

200499 - Kellogg's All Bran Cereal Complete Wheat Flakes 1.13o...

Greet mornings with Kellogg's All-Bran Complete Wheat Flakes, a delicious, low-fat cereal; A family-favorite made for kids and adults to enjoy by the bowlful; All-Bran Complete, our best in every bite. All Bran Cereal Complete Wheat Flake in 1.13oz individual boxes; Each serving provides a good source of 10 vitamins and minerals and 20 percent of your recommended daily value o...



MARKETING

Place in the breakfast bar, or near the milk or yogurt station; This item is a good fit for Convenience Stores, Recreation, Lodging, Hospitals, Transportation, B&I, Colleges/Universities, Military, Caterers. All Bran Cereal Complete Wheat Flake in 1.13oz individual boxes; Each serving provides a good source of 10 vitamins and minerals and 20 percent of your recommended daily value of dietary fiber. Ready to eat cereal in 1.13oz individual boxes are packaged for freshness, 70 case count, 12.130 IN x 9.940 IN x 15.000 IN. A nutritious, crunchy fiber-rich cereal that is ideal for kids and adults

Nutrition Facts

1 Servings per container	
Serving Size	1 Box
Amount Per Serving	
Calories	100
% Daily Value*	
Total Fat 1	1%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 220 mg	10%
Total Carbohydrates 26 g	9%
Dietary Fiber 6 g	20%
Total Sugars 6 g	
Includes 6 g Added Sugars	12%

Protein 3 g	
Vitamin D 1.7 mcg	8%
Calcium 10 mg	0%
Iron 9.3 mg	50%
Potassium 160 mg	2%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code		Dist Prod Code		GTIN		Calculated Pack	
3800021937		200499		00038000219375		1.13 oz./70 ct.	
Brand	Brand Owner		GPC Description				
Kellogg's	WK KELLOGG CO		Cereals Products - Ready to Eat (Shelf Stable)				
Gross Weight	Net Weight	Case/Catch Weight		Country Of Origin		Kosher	Child Nutrition
8.83 LBR	4.944 LBR	No		United States		Yes	No
Shipping							
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To	
12.13 INH	9.94 INH	15 INH	1.05 FTQ	16x3	365 Days	35 FAH / 85 FAH	
Traceability Regulation							
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant			Regulation Restrictions and Descriptors	
N/A		N/A	N/A			N/A	

HANDLING SUGGESTIONS

Dry

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - 30
- Peanuts - 30
- Eggs - 30
- Tree - 30
- Soybean - 30
- Fish - 30
- Wheat - C
- Shellfish - 30
- Sesame - 30
- Crustaceans - 30

INGREDIENTS

INGREDIENTS: WHOLE GRAIN WHEAT, WHEAT BRAN, SUGAR, BROWN SUGAR SYRUP, CONTAINS 2% OR LESS OF salt, malt flavor. VITAMINS AND MINERALS: Reduced iron, niacinamide, vitamin B6 (pyridoxine hydrochloride), vitamin B2 (riboflavin), vitamin B1 (thiamin), folic acid, vitamin B12, vitamin D3.

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PREPARATION & COOKING SUGGESTIONS

SERVING SUGGESTIONS

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	100	Total Fat	1	Sodium	220 mg
Protein	3 g	Trans Fat	0 g	Calcium	10 mg
Total Carbohydrates	26 g	Saturated Fat	0 g	Iron	9.3 mg
Sugars	6 g	Added Sugars	6 g	Potassium	160 mg
Dietary Fiber	6 g	Polyunsaturated Fat	0 g	Zinc	
Lactose		Monounsaturated Fat	0 g	Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A (IU)		Vitamin D	1.7 mcg	Thiamin	
Vitamin A (RE)		Vitamin E		Niacin	
Vitamin C		Folate	170 mcg	Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS

KOSHER	YES
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