GPC Description
HOSPITALITY	Gilster-Mary Lee Food Service	Cereals Products - Ready to Eat (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
9.75 LBR	8.75 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
19.813 INH	10.563 INH	13.1875 INH	1.59 FTQ	8x7	365 Days	50 FAH / 85 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - N
- Soy - N
- Wheat - N
- Sesame - N
- Peanuts - N
- Tree Nuts - N
- Fish - N
- Shellfish - N

HANDLING SUGGESTIONS

DRY

SERVING SUGGESTIONS

1 CUP

PREPARATION & COOKING SUGGESTIONS

Add milk or enjoy right out of the Box

MORE INFORMATION

Nutrition Facts

26 Servings per container

Serving Size 1 CUP

Amount Per Serving
Calories 160

	% Daily Value*
Total Fat 0.5 g	1%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 280 mg	12%
Total Carbohydrates 36 g	13%
Dietary Fiber 0.5 g	3%
Total Sugars 17 g	
Includes 17 g Added Sugars	34%

Protein 2 g	
Vitamin D 1.4 mcg	8%
Calcium 0 mg	0%
Iron 6.4 mg	35%
Potassium 30 mg	0%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS

YELLOW CORN FLOUR, SUGAR, WHOLE OAT FLOUR, HIGH FRUCTOSE CORN SYRUP, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SALT, MOLASSES, VITAMIN C (SODIUM ASCORBATE, ASCORBIC ACID), IRON (FERROUS FUMARATE), VITAMIN A (PALMITATE), YELLOW 5, MIXED TOCOPHEROLS (TO PRESERVE FRESHNESS), YELLOW 6, NIACINAMIDE, VITAMIN B1 (THIAMINE MONONITRATE), VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN D (CHOLECALCIFEROL), VITAMIN B2 (RIBOFLAVIN), FOLIC ACID. BHT ADDED TO PACKAGING TO HELP PRESERVE FRESHNESS. CONTAINS A BIOENGINEERED FOOD INGREDIENT



NUTRITIONAL ANALYSIS



Calories	160
Protein	2 g
Total Carbohydrates	36 g
Sugars	17 g
Dietary Fiber	0.5 g
Lactose	
Sucrose	
Vitamin A (IU)	210
Vitamin A (RE)	210
Vitamin C	9 mg
Magnesium	
Monosodium	

Total Fat	0.5 g
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	17 g
Polyunsaturated Fat	0 g
Monounsaturated Fat	0 g
Cholesterol	0 mg
Vitamin D	1.4 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	280 mg
Calcium	0 mg
Iron	6.4 mg
Potassium	30 mg
Zinc	
Phosphorus	
Thiamin	0.5 mg
Niacin	7.1 mg
Riboflavin	0.6 mg
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



TRANS_FAT	FREE_FROM
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KOSHER	YES
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