

10 Lb (4.54 kg) Oven Ready Crunchy Breaded Fish Rectangles 3.6 oz, CN

High Liner Foodservice Breaded Alaska Pollock Rectangles are ready to cook and please kids to adults of all ages. Made from premium wild caught Pollock, each rectangle is coated with kid-friendly signature seasoned breading, and bakes in minutes from frozen to ensure a delicious crunch with tender flaky fish in every bite. An excellent choice for Child Nutrition-approved applications that's quick and easy to prepare.

Product Last Saved Date: 20 October 2025

Nutrition Facts

44 Servings per container

Serving Size 1 Piece (101g / 3.6oz)

Amount Per Serving Calories

190

Calories	190
	% Daily Value*
Total Fat 8 g	10%
Saturated Fat 1 g	5%
Trans Fat 0 g	
Cholesterol 45 mg	15%
Sodium 280 mg	12%
Total Carbohydrates 15 g	5%
Dietary Fiber 0 g	0%
Total Sugars 1 g	
Includes 0 g Added Sugars	0%
Protein 14 g	
Vitamin D 1 mcg	6%
Calcium 13 mg	2%
Iron 1 mg	6%
Potassium 263 mg	6%

Product Specifications :				
Code	GTIN	Type Of Catch		
1089146	10035493891467	WILD		

Brand	GPC Description
High Liner Foodservice	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
11 LBR	10 LBR	N/A	Undeclared	No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
15.8125 INH	7.8125 INH	8.625 INH	0.6166 FTQ	15x5	540 Days	-10 FAH / 0 FAH

Ingredients:

71.3% POLLOCK, 28.7% BATTER AND BREADING: ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, MODIFIED CORN STARCH, YELLOW CORN FLOUR, SUGAR, SALT, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE, SODIUM ACID PYROPHOSPHATE), SOY FLOUR, DEXTROSE, YEAST, NATURAL FLAVOR, WHEY, CELLULOSE GUM, EGGS. PREFRIED IN CANOLA, COTTONSEED, AND/OR SOYBEAN OIL. CONTAINS: POLLOCK (FISH), WHEAT, SOY, MILK, EGGS

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):				
Eggs - C	Milk - C	Soy - C		
Fish - C	Wheat - C	TreeNuts - 30		
Peanuts - 30	Crustacean - 30	Sesame - 30		

Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: TO BAKE: Place frozen portions on a lightly oiled sheet pan. CONVECTION OVEN: Preheat oven to 400°F and bake for 18-22 minutes. CONVENTIONAL OVEN: Preheat oven to 425°F and bake for 20-25 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 158°F MINIMUM.

Serving Suggestions:

Ideal as an entrée for school lunch, healthcare or senior living center dining. Pairs well with a variety of sides and traditional or signature sauces.

Species / Scientific Name:

Pollock - Gadus chalcogrammus

Claims & Child Nutrition:

BAP Certified:
MSC Certified:

Has CN Statement: Yes
CN Statement: ONE 3.60 OVEN READY CRUNCHY BREADED FISH PORTION

PROVIDES 2.00 OZ. EQUIVALENT MEAT FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS. DISCLAIMER: This product contains grains that are not creditable in school meal programs.

Additional grains must be served to meet meal pattern requirements.









Information subject to change without notice at the discretion of High Liner Foods (USA) http://www.highlinerfoods.com

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1089146 - 10 Lb (4.54 kg) Oven Ready Crunchy Breaded Fish Rectangles 3.6 oz, CN

CN Information:

CN Statement: ONE 3.60 OVEN READY CRUNCHY BREADED FISH PORTION PROVIDES 2.00 OZ. EQUIVALENT MEAT FOR CHILD

NUTRITION MEAL PATTERN REQUIREMENTS. DISCLAIMER: This product contains grains that are not creditable in school meal

programs. Additional grains must be served to meet meal pattern requirements.

Suggested Bid:

Meat/Meat Alternative :

WholeGrain Credit Calculation:

Label Copy:

*Please note - label for bid proposes only per USDA Document# SP11v2 CACEP10SESSP13-2015 - Label copied with watermark is acceptable documentation for administrative review - the original labels on cartons received will not have a watermark

Oven Ready Crunchy Breaded Fish Rectangles 3.6 oz

1089146



ONE 3.60 OVEN READY CRUNCHY BREADED FISH PORTION PROVIDES
CN 2.00 OZ. EQUIVALENT MEAT FOR CHILD NUTRION MEAL
PATTERN REQUIREMENTS, (USE OF THIS LOGG AND STATEMENT
AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, USDA 10/2023). _ CN

DISCLAIMER: This product contains grains that are not creditable in school meal programs. Additional grains must be served to meet meal pattern requirements.

LOT #:

NOTE: COOK TO AN INTERNAL TEMPERATURE

1234567890

INGREDIENTS: 21.3% POLLOCK, 28.7% BATTER AND BREADING: ENRICHED WHEAT FLOUR, FLOUR, FLOUR, MIGIN, FERROLIS SULE, THÉMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED WHEAT FLOUR, FEGUR: NIADIN, REDUCED, IRON, THAMME NORONITRATE, RIBOFLAVIN, FOLIC ACID), WALFER, MODINED CORN STARCH, YELLOW, GORD HE OUR, SUGAR, SALT, LEAVENI (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE, SODIUM ACID PYROPHOSPHATE), SOY FLOUR, DEXTROSE, YEAST, NATURAL FLAVOR, WHEY, CELLULOSE GUM, EGGS. PREFRIED IN CANOLA, COTTONSEED, AND/OR SOYBEAN OIL.

CONTAINS: POLLOCK (FISH), WHEAT, SOY, MILK, EGGS

INDIVIDUALLY QUICK FROZEN

REFREEZE

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2566451

NET WT 10 Lb (4.54 kg)



1089146



High Liner Bid Desk Contact and Specification Verification:

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