## 565641 - GoodyMan® Yeast Raised-Whole Grain Pull-a-Part Donut

-Fun to eat, delicious yeast raised pull-a-part donut -Meets 2 grain credit -4g of Protein per serving -ONLY 8 grams of sugar per serving



#### MARKETING

#### PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
18450	565641	10091464184501	80/2.5 oz individually wrapped pull-a-part yeast raised bun

Brand	Brand Owner	GPC Description
Super Bakery GoodyMan	Super Bakery	Pies/Pastries - Sweet (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
13.5 LBR	12.5 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
19.9 INH	13.2 INH	9 INH	2364.1 INQ	7x10	485 Days	-10 FAH / 10 FAH

# **Nutrition Facts**

Servings per container Serving Size

**Amount Per Serving Calories** 

16%

	% Daily Value*
Total Fat 11	14%
Saturated Fat 4.5 g	23%

Trans Fat 0 g

Cholesterol 0 ma 0% 13% Sodium 300 mg **Total Carbohydrates** 31 g 11% Dietary Fiber 2 g **7**%

Total Sugars 8 g Includes 8 g Added Sugars

Protein 4 g Vitamin D 0 mcg 0% Calcium 24 mg 2% Iron 1 ma 6%

Potassium 83 mg 2% The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition

### **ALLERGENS**



### SERVING SUGGESTIONS



Thaw at room temperature

(例)Milk - C

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info' ( Peanuts - N

( Eggs - C

(1) Tree Nuts - N

Shellfish - N

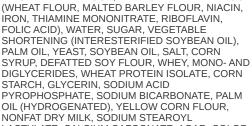
🗞 Soy - C

Fish - N

( Wheat - C Sesame - N

# **INGREDIENTS**

advice.



WHOLE WHEAT FLOUR, ENTRICHED WHEAT FLOUR

LACTYLATE, CALCIUM CARBONATE, AGAR, COLOR (EXTRACTS OF ANNATTO AND TURMERIC), NATURAL FLAVOR, MONOCALCIUM PHOSPHATE, **FGGS** 

#### HANDLING SUGGESTIONS



PREPARATION & COOKING SUGGESTIONS



Maintain frozen. Thaw before serving. Ambient shelf life 5 days.

Thaw and serve

#### MORE INFORMATION



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#### **NUTRITIONAL ANALYSIS**



Calories	240
Protein	4 g
Total Carbohydrates	31 g
Sugars	8 g
Dietary Fiber	2 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

11
0 g
4.5 g
8 g
0 mg
0 mcg

Sodium	300 mg
Calcium	24 mg
Iron	1 mg
Potassium	83 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

#### **NUTRITIONAL CLAIMS**

### MORE IMAGES





