

# 10 Lb (4.54 kg) Atlantic Cod Loin, 6 oz

Snow Cod is a premium, sustainably farmed Atlantic cod known for its firm texture and luminous white cod. Its clean, delicate flavor makes it a standout ingredient in both refined culinary creations and everyday meals. Responsibly raised to ensure year-round availability, Snow Cod offers consistent quality without compromising the environment. Celebrated by chefs and food lovers alike, it brings exceptional freshness and character to every plate.

Product Last Saved Date: 02 March 2026



## Nutrition Facts

26 Servings per container  
**Serving Size 6 oz (168g / About 1 Piece)**

**Amount Per Serving**  
**Calories 120**

% Daily Value\*

**Total Fat** 0 g **0%**

Saturated Fat 0 g **0%**

Trans Fat 0 g

**Cholesterol** 75 mg **25%**

**Sodium** 520 mg **23%**

**Total Carbohydrates** 0 g **0%**

Dietary Fiber 0 g **0%**

Total Sugars 0 g

Includes 0 g Added Sugars **0%**

**Protein** 29 g

Vitamin D 0.8 mcg 4%

Calcium 20 mg 2%

Iron 0.6 mg 4%

Potassium 730 mg 15%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Product Specifications :

Code	GTIN	Type Of Catch
11250002	10035493500024	FARM RAISED

Brand	GPC Description
High Liner Signature	Fish - Unprepared/Unprocessed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
10.739 LBR	10 LBR	PL, NL, NO, LT, LV	Undeclared	

### Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.725 INH	11.785 INH	5.08 INH	0.545 FTQ	10x8	547 Days	-10 FAH / 0 FAH

### Ingredients :

COD. CONTAINS: COD (FISH)

### Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided' INII='Intentionally nor Inherently Included'):

Eggs - INII	Milk - INII	Soy - INII
Fish - C	Wheat - INII	TreeNuts - INII
Peanuts - INII	Crustacean - INII	Sesame - INII

### Prep & Cooking Suggestions:

Keep Frozen, do not refreeze if thawed. Cook to a Minimum Temp of 158° F.

### Species / Scientific Name:

Atlantic Cod - Gadus morhua

### Serving Suggestions:

Ideal for fresh catch dinner entrées, including lighter main courses and healthier options. Pairs well with your own complementary signature sauces and sides.

### Claims & Child Nutrition:

BAP Certified:

MSC Certified:

Has CN Statement: No

CN Statement:

