

MINH®

351172 - SFS MINH WHOLE GRAIN VEGETABLE FRIED RICE NET WT 30.9...

Our Whole Grain Vegetable Fried Rice is made with brown rice, carrots, peas, corn, and authentic Asian seasonings



MARKETING

Each 5 lb. bag contains a complete mix of brown rice, vegetables and seasoning is pre-mixed and in one bag. Easy to portion consistently, rice does not stick or clump. The right-size bag, our 5 lb. bag fills one full-size steam table pan. Less on the label. No high fructose corn syrup, no certified artificial colors, no added MSG. Not fully cooked - must be cooked to an internal temperature of 165° F. Easy preparation, freezer to oven convenience

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
69074	351172	10072180690743	6 PACKS OF 1 - 5.16 LBS EACH.

Brand	Brand Owner	GPC Description
MINH®	SCHWAN'S FOOD SERVICE INC	Grain Based Products / Meals - Not Ready to Eat - Savoury (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
32.5 LBR	30.975 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
15.625 INH	8 INH	11.625 INH	0.841 FTQ	10x5	365 Days	-20 FAH / 0 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Peanuts - N
- Eggs - N
- Tree Nuts - N
- Soy - C
- Fish - N
- Wheat - C
- Shellfish - NI
- Sesame - C

SERVING SUGGESTIONS

Great item to serve as a side to an Asian-style entrée Serve with protein, sauce, and an egg roll to make a complete Asian combo meal.

Nutrition Facts

84 Servings per container

Serving Size 1 Serving (5.9 oz /167g)(about 1 cup prepared)

Amount Per Serving

Calories

162

% Daily Value*	
Total Fat 1.5	2%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 263.5 mg	11%
Total Carbohydrates 32.3 g	12%
Dietary Fiber 2.4 g	8%
Total Sugars 1.8 g	
Includes 0 g Added Sugars	0%

Protein 3.6 g	
Vitamin D 0 mcg	0%
Calcium 6 mg	0%
Iron 0.4 mg	2%
Potassium 0 mg	0%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS

INGREDIENTS: COOKED BROWN RICE, CARROTS, PEAS, CORN, SEASONING (MALTODEXTRIN, SOY SAUCE POWDER [SOY SAUCE {WHEAT, SOYBEANS, SALT}, MALTODEXTRIN, SALT], SALT, GARLIC POWDER, POWDERED CELLULOSE, CARAMEL COLOR, ONION POWDER, SUGAR, VINEGAR POWDER [MALTODEXTRIN, MODIFIED FOOD STARCH, VINEGAR], YEAST EXTRACT, MODIFIED FOOD STARCH, SPICE, LACTIC ACID, CANOLA OIL, TOASTED SESAME OIL), SOYBEAN OIL.

HANDLING SUGGESTIONS

Master Case; store at a maximum temperature of 0.0 F/ -17.78 C

PREPARATION & COOKING SUGGESTIONS

Pre-heat convection oven to 350°F. Spray full size steam table pan with vegetable spray. Open bag and place vegetable fried rice in pan, spread rice evenly and cover the pan tightly with foil. FROZEN: Cook for 45-50 minutes or until temperature reaches 165°F or above. THAWED: Cook for 30-35 minutes or until temperature reaches 165°F or above. Halfway through the cook cycle, open foil carefully and stir vegetable fried rice, replace foil and continue to complete cooking. Remove from oven, uncover and mix before serving. Cooking equipment may vary. Adjust cooking time appropriately.

MORE INFORMATION

E-mail : CPS.FoodService@schwans.com

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NUTRITIONAL ANALYSIS



Calories	162	Total Fat	1.5	Sodium	263.5 mg
Protein	3.6 g	Trans Fat	0 g	Calcium	6 mg
Total Carbohydrates	32.3 g	Saturated Fat	0 g	Iron	0.4 mg
Sugars	1.8 g	Added Sugars	0 g	Potassium	0 mg
Dietary Fiber	2.4 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A (IU)		Vitamin D	0 mcg	Thiamin	
Vitamin A (RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS



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