

610847 - Land O Lakes Ultimate Cheddar Cheese Dip Cups.

Land O Lakes Ultimate Cheddar Cheese Dip Cup is a shelf stable, kid pleasing protein available in a convenient cup. Perfect on the side or on the go. 140/3 oz cups. Meal Contribution Credit per serving: 1 M/MA.



MARKETING

Grab and go for easy serving. Great for emergency feeding. Shelf stable for convenient storage. 1 M/MA

Nutrition Facts

1 Servings per container	
Serving Size	3 Ounce
Amount Per Serving	
Calories	180
% Daily Value*	
Total Fat 10 g	13%
Saturated Fat 6 g	30%
Trans Fat 0 g	
Cholesterol 30 mg	10%
Sodium 390 mg	17%
Total Carbohydrates 13 g	5%
Dietary Fiber 0 g	0%
Total Sugars 10 g	
Includes 0 g Added Sugars	0%
Protein 10 g	
Vitamin D 0 mcg	0%
Calcium 334 mg	25%
Iron 0 mg	0%
Potassium 1829 mg	40%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
39911000034500	610847	10034500399118	140 - 3oz Cups

Brand	Brand Owner	GPC Description
LAND O LAKES	LAND O'LAKES	Cheese (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
28.25 LBR	26.25 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
21.25 INH	15.25 INH	6.25 INH	1.1721 FTQ	5x5	180 Days	34 FAH / 95 FAH

HANDLING SUGGESTIONS

Dry/Ambient (34 to 95)

SERVING SUGGESTIONS

Serve with chips, breads and vegetables for lunch or afterschool snack. Self-serve bars. Field Trips. Emergency and summer feeding.

PREPARATION & COOKING SUGGESTIONS

Ready to eat at room temperature. See package for detailed preparation. If heated, product temperature should not exceed 140°F. Heat in a convection oven set at 200°F for 12-15 minutes or heat in a conventional oven set at 200°F for 22-25 minutes. Do not microwave. Warming unit not recommended for heating. Always use caution to avoid burns when handling and eating warmed cheese sauce.

INGREDIENTS

Cheddar Cheese (Cultured Pasteurized Milk, Salt, Enzymes), Whey, Skim Milk, Reduced Fat Cheddar Cheese (Cultured Pasteurized Reduced Fat Milk, Salt, Enzymes), Potassium and Sodium Phosphates, Maltodextrin, Contains Less than 2% of: Glucono-Delta-Lactone, Natural Flavors, Carrageenan, Lactic Acid, Mono and Diglycerides, Sorbic Acid (Preservative), Salt, apo-Carotenal (color).

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - 30
- Soybean - 30
- Wheat - 30
- Sesame - 30
- Peanuts - 30
- Tree - 30
- Fish - 30
- Shellfish - 30
- Crustaceans - 30

MORE INFORMATION

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NUTRITIONAL ANALYSIS



Calories	180
Protein	10 g
Total Carbohydrates	13 g
Sugars	10 g
Dietary Fiber	0 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	10 g
Trans Fat	0 g
Saturated Fat	6 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	30 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	390 mg
Calcium	334 mg
Iron	0 mg
Potassium	1829 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



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