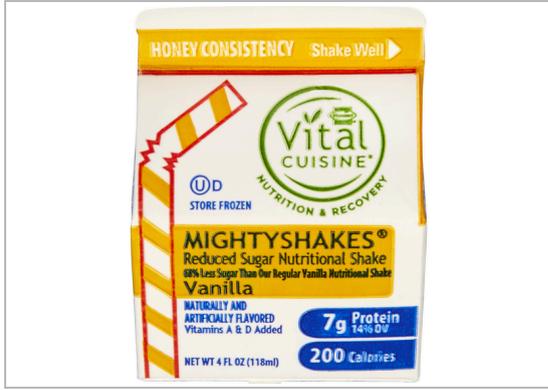


147929 - HORMEL VITAL CUISINE MIGHTYSHAKES Reduced Sugar Nutri...

Add calories and protein in a small portion



MARKETING



Nutrition Facts

1 Servings per container
Serving Size 1 Container
Amount Per Serving
Calories 200
 % Daily Value*

Total Fat 10 g	20%
Saturated Fat 1.5 g	3%
Trans Fat 0 g	0%
Cholesterol 15 mg	3%
Sodium 120 mg	3%
Total Carbohydrates 21 g	4%
Dietary Fiber 0 g	0%
Total Sugars 6 g	12%
Includes 1 g Added Sugars	2%

Protein 7 g

Vitamin D 3 mcg	15%
Calcium 200 mg	15%
Iron 0.4 mg	2%
Potassium 90 mg	2%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
45475	147929	10099429454751	HORMEL VITAL CUISINE MIGHTYSHAKES Reduced Sugar Nutritional Shake - Honey Consistency - Vanilla			
Brand		Brand Owner	GPC Description			
MIGHTYSHAKES		Hormel Foods Corporation	Dairy Based Drinks - Ready to Drink (Perishable)			
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
15.96 LBR	14.1 LBR	No	United States	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
12.25 INH	11.88 INH	6.5 INH	0.54742 FTQ	12x8	450 Days	-20 FAH / 10 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

HANDLING SUGGESTIONS



RECOMMENDED TEMPERATURE: 0F. MINIMUM TEMPERATURE: -20F. MAXIMUM TEMPERATURE: 10F. STORAGE: KEEP FROZEN.

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; IN/II = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - N
- Soybean - C
- Wheat - N
- Sesame - N
- Crab - N
- Shrimp - N
- Bass - N
- Cod - N
- Salmon - N
- Clam - N
- Pine Nuts - N
- Cashews - N
- Butternuts - N
- Ginkgo Nuts - N
- Peanuts - NI
- Tree - NI
- Fish - N
- Shellfish - NI
- Tuna - N
- Lobster - N
- Crustaceans - N
- Anchovy - N
- Pollock - N
- Mustard - N
- Oysters - N
- Almonds - N
- Beech Nuts - N
- Chinquapins - N
- Hazelnuts - N

INGREDIENTS



NATURALLY AND ARTIFICIALLY FLAVORED
 Ingredients: Skim Milk, Water, Maltodextrin, Corn Oil, Whey Protein Concentrate, Isolated Soy Protein (Contains Calcium Phosphate, Soy Lecithin), Contains 2% or less of Gum Blend (Maltodextrin, Carrageenan, Xanthan Gum, Locust Bean Gum, and Guar Gum), Hydroxylated Soy Lecithin, Propylene Glycol, Phosphate Blend (Tripotassium Phosphate, Dipotassium Phosphate, Sodium Hexametaphosphate), Ethyl Alcohol, Natural and Artificial Flavoring, Titanium Dioxide (Color), Sucralose, Vitamin A&D Blend (Water, Polysorbate 80, Propylene Glycol [Preservative], Vitamin A Palmitate, Vitamin D3), Benzyl Alcohol, Citric Acid, Sodium Citrate, and Benzyl Benzoate, Potassium Sorbate, and Sodium Benzoate (To Maintain Freshness). Contains: Milk, Soy.

⚠ Hickory Nuts - N

⚠ Shea Nuts - N

⚠ Pili Nuts - N

⚠ Lichee Nuts - N

⚠ Macadamia Nuts - N

⚠ Chestnuts - N

⚠ Coconuts - N

⚠ Pecan Nuts - N

⚠ Brazil Nuts - N

⚠ Pistachios - N

⚠ Walnuts - N

Add calories and protein in a small portion

PREPARATION & COOKING SUGGESTIONS 

Thaw and Serve

SERVING SUGGESTIONS 

MORE INFORMATION 

Telephone : 800-533-2000

NUTRITIONAL ANALYSIS 

Calories	200
Protein	7 g
Total Carbohydrates	21 g
Sugars	6 g
Dietary Fiber	0 g
Lactose	
Sucrose	
Vitamin A (IU)	140
Vitamin A (RE)	140
Vitamin C	
Magnesium	
Monosodium	

Total Fat	10 g
Trans Fat	0 g
Saturated Fat	1.5 g
Added Sugars	1 g
Polyunsaturated Fat	0 g
Monounsaturated Fat	0 g
Cholesterol	15 mg
Vitamin D	3 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	120 mg
Calcium	200 mg
Iron	0.4 mg
Potassium	90 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS 

MORE IMAGES 

