

1/10 LB Oven Ready Whole Grain Breaded Fish Sticks 1.0 oz, CN, MSC

High Liner Foodservice Minced Alaska Pollock Sticks are part of this kids specialty line of fully prepared, breaded seafood ideal for schools and other Child Nutrition-approved applications. Made from premium wild caught Pollock, portions are coated with a deliciously kid-friendly seasoned breading. Each can be baked from frozen in conventional or toaster ovens to crispy, tender, flavorful flaky fish perfection in minutes

Product Last Saved Date: 05 December 2024

Nutrition Facts

40 Servings per container

Serving Size

4 Sticks (112g)

Amount Per Serving

270

Calories	2/0
	% Daily Value*
Total Fat 10 g	13%
Saturated Fat 1.5 g	8%
Trans Fat 0 g	
Cholesterol 20 mg	7%
Sodium 480 mg	21%
Total Carbohydrates 29 g	11%
Dietary Fiber 5 g	18%
Total Sugars 3 g	
Includes 2 g Added Sugars	3%
Protein 16 g	
Vitamin D 0.6 mcg	4%
Calcium 50 mg	4%
Iron 2.6 mg	15%
Potassium 480 mg	10%

food contributes to a daily diet. 2,000 calories a day is used for general

Product Specifications :			
Code	GTIN	Type Of Catch	
26253	10035493262533	WILD	

Brand	GPC Description		
High Liner Foodservice	Fish - Prepared/Processed (Frozen)		

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
11 LBR	10 LBR	N/A	Undeclared	No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
11.8125 INH	7.8125 INH	10.125 INH	0.5407 FTQ	20x4	540 Days	-10 FAH / 0 FAH

Ingredients:

67.7% SEAFOOD BLEND (MINCED POLLOCK, WATER, SOY FLOUR, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SEASONING BLEND (SUCAR, SALT, HYDROLYZED CORN PROTEIN, BUTTER FLAVOR (MALTODEXTRIN, ENZYME MODIFIED BUTTER, FLAVOR), TITANIUM DIOXIDE, MODIFIED CORN STARCH, ONION POWDER, SPICES, NATURAL FLAVOR)]; 32.3% BATTER AND BREADING: WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CONTAINS 2% OR LESS OF: MODIFIED CORN STARCH, WHOLE YELLOW CORN MEAL, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, WATER, SALT, YEAST EXTRACT, YEAST, WHEY, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), ONION POWDER, CORN STARCH, YELLOW CORN FLOUR, MODIFIED CELLULOSE, EXTRACTIVES OF PAPRIKA, ANNATTO AND TURMERIC (COLOR). PAR-FRIED IN CANOLA OIL, COTTONSEED OIL, AND/OR SCYBEAN OIL. CONTAINS: FISH (POLLOCK), WHEAT, SOY, MILK

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):				
Eggs - N	Milk - C	Soy - C		
Fish - C	Wheat - C	TreeNuts - N		
Peanuts - N	Crustacean - N	Sesame - N		

Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: CONVENTIONAL OVEN: Preheat oven to 400°F. Place frozen fish sticks in a single layer on a shallow baking pan. Bake for 7-8 minutes. Turn sticks over and bake for an additional 7-8 minutes. TOASTER OVEN: Preheat oven to 400°F. Place frozen fish sticks in a single layer on shallow baking pan. Bake for 8-9 minutes. Turn sticks over and bake for an additional 8-9 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 165°F MINIMUM.

Serving Suggestions:

nutrition advice.

Ideal for school lunch as an entrée with your favorite dipping sauce and side.

Species / Scientific Name:

Alaska Pollock - Gadus chalcogrammus



BAP Certified:

MSC Certified: Yes Has CN Statement: Yes

CN Statement: FOUR 1.00 OZ OVEN READY WHOLE GRAIN BREADED FISH

STICKS WITH ALTERNATE PROTEIN PRODUCT PROVIDE 2.00 OZ EQUIVALENT MEAT/MEAT ALTERNATE AND 1.75 OZ EQUIVALENT GRAINS FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS.











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CN Information:

CN Statement: FOUR 1.00 OZ OVEN READY WHOLE GRAIN BREADED FISH STICKS WITH ALTERNATE PROTEIN PRODUCT PROVIDE 2.00

OZ EQUIVALENT MEAT/MEAT ALTERNATE AND 1.75 OZ EQUIVALENT GRAINS FOR CHILD NUTRITION MEAL PATTERN

REQUIREMENTS.

Suggested Bid:

Meat/Meat Alternative :

WholeGrain Credit Calculation:

Label Copy:

*Please note - label for bid proposes only per USDA Document# SP11v2 CACEP10SESSP13-2015 - Label copied with watermark is acceptable documentation for administrative review - the original labels on cartons received will not have a watermark



Oven Ready Whole Grain Breaded Fish Sticks 1.0 oz

26253



LOT#:

1234567890

From an MSC certified www.msc.org MSC-C-50552

098892

Made from Minced Fish and Alternate Protein Product

1.0 oz Fish Sticks

INDIVIDUALLY QUICK FROZEN

KEEP FROZEN DO NOT REFREEZE

2565217



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NET WT 10 Lb (4.54 kg)



FOUR 1.00 OZ OVEN READY WHOLE GRAIN BREADED FISH
STICKS WITH ALTERNATE PROTEIN PRODUCT PROVIDE 2.00 OZ
LEQUIVALENT MEAT/MEAT ALTERNATE AND 1.75 OZ EQUIVALENT "CN
GRAINS FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS.
(USE OF THIS LOQO AND STATEMENT AUTHORIZED BY THE FOOD
AND NUTRITION SERVICE, USDA 04/2020. -CN-Requirenments

MANUFACTURED BY: HIGH LINER FOODS, PORTSMOUTH, NH 03801 FOR INQUIRIES CALL: 1-888-860-3664



High Liner Bid Desk Contact and Specification Verification:

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