## 202645 - Quaker Steel Cut Oatmeal Regular 30 Oz

QUAKER Steel Cut Oatmeal features the great taste of QUAKER OATMEAL expertly cut to preserve the texture of the oats. Sold in a convenient 30 OZ resealable package. Feature on your menu or on your breakfast bar with toppings to drive incremental breakfast sales.



MARKETING

Hearty texture. 100% Whole Grain. For Food Service use. Heart Healthy

# **Nutrition Facts**

21 Servings per container	
Serving Size 1/4 cup	o dry (40 g)
Amount Per Serving Calories	150
	% Daily Value*
Total Fat 3	4%
Saturated Fat 0.5 g	3%
<i>Trans</i> Fat 0 g	
Cholesterol 0 mg	0%
Sodium 0 mg	0%
Total Carbohydrates 27 g	10%
Dietary Fiber 4 g	13%
Total Sugars 1 g	
Includes 0 g Added Sugars	0%
Protein 5 g	
Vitamin D 0 mcg	0%

<sup>t</sup> The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition

#### PPODUCT SPECIFICATIONS

RODUCTS	FLCI	FICAT									9	
Code Dist Pro			ist Pro	Prod Code		GTIN		Calculated Pack				
10030000565435				202645			1003000565435			12 x 30 OZ		
Brand		Brand Owner				GPC Description						
Quaker	I	PepsiCo	Inc. Bran	·	Cereals Products - Not Ready to Eat (Shelf Stable)							
Gross Weight Net V			Veight	Case/Catch Weigh			Country Of Origin		Kosher	Child Nutrition		
24.312 LBR 22.		22.5	LBR		No			United States		Yes	No	
Shipping												
Length	Wi	dth	Heigh	nt V	/olume	TIxH	1	Shelf Life		Storage Temp From/To		
16.5 INH	12.2	5 INH	7.25 IN	н 0.	.848 FTQ	10x6		540 Days	35 FAH / 85 FAH		H / 85 FAH	
					Tracea	bility R	legu	lation				
Regulation Type Regulatory			Trade Item Regulation			Reg	Regulation Restrictions and					
Code			Act	:	Comp			npliant		Descriptors		
N/A		N/A					N/A		N/A			

#### HANDLING SUGGESTIONS

All products are code dated with expiration date. Rotate product to insure fresh products. Destroy out of code products. Store out of direct sunlight at room temperature.

#### ALLERGENS

 $\begin{array}{l} C = {\rm 'Contains'} \, ; \, MC = {\rm 'May \ Contain'} \, ; \, M = {\rm 'Free \ From'} \, ; \, UN = {\rm 'Undeclared'} \, ; \\ 30 = {\rm 'Free \ From \ Not \ Tested'; \ 50 = {\rm 'Derived \ from \ Ingredients'} \, ; \ 60 = {\rm 'Not \ Derived \ From \ Ingredients'} \, ; \ M = {\rm 'No \ Info'} \end{array}$ 

😥 Fish - NI

() Shellfish - NI

Milk - NI	🕥 Peanuts - NI
🔘 Eggs - NI	(ii) Tree - NI

()

🔊 Soybean - NI

🛞 Wheat - NI

( Sesame - NI

#### INGREDIENTS

Calcium 20 mg

Potassium 150 mg

Iron 1.5 mg

advice.

STEEL CUT OATS.

0%

8%

2%

Last Saved: 15 May 2025 | Printed: 14 July 2025

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**PREPARATION & COOKING SUGGESTIONS** 

SERVING SUGGESTIONS

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MORE INFORMATION

Telephone : 1-800-367-6287

### NUTRITIONAL ANALYSIS

Calories	150	Total Fat	3	Sodium	0 mg
Protein	5 g	Trans Fat	0 g	Calcium	20 mg
Total Carbohydrates	27 g	Saturated Fat	0.5 g	Iron	1.5 mg
Sugars	1 g	Added Sugars	0 g	Potassium	150 mg
Dietary Fiber	4 g	Polyunsaturated Fat	1 g	Zinc	
Lactose		Monounsaturated Fat	1 g	Phosphorus	130 mg
Sucrose		Cholesterol	0 mg		
Vitamin A (IU)		Vitamin D	0 mcg	Thiamin	0.2 mg
Vitamin A (RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium	40 mg	Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

### NUTRITIONAL CLAIMS

#### MORE IMAGES



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